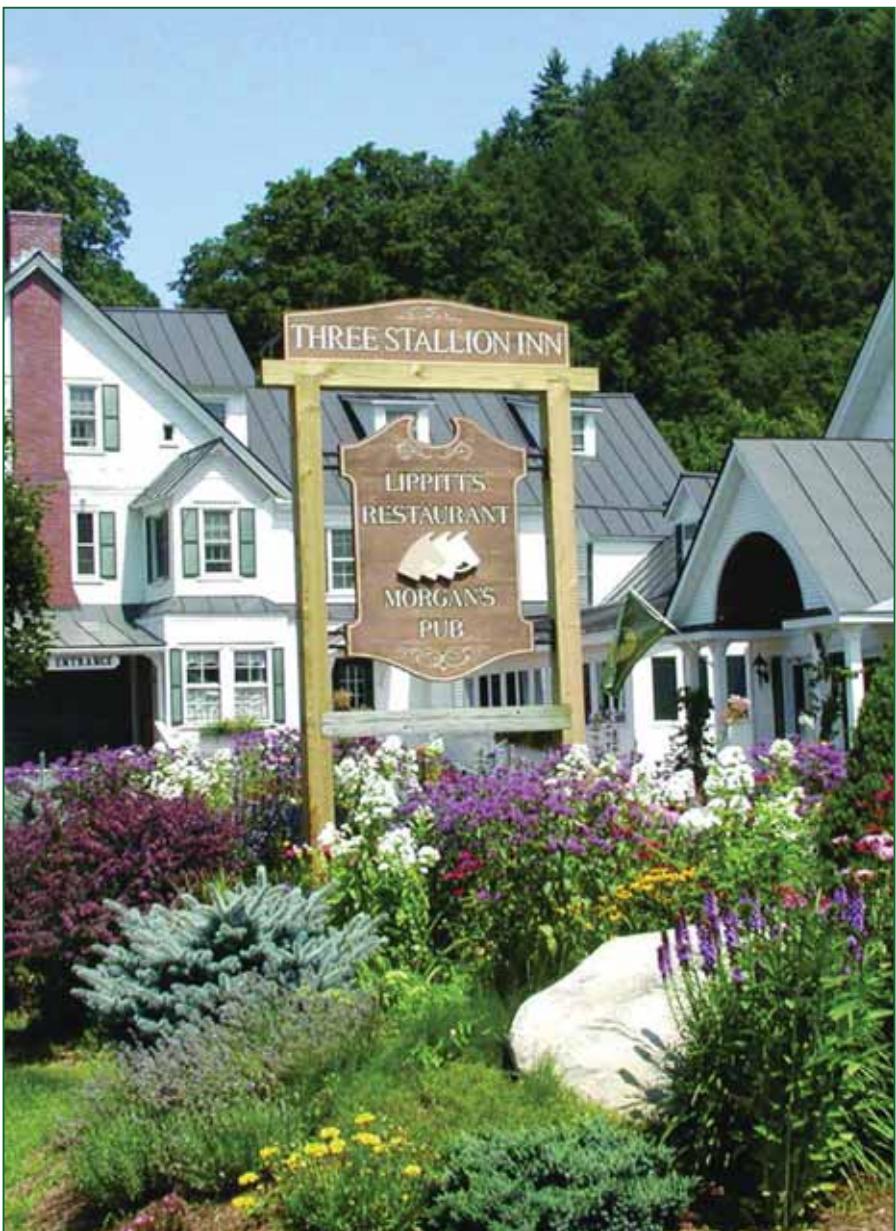


WEDDINGS • REUNIONS • RETREATS • CONFERENCES

X-C SKIING • SNOWSHOEING • 1,300 ACRES



THREE STALLION INN
at the  Green Mountain Stock Farm

*A great spot to gather.
For all ages.
To celebrate weddings, birthdays
and family reunions.*

An Outstanding Place to Connect.

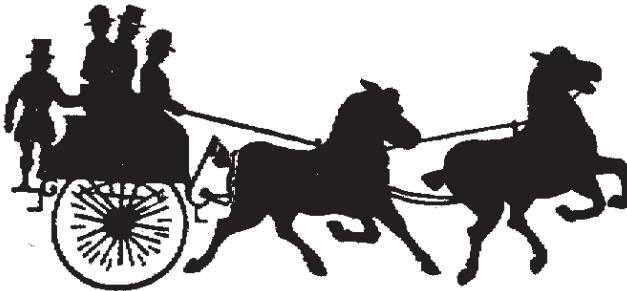
~ Only 3 miles from Exit 4 / I-89 ~
802-728-5575 www.3stallioninn.com
Lower Stock Farm Road • Randolph, Vermont

The Sammis Family, Owners

"Best Dining Experience in Central Vermont"

FITNESS CENTER • SAUNA • WHIRLPOOL • GOLF • BIKING

LIPPITT'S RESTAURANT • MORGAN'S PUB



Worn Again

A Christian Resale Shop

Located in the St. Edmund of Canterbury Church Basement
Main Street, Saxtons River, VT • Open Thurs & Sat 9 am to 3 pm



TOWNSHEND
COMMON
FARMERS'
MARKET

Open Thursdays
3:30–6:30 pm
thru October 11
In the church if Rain!

Junction of Rts. 30 & 35, Townshend, VT
(802) 869-2141 or farmersmarket@postoilsolutions.org

Local farm fresh produce, eggs, grass-fed meats,
plants, breads, baked goods, and dinners.
Plus handmade soaps, blown glass and more.

EBT and Farm to Family coupons welcome



photo by Nancy Cassidy

Athens Historic Preservation Society Hosts Historical Presentation and Pig Roast on September 16

On Sunday, September 16, 2012, the Athens Historic Preservation Society will be hosting an afternoon of history and food.

Starting at 2 p.m., join us at the Athens Brick Meeting House to learn more about black history in the state of Vermont and locally through the story of the Turner Family as told through the voice of Jessie Daisy Turner.

Eric Gilbertson of the Vermont Preservation Trust will be sharing insights on the early history of African Americans in Vermont, and Naima K. Wade, perfor-

mance artist and educator, will bring to life parts of the Daisy Turner story. Daisy Turner, born in 1883, was the daughter of Alexander Turner, a former slave who settled and developed a farmstead in Grafton VT. Daisy became known nationally as an oral historian, sharing the stories she heard from her father about his life as a slave and his journey to Grafton, VT where he created a successful hill farm and raising a family of 16 children with his wife Sally.

Following this presentation, we invite both history

enthusiasts and the general public to join us for a good old-fashioned pig roast with all the fixins' on the Meeting House lawn beginning at 4 p.m. with typical outdoor games and activities. The cost is \$15/plate; children 12 and under are \$10.

This event is being sponsored by the Athens Historic Preservation Society as part of an effort to raise awareness and community support for efforts to preserve and restore this gem of a historic building.

The Meetinghouse is historically significant to this region, particularly for the thirteen towns which formed a group for religious purposes including Athens, Grafton, Rockingham, Townshend, Londonderry, Weston, Chester, Acton, Springfield, Landgrove, Windham, Putney and Mt. Holly. These towns comprised the "Old Athens Circuit," through which circuit preachers traveled to perform religious

services. Quarterly meetings of members from all of these towns often lasted two days.

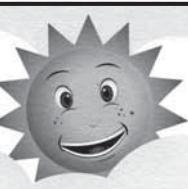
For years after regular religious services ceased at the Meetinghouse, the Meetinghouse was maintained by funds raised at summer events for speeches by various politicians and other notables.

The Athens Brick Meeting House will be open for tours after the history presentation.

Consider joining the Athens Historic Preservation Society. Your membership will assist us in conserving the Meetinghouse, other local historical information, and enable us to provide future cultural and historical programming.

The Athens Brick Meeting House is on Rt. 30, Meeting House Rd., in Athens, VT.

For more information about the day's event or the Athens Historic Preservation Society call Beth Ann at (802) 365-7740.



Teacher Treasures

A Teacher Resource Store & More!

Scrapbooking Materials & Gently
Used Books/Lending Library

A Hands-On Store

School year hours:
2–5 pm Wed–Fri and 10–5 on Sat

(802) 365-4811 • (802) 365-4426 fax

Cynthia W. Nau • sindy@sover.net

Right on Rt. 30—just north of Newfane Village

Harvest Time!

Fresh, Local Sweet
Corn & Apples
Peaches, Potatoes
& Squashes

Open 7 days!

Westminster, VT

Rt. 5, Exit 5 off of I-91

(802) 722-3395 • allenbrothersfarms.com

A Farm Bakery featuring our famous cider donuts, apple pies and breads—all Homemade. Our deli offers sandwiches, pizza, and soups made to order. Inside & Outside Eating Area.

A complete garden center—fall mums & pumpkins.



A New Vermont Tradition!

Visit our Farm Store for Vermont cheeses, raw milk, baked goods, honey, syrup and more.

Come For
A Horse-Drawn Wagon Ride!

825 Rt. 11 West, Londonderry, VT
(20 min. from Manchester or Stratton)

(802) 824-5690 • taylorcheese@comcast.net
www.taylorfarmvermont.com



KLICK'S ANTIQUES & CRAFTS

Bought & Sold

SPECIALIZING IN RAG RUGS,

COUNTRY ANTIQUES, FOLK ART.

Watch rag rugs & placemats being made

Open Mon-Fri 10-5 or by appointment

29 Westminster St • Bellows Falls, VT

Just south of the square • (802) 463-9656



Flames Stables

Route 100 South, Wilmington, VT

(802) 464-8329

Scenic Year Round

Trail Rides: \$25 for 40 Min.

Children Over 6 Can Ride Alone

Pony Rides for Younger Children

~ By Reservation ~

Great Family Fun at the Lowest Prices Around!



Curtis' Barbeque

Featuring BBQ Pork,
Ribs & Chicken,
slow cooked over an
outdoor open pit
hardwood fire. Corn on
the cob, baked potatoes,
baked beans, Curtis'
own unique BBQ sauce.

Curtis Tuff, Prop

We do catering.

Come enjoy our picnic tables
and park-like grounds.

Open Thurs thru Sun for Lunch & Dinner

Rt. 5, Putney, VT (Exit 4 off I-91)

(802) 387-5474 • www.curtisbbqvt.com

Vermont Country Sampler

September 2012, Vol. XXVIII

The Vermont Country Sampler is distributed free over-the-counter in and out of Vermont. Back issues, \$2 per issue, first class. Subscriptions \$24/year.

Calendar of Events published free of charge. Mail your information to us by the 10th of the preceding month.

Advertising rates available upon request. Deadline the 10th of the preceding month.

Vermont Country Sampler
P.O. Box 226, Danby, VT 05739 • (802) 293-5752
info@vermontcountrysampler.com
vermontcountrysampler.com



Tickle Your Pickle Palate!

With Hickin's Pickles

Maple Icicle • Mustard Crock • Cooler Dill
Bread & Butter • Maple Cinnamon • Dilly Bean
Peppered Pickles

Jams
Jellies
Hickin's
MOUNTAIN MOWINGS FARM
1999 Black Mountain Rd, Dummerston, VT 05301
(802) 254-2146
Visit us at hickinfarm.com

Top 10 Fall 2012 Events

Music, Festivals, Fairs—Fall Family Fun in Vermont

Plymouth Folk and Blues Concerts

Plymouth Notch, September 1 and 2, 2-5 pm

Musicians from across the country and throughout Vermont team up for a festival of folk and blues music performed in the pure country air of beautiful Plymouth Notch, the historic birthplace of the 30th U.S. President. Free admission; donations appreciated. www.plymouthfolk.com, 802-672-3773.

New World Festival at Chandler

Randolph, VT • September 2

This Festival celebrates the vitality of a small Vermont town and the Celtic and French Canadian heritage of northern New England through music and dance. At the center of the historic village are six continuous performance stages featuring music, storytelling, and dance. Children's activities, unique crafts and great food. Performances take place in all-weather tents, at the Bethany Church and at the Chandler Music Hall from noon to midnight. Adults \$37 (\$32 in advance), students \$11, children \$5. (802) 728-6464. www.newworldfestival.com.

Southern VT Garlic and Herb Festival

Bennington, VT • September 2-3

Enjoy live music all weekend, kids' activities, everything garlic, and maybe even try to solve the popular hay maze! Over 100 vendors include garlic growers, food vendors and wonderful local restaurants featuring garlic ice cream, wood fired pizza, garlic pesto, herbal products, a signature garlic cocktail at the beer tent, organic honey, pickles and more. Adults \$5. Free parking. 10 a.m. to 5 p.m. Held at Camelot Village just west of town. (802) 447-3311. www.bennington.com.

South End Art Hop

Burlington, VT • September 7-8

Vermont's largest visual arts exhibition, featuring more than 500 artists exhibiting their work in over 100 Burlington businesses and studios. The event highlights the connection between culture and commerce. This is an inclusive, all-ages community event expressing the best of Burlington! Exhibits are free, Fashion Strut shows are \$12. Friday 5-10 p.m., Saturday 10 a.m. to 10 p.m. (802) 859-9222. www.seaba.com.

Killington Hay Festival

Killington, VT • Labor Day to Columbus Day

A five-week free celebration of autumn in Vermont. The Festival showcases a collection of 40 giant hay animals (the "Grass Menagerie") on display at businesses throughout the town as well as a variety of daily and weekly events and activities. The event also includes an educational scavenger hunt around the 40 giant sculptures! (802) 422-2146. www.discoverkillington.com.

The 141st Tunbridge World's Fair

Tunbridge, VT • September 13-16

Tucked away in a charming valley, the Tunbridge World's Fair is a blend of beautiful farm animals, competitive harvest and crafts exhibits, tractor pulling, free entertainment, an expanded midway and a superb Antique Museum with live re-enactors! See gymkhana, horse shows, horse, pony & ox pulling, and heritage breeds shows. There will be ever-popular harness racing on Thursday, Sept. 13 at the grandstand at 2 p.m. and on Friday, Sept. 14 at noon. The Livestock Cavalcade takes place at the Grandstand on Saturday, Sept. 15 at 12:30 p.m. The Ed Larkin Contra Dancers will perform each day in the Entertainment Tent. Both the fairgrounds and the village of Tunbridge are a designated Historic District. Admission: Thursday \$8, Friday \$10, Saturday \$12, Sunday \$10, children under 12 years free every day. Fair is open Thursday 8 a.m. to 9 p.m., Friday 7 a.m. to 9 p.m., Saturday 7 a.m. to 10 p.m., and Sunday 8 a.m. to 6 p.m. (800) 889-5555. www.tunbridgeworldsfair.com.



Pick-Your-Own Apples
Fresh Cider, Pumpkins, Cider Donuts
Horse-Drawn Wagon Rides on Fall Weekends

Enjoy Homemade Pies. Visit our Gift Shop.
Fun for the Whole Family!

130 West Hill Road, Putney, VT
(Exit 4, I-91) Look for signs in Putney Village
Open daily 8 am - 6 pm • (802) 387-5851
www.greenmtorchards.com



photo by Nancy Cassidy

Harness racing is a popular event at the Tunbridge World's Fair in Tunbridge, VT.

Stowe Rotary's Oktoberfest

Stowe, VT • September 28-30

Don't miss this weekend celebration of the harvest and fall foliage. Events include a free Friday night "Rocktoberfest" kick-off concert, a Saturday morning grand parade, and two days of oompah bands, authentic Bavarian food, Vermont microbrew beer, and lots of singing and dancing! With silent auctions, raffles, a "bouncy-haus" and other games for kids, there is something for everyone, young and old, to enjoy. Friday 7-11 p.m., Saturday 10 a.m. to 8 p.m. and Sunday 11 a.m. to 5 p.m. (802) 253-4788. www.stowerotary.com.

Vermont Fine Furniture & Woodworking Festival

Union Arena, Rt. 4, Woodstock, VT • September 29-30

Add life to your home or office with the warmth of wood. Watch traditional woodworking demonstrations, purchase products, and see why Vermont woodworkers are some of the best. Entries from the Vermont Woodworking Design Competition will be on display. Explore the forest at the Forest Festival at Marsh-Billings-Rockefeller National Historic Park. Local food, live music, kids' activities and more! Bring home your piece of Vermont! Adults \$10. 10 a.m. to 5 p.m. (802) 747-7900. www.vermontwoodfestival.org.

Northern Decadence Vermont

Burlington, VT • September 21-22

A great celebration of Vermont's diversity and culinary tourism, the weekend includes a culinary cruise on Lake Champlain, a food, art and travel expo, and a dance party that shouldn't be missed! Produced by the Vermont Gay Tourism Association, this event promotes Vermont's natural beauty, farm-to-table culture and welcoming attitude to GLBT travelers, groups and families. See website for admission fees. Friday cruise from 9 p.m. to midnight, Saturday food expo 11 a.m. to 5 p.m. with a dance at 9 p.m. (802) 244-6828. www.northerndecadence.com.

Dummerston Congregational Church Famous Apple Pie Festival

Dummerston, VT • October 7

Come see Vermont at its best. There will be 1500 pies sold whole or by the piece, baked from local apples, made in the historic Dummerston Congregational Church, homemade ice cream, fresh donuts, Grafton cheddar cheese, hot and cold cider, and Green Mountain Coffee. Worship at 9 a.m. in the church surrounded by all the pies. Fire Department provides breakfast. Lunch at the Grange. 10 a.m. till all sold out. (802) 257-0544.

Grandma Miller's ~ Homemade Pies ~
24 Delicious Assorted Varieties!

Fresh Baked or Oven Ready
Take One Home Today!

Apple • Strawberry • Cherry
Raspberry-Apple • Raspberry-Peach
Apple Crumb • Blueberry-Apple
Blueberry • Summer Berry

Quiche, Lasagna
Chicken Pot Pie & Shepard's Pie.
Coffee Cake, Sticky Buns, Cookies, Breads, and Soups.
Special Orders Welcome (802) 824-4032.

Come Visit Our Retail Store
At Hearthstone Village, Rt. 100, 2 mi. S. of Londonderry, VT
Open Monday-Saturday, 8 am - 5:30 pm

GREEN MOUNTAIN COFFEE ROASTERS
David Nunnikoven,
Baker & Owner

"Have a cup of coffee or tea and a pastry in our cafe area and enjoy the view!"

A Vermont Almanack for Early Autumn 2012

by Bill Felker

As we lay awake long before daybreak, listening to the rippling of the river and the rustling of the leaves...we already suspected that there was a change in the weather, from a freshness as of autumn in these sounds. That night was the turning-point of the season. We had gone to bed in summer, and we awoke in autumn; for summer passes into autumn in some unimaginable point of time, like the turning of a leaf.

—Henry David Thoreau

The Hickory Horned Devil Moon and the Cobweb Moon The sun reaches almost halfway to winter solstice by the time the Hickory Horned Devil Moon (named for the giant caterpillar of the Regal Moth that prowls the woods in Late Summer and Early Fall) changes to the Cobweb Moon. Even if the weather is hot, the spiders realize that the end of their hunting season will soon be coming to a close. Spurred by the shortening days, they spin their webs more and more throughout the woods. On woodland paths, these webs often seem to catch more hikers than insects.

August 31: The Hickory Horned Devil Moon is full at 8:58 a.m. (the only "Blue Moon" of 2012). *September 8:* The moon enters its final quarter at 8:15 a.m. *September 15:* The Cobweb Moon is new at 9:11 p.m. *September 22:* The moon enters its second quarter at 2:41 p.m. *September 29:* The moon is full at 10:19 p.m.

Lunar Influence

Tidal and lunar influences have been shown to be greater at full moon and new moon times. You might expect more trouble with your flock, herd, spouse, parents or children, therefore, on or about September 15 and 29. Since the moon may exert less influence on ocean tides and on human and animal behavior when it comes into its 2nd and 4th quarters, it might make more sense to talk to your family, make hard decisions, transport your animals, or perform routine maintenance on your livestock on or about September 8 and 22.

The Planets

Venus keeps moving retrograde, coming into Cancer during September and into Libra during October, rising several hours before sunup and moving far up into the eastern sky by dawn. Mars, backpedaling into Scorpio, continues to shine as the red star of evening in the west. Jupiter in Taurus is visible in the east by midnight, overhead when Venus dominates the eastern horizon. Saturn in Virgo lingers for a while along the western horizon after sunset.

The Sun

From a declination of 8 degrees and 14 minutes on September 1, the sun continues to move toward fall at a little more than one degree every three days until it reaches equinox at 9:49 a.m. on September 22. The sun enters Libra at the same



photo by Nancy Cassidy

moment. Within several days of that moment, the night is about 12 hours long, two hours shorter than the length that starts to stimulate estrus in many ewes.

The Stars

Early mornings of September bring Orion into the middle of the southern sky. As your sheep and goats come into estrus throughout the all, the Dog Star will be moving in from the east, and bright Regulus will be following Cancer behind Gemini in the middle of the heavens. In the far west, the Great Square will be setting, and the points of the Big Dipper will be pointing east-west. When Orion sets before dawn, all the ewes and does should be nurturing their young, and when the Summer Triangle comes up before sunrise, lambing and kidding time will be underway. The Piscid meteors fall through Pisces, in the southern sky, on the night of September 21. The Alpha Aurigid meteors pass through between August 28 and September 5.

Weather Trends

Weather history suggests that cold waves usually cross the Mississippi River on or about the following dates: September 2, 8, 12, 15, 20, 24 and 29. Storms can occur prior to the passage of each major front. The period between the 19th through the 25th of September historically brings an increased chance for dangerous weather. Full moon on August 31 and September 29, and new moon on September 15 increase the likelihood of a hurricane coming ashore along the East Coast or a strong frost-bearing cold wave to reach Vermont around those dates.

The Seasons of Early Fall

Week One: The first week of September is the week that the last tier of wildflowers comes into bloom, creating Aster Season, Beggartick Season, Burr Marigold Season, Tall Goldenrod and Zigzag Goldenrod Seasons, Jerusalem Artichoke Season and Japanese Knotweed Season. Along the roadsides, it is Elderberry and Wild Grape Picking Season. In the orchards, early September marks the close of Summer Apple Season and the entry of Fall Apple Season.

Week Two: As Ragweed Season disappears, Red Berry

Season begins for silver olive shrubs, Orange Berry Season for the American mountain ash, and Purple Berry Season for the pokeweed. Now the High Season of Blackbird Abundance coincides with the end of Dove Calling Season. And this week ushers in the Season of Early Fall, which lasts until Peak Maple Color Season and the Season of Middle Fall.

Week Three: The third week of September brings the conclusion of Wildflower Season, as all of the major late-blooming plants gradually close their flowering cycle for the year. Light Frost Season gathers momentum, the chances for a light freeze by this time in the year approaching 50 percent. Katydid Season weakens in the cool nights, and Black Walnut, Buckeye, Cottonwood and Serviceberry Leaf-fall Seasons are ending in town just as Winter Wheat and Barley Planting Seasons commence on the farm.

Week Four: Milkweed Pod Bursting Season reveals the passage of equinox. Insect Season slowly winds down now, and Bird Migration Season tapers off as insect numbers decline and spiders weave fewer webs. Across the countryside, Ashturn and Hickoryturn Seasons turn the ashes and hickories gold. Red Barberry Season spreads through the barberries, and Box Elder Leaf-fall Season deepens. Finally, the Season of Killing Frosts (which lasts through the middle of May) completes September.

Autumn Geese

The local geese are becoming restless again. I heard their first late summer flights over July 25th this year. Some years they begin earlier: July 6th in 1986, July 20th in 1990. Some years I hear them later: July 30th in 1984, July 31st in 1992, August 11th in 1991.

The geese fly over most often in October and November, continue only slightly less frequently through the winter. Beginning in late February, they find their nesting sites and settle down through spring and early summer to have and raise their young. Rarely does a pair or flock leave the water to fly over in May and June. In July or August, their movements start again.

My informal notes on the geese tell me less about the habits of local wildlife than about myself. Like the coming of fall, the restless flights above my house make me uneasy, and remind me of things I've put aside. They remind me of the way I used to be, of the ways I wanted to be or might have been. Their calls are like the changes in the color of the leaves, and they excite a primitive autumn conscience in me that says I shouldn't really stay here in this place, that there's too much left unfinished and too much of the world still unexplored.

That conscience suggests I ought to be moving on, no matter how happy in the moment I may be. It reminds me I'm younger than I think, and that passions sometimes grow rather than break down with time. It transcends social contracts, is the voice of the deepest self that has to return alone to its source and follow what Wisconsin author August Derleth called the "dark laws," the true north of the soul.

THE HUGGING BEAR



Folkmanis Puppets,
Collectibles, Gund,
Muffy Vanderbear,
Webkinz, and more.

B&B and Teddy Bear & Toy Shoppe
244 Main St., Chester, VT (800) 325-0519
www.huggingbear.com

The Steiff Party—September 8, 2012
Vermont Teddy Bear Artists—September 22-23
Call for B&B Inn Packages

Come visit the Water Music Art Gallery
In our Carriage House



Stone House

ANTIQUES CENTER

A multitude of antiques, collectibles and crafts.
Over 250 booths featuring fine furniture, folk art, quilts, jewelry, primitives, farm implements, books and bottles.
Open Daily 10 am to 5 pm. (802) 875-4477.
Route 103, Chester, VT. 8 miles west of Exit 6, I-91.

Corn, Corn, Corn

by Burr Morse

Corn, corn everywhere and not a kernel to eat. That's the way it is here in Vermont this time of year when all the gardens have gone the way of Jack Frost and what's left are only fields of peaked-looking corn stalks saved for the cows. Yup, that's the way cows like their corn, frost-hardened, kernel-dented, and chopped into little tiny pieces. In Vermont, farmers don't pick, harvest, glean, or gather their corn... they chop it. Although corn chopping brings nostalgia as big as silos, it's a wonder that anyone ever survived a single season; the history of chopping corn is rife with man-eating machinery and careless ways.

Our Allis Chalmers chopper was connected to an Allis D-17 tractor via a long hitch pole and a brutal power take off shaft. The chopper, resembling a pumpkin-orange Brontosaurus creeping through the cornfield, was followed by our black '48 Ford farm truck with high sides. The person driving the D-17, usually my father, had to somehow "zero" the thing in on a single corn row while using the proper gearing and engine speed. For the duration of chopping season, he needed the pivotal dexterity of a hoot owl; it was essential to keep his eyes on both the chopper's thousand moving parts and the corn rows ahead. The Ford had a jumpy clutch, a grinding transmission, and a flathead V-8 engine that stalled at the drop of a hat. The Ford's driver, constantly blinded by a "sand storm" of corn silage, had to "match bumpers" with the chopper at 5 mph through mudholes and sidehills. That old Ford had more idiosyncrasies than the corn field had stalks; a person who could successfully drive it deserved the unofficial title of "master of anything on wheels".

There wasn't a lot of danger out in the corn field except for the constant temptation to jump in the chopper's opening out of sheer frustration built up from all the breakdowns and plug ups! The real danger came back at the silo with the unloading. It was usually a quagmire out there since "Murphy's" design for chopping season was most always torrential rain. Our silo, an old wood-stave Unadilla, was thirty feet high. It was fed by a ten inch steel pipe which went from the extremely "unforgiving" blower to an opening in the silo's dome. The blower was powered by a slapping leather belt which was spun at frightening RPMs by the pulley of an ancient farm tractor. The most dangerous part of the blower, however, was a long trough with an endless chain conveyer. The conveyor had paddles which were designed to convey corn silage, or anything else that might fall in the trough, into the blower.

When the Ford truck was full, we'd drive it to the silo area and ram it backwards, through the mud, to where it would empty into the trough. It had a dump body and after we unlatched the tailgate, we raised the body to an angle that would allow gravity to help with removing the silage but not let the whole load spill out all at once. Then we started the blower tractor and "threw her into gear". One of us climbed into the silo to level the blown silage; the other stayed outside to pull the stuff steadily from the truck with an implement fashioned from a long iron pipe and a potato digger.

To this day, I have nightmares thinking of that moving



An old wood-stave silo at the Allen Butler farm in East Montpelier, VT.

photo by Burr Morse

conveyer; one misstep and the guy unloading the truck would have been drawn right into the blower's gaping maw. My brother, Elliott, said one time the blower "swallowed itself". He was up high in the silo doing the leveling and all of a sudden there was a deafening clatter.

"I scrambled to the edge of the silo and stood there with my back pasted to the wall. Shrapnel was sprayin' all around me and all I could do was pray that none of it would hit me!" he said.

It must have started with the conveyer chain breaking and being "sucked" into the blower and up the pipe; it ended with a total voiding of the blower's bowels until there was enough spare parts mixed in with the silage to repair a battleship. Luckily Elliott escaped injury that day but said he and Dad spent several days separating metal from cattle feed and somehow toggling that blower back into working order.

To this day I'm still full of nostalgia about chopping corn. I loved the fermented smell of the puckery ooze that seeped from the silo's bottom. I loved driving that old Ford bumper to bumper with the chopper, guided by "by-guess-and-by-gory" through a tiny hole in its corn coated windshield. I loved the feel of blown silage against my face, danger be damned. We no longer chop corn at Morse Farm so it's a clear-cut case for nostalgia. We do, however, "flaunt" foliage season to the thousands of tourists who come here. I love the crispness of autumn and the beauty that surrounds us; it's almost nature at its absolute perfection. Like an expensive steak, however, there's always room for a little seasoning and from my point

of view, autumn is only perfectly "seasoned" when you have a field of corn to chop.

Morse Farm Maple Sugarworks is located at 1168 County Rd., Montpelier, VT and is open year-round. Visit our Country Store, Sugarhouse, and more. For maple products call (800) 242-2740 or visit www.morsefarm.com.



Willow Farm Pet Services

Grooming & Boarding...Naturally

Doggie Daycare

Training Classes & Pet Supplies

"The Red Barn" at #21 Route 106
N. Springfield, VT • (802) 886-5000

Mon-Fri 8-6, Sat 8-4
willowfarmvermont.com

PORTRAIT BY A NEIGHBOUR

Before she has her floor swept
Or her dishes done,
Any day you'll find her
A-sunning in the sun!

It's long after midnight
Her key's in the lock,
And you never see her chimney smoke
Til past ten o'clock!

She digs in her garden
With a shovel and a spoon,
She weeds her lazy lettuce
By the light of the moon,

She walks up the walk
Like a woman in a dream.
She forgets she borrowed butter
Any pays you back in cream!

Her lawn looks like a meadow,
And if she mows the place
She leaves the clover standing
And the Queen Anne's lace!

—EDNA ST. VINCENT MILLAY

UVM Extension Master Composter Course This Fall

Interested in learning more about the latest processes for producing compost, using compost and reducing greenhouse emissions? Learn how to build piles, improve soil, enhance plant resistance to disease and insects, produce worm compost, and more!

For just \$40, you can take an exceptional course offered by Vermont Master Composter. The fee includes the course plus an extensive "Vermont Master Composter Resource Manual." This course is designed to increase composting and extend composting information to the public. It is held on four Thursday evenings, October

18th through November 8th from 6-9 p.m. Register by October 5th. Classes are held at Vermont Interactive Television sites at: Bennington, Brattleboro, Montpelier, Johnson, Lyndon, Middlebury, Newport, Randolph Center, Rutland, Springfield, St. Albans, White River Jct. and Williston.

This program is managed by UVM Extension Master Gardener with funding from Vermont ANR Compost Center.

To register: phone (802) 656-9562 or download a registration form at: www.uvm.edu/mastergardener.

 **Horseshoeing & Cattle Trimming**
Specializing in Draft Shoes for Hayrides, Sled Rides, and Woods Work.

We Trim Anything with Feet!

Goats, Sheep, Cattle, Pigs, Llamas, Oxen, Alpacas and More.

Blacksmith Shop. Portable Stocks and Stationary Stocks On-Site at Shop.

Roland L. Church • (802) 875-1034

3668 VT. Rt. 103N, Chester, VT 05143

— Drafts to Minis —

Squeels on Wheels



Wood-Roasted BBQ

—Take-Out & Catering—

Pig Roasts • Pitmaster 'Tump' Smokin' Meats & Ribs
Full Boar's Head Deli & Vermont Products

Located at the Ludlow Country Store
471 Rt. 103 S., Ludlow, VT • 802-228-8934

Open Sun, Mon, Wed, Thurs 7 am-5 pm
Fri & Sat 7 am-7 pm, closed Tues
squeelsoonwheels.com • see us on Facebook



QUIET CAMPING!

Specializing in Clean, Quiet, Friendly Camping
We Have Large, Well Spaced Wooded Sites With Full Hookups & Cable TV

Our Sites are in a 90 year old pine forest and the campground is a good base from which to explore the beautiful scenic countryside of Vermont.

53 Skitchewaug Trail, Springfield, VT 05156
treefarmcampground.com • (802) 885-2889

Puppets Come to The Dollhouse And Toy Museum of Vermont

Punch and Judy—Howdy Doody—Roland and Pinocchio. A lively and engaging new exhibit at the Dollhouse and Toy Museum of Vermont in Bennington features a large assortment of puppets and marionettes, old and new, and several puppet theaters as well.

From the Middle Ages right through the early days of television, puppets were a popular form of entertainment in many parts of the world. Hand puppets were used in Britain for Punch and Judy shows. Marionettes (puppets on strings) dressed as warrior knights were used in Sicily to depict scenes from the "Song of Roland," the epic tale of the knight who died while protecting his French king, Charlemagne, from Saracens in a battle fought in 778. Shadow pup-

pets, many featuring tigers and women dancers, were popular in Indonesia.

A wooden dummy, Charlie McCarthy, sat on the lap of ventriloquist Edgar Bergen as part of Bergen's vaudeville routines from the 1930s through the 1950s.

One of the most popular of the early television shows in the 1950s was "The Howdy Doody Show," which was performed live in a New York television studio. "Howdy Doody," who usually was dressed as a cowboy, was a red-headed freckle-faced marionette with 11 strings and 48 freckles, one for each of the 48 states that made up the union when the program began. The name was taken from the saying "Howdy-doody" or "Howdy-do," which were slang versions of the common greeting

"How do you do?" Examples of all of these different kinds of puppets are part of the exhibit, which will be at the museum through the fall.

The best known puppet shows in the English-speaking world were the Punch and Judy shows that became popular in Victorian England. In fact, however, they dated back to 16th century Naples, where Punch's wife originally was called "Joan". The stick Punch used to beat his wife and other puppet characters was called a "slapstick," which has become a term to describe a heavy-handed and unsophisticated form of comedy.

Along with Punch and Judy, the exhibit includes marionettes of Little Red Riding Hood and the wolf; Pinocchio, the puppet who became a boy and whose nose grew when he told a lie; a flying witch on a broom; and a Mexican bandit. There are "wayang golek" rod puppets from Java, hand puppets of circus animals, a finger puppet depicting Rasputin, the infamous Russian monk, and hand puppets of Rodolfo and Mimi from the opera *La Boheme*. Two of the more modern puppets, dating back to the 1970s, are hand puppets representing former President Richard Nixon



photo courtesy of Dollhouse and Toy Museum

Jackie Marro with a Nixon puppet at the Dollhouse and Toy Museum in Bennington, VT.

and former Vice President Spiro Agnew, both of whom had to resign their offices because of the political scandals known as Watergate.

The permanent exhibit at the museum includes many different styles of dollhouses—including a Tudor cottage, an urban townhouse, a Victorian mansion, and an 18th Century Cape Cod—all of them fully furnished, as well as a large collection of vintage dolls, including many of the Madam Alexander movie star dolls and international dolls. Tedi Petrelis has loaned her collection of Black dolls. And Arlene Saunders collection of many dolls, baby bottles, and baby cards is available to view.

The Dollhouse and Toy Museum of Vermont is located at 212 Union Street, at the corner of Union and Valentine, in Bennington, VT. The museum is in an 1860s Victorian house that looks like a doll house.

Museum hours are Saturdays and Sundays from 11-4 p.m. and every day of Christmas week from 1-4 p.m.

Admission is \$2 for children three and older, \$4 for adults and \$10 for families.

For more information about the museum please visit the web site at www.dollhouseandtoymuseumofvermont.com.



Dogs, Cats & Other Pets Available for Adoption

Tuesday 11-3:30
Wednesday 11-7
Thursday 11-3:30
Friday 11-7
Saturday 11-3:30
Sunday open house 12-3
Closed Monday

6779 Rt. 7A, Shaftsbury, VT
(802) 375-2898
www.2ndchanceanimalcenter.org

Got a story to tell?

P The Public Press can be the shortest distance between the author's brain and the printed page. For more information visit us at ThePublicPress.com



The Pharmacy, Inc. The Pharmacy-Northshire

Your community pharmacy for over 40 years

Corner of North & Gage Streets
Bennington, VT 05201

(802) 442-5602

34 Ways Lane
Manchester Center, VT 05255

(802) 362-0390

- ◆ Full Service Pharmacies
- ◆ Medical Supplies
- ◆ Orthopedic Supports
- ◆ Veterinary Products
- ◆ Delivery Available

Monday through Friday

Hours:	
8am-7pm	Monday-Friday
8am-6pm	Saturday
9am-12:30pm	Sunday-Bennington
9am-3pm	Sunday-Manchester

West River
Farmer's Market,
Rts. 11 & 100,
Londonderry,
Saturdays,
9 am - 1 p.m.



Visit Our Produce Stand!

Our Certified Organic: Our Own Sweet Corn, Super-Tasty Tomatoes, Beet Greens, Broccoli, Carrots, Lettuce, Spinach, Chard, Arugula, Summer Squash & Zucchini.

Low-Spray Heirloom Apples, Peaches, and Other Fruit.
Local Artisan Bread and Baked Goods, Berle Cheeses and Al Ducci Fresh Mozzarella

Time to sign up for our Winter CSA.

See website for details:

—www.clearbrookfarm.com—

Open Every Day 9 am - 6 pm • (802) 442-4273

Rt. 7A, Shaftsbury, VT (Across from the Chocolate Barn)



A Fall Swim

by Charles Sutton

For most families Labor Day weekend marks the end of summer—children go back to school, seasonal activities like swimming are over, and the fall fairs have started.

But wait, really why give up swimming so soon? By now the water temperatures are just right, days can be balmy and warm, and you should have the swimming places almost all to your own.

Ours was a family of swimmers; the best swimmer being Father who had been on the college swimming team. Mother in her old-fashioned full body swim suit and bathing cap would splash around and seem to enjoy it. My brother Fred, the naturalist, would explore the waters with his snorkel wherever we were. Even I, a mediocre swimmer at best, enjoyed the whole ambience, especially the picnic and foods included in an outing to the beach, river or lake.

At age three I got rolled by a two-foot wave, and remember not liking getting a mouthful of salty sandy water. This early experience never frightened me, but I was always careful of big waves, the possible undertow, and the way they seem to come in cycles with every ninth wave a big one. Dive under that!

When I went swimming in the fall the beach was almost all mine. People dressed in sweaters and jackets walking the beach would stare at me and probably think: what kind of a fool or diehard that swimmer was—perhaps in training for a Polar Bear Club winter dip on New Years Day that was always featured in newspapers and on television. Little did they know that the water was really so crystal clear and warm—just perfect for staying in a long time. Fall swimming also meant you often were joined with an array of brightly colored fall leaves that had blown onto the water.

What about swimming in the frigid ocean waters of Maine? For water that was better suited for lobsters than people, that took a daredevil courage. But in the fall when northeasterly storms journeyed along on coast on their trip Down East, the warmer waters of the Gulf Stream would be pushed toward the shores, and for a few extraordinary days, the ocean was bearable and swimmable.

Cold water swimming for me (or a really quick dip) came later in life when we were living in a north country cottage on a lake. The family dared me to go swimming every day without fail as far as possible into the fall or even into winter. Being in my mid-forties and at an age when one still thinks he has to prove himself, especially in front of the wife and



Boating and fishing on Lowell Lake in Londonderry, VT, 1899.

photo by Everett M. Vaile

kids, I took up the challenge. It was easy at first. Our cottage had a wood furnace in the basement, only a few feet from the lake. So first there was the warm-up, putting logs into the furnace, so I could come there after the cold swim to warm up. Quite often the three children would stare from the screened-in porch at the crazy man going into the icy waters—not for them!

Skim ice covered the lake's shore on a final day in November when I was forced to end the challenge. Bare feet shattered the ice before the final plunge. A complete immersion from head to toe had to take place, a challenge rule, even if it was a quick in-and-out of the water. The feat might have "hardened" me off for the winter, but frankly the daily swim at that time of year never was much fun.

The lake however had a surprising "thank-you" for me. Shortly after the last swim, I was watching the lake one chilly morning when suddenly there was a widespread agitation on the water's surface, making a noise like tissue paper or aluminum foil being crinkled together. Then within seconds

the cove froze over solid, capped with a layer of ice. Now visitors would have to be skaters or ice fishermen. Wildlife, too, would crisscross the frozen expanse all winter.

Swimmers would come again after the ice-out the next April or May. I awaited my turn too, but forever with a special gratitude for the privilege of seeing and hearing the lake making its annual icy shield. What an intriguing and beautiful sight!

EARTH SKY TIME
COMMUNITY FARM & HEARTH
Certified Organic Produce
Wood-Fired Artisan Breads
Inspired Healthy Food

(802) 348-1400 • www.earthskytime.com

1547 Main St (Rt. 7A), Manchester Center, VT

See us at Dorset, Manchester, & Londonderry Farmer's Markets

THE FIRST OF SEPTEMBER IN VERMONT

Now the year begins to slope
Towards the chilly season;
Autumn pokes his bald head up,
Summer hollers "Treason?"
I don't know and never shall
Jest the solar reason.

My! the nights are cooling off
Faster than they oughter;
Makes you think the cowbarn wall
Needs some dabs of mortar;
Makes the wimmen realize
Dresses can't be shorter.

Fair ground folks are in a stew
Over Fair Week weather;
Butnut thieves are hoping God
Gives them strength to gather;
Soon a dollar's worth of shot
Buys a partridge feather.

Sunny Chipmunk has the corn
That you want for dinner;
Prize-pig boys are teasing dad
How to grow a winner;

Second wives at last perceive
Stockings can't be thinner.

Sweet preserving odors float
From the kitchen quarter;
Ain't you glad you've got a farm
And a stay-home daughter;
Ain't you glad you ain't a doc,
A lawyer or exhorter!

Old Jack Frost is on the move,
Three more months to "Santy;"
Five before them heavenly smelt
From the fishing shanty:
Joyful days—when wife won't dress
Quite so stunning scanty.

—DANIEL L. CADY

Subscribe Now!

The Vermont Country Sampler
"A Great Way To Stay In Touch With
The Vermont We All Know and Love"

Please enter the following subscription.
I enclose payment of \$24.00/year.

Name _____

Address _____

I picked up this issue of the Sampler at

Comments _____

09/12

Mail to:

The Vermont Country Sampler
PO Box 226, Danby, VT 05739



BOB'S MAPLE SHOP

Visit our display area and shop at

591 RICHVILLE RD, MANCHESTER, VT

At the Red Barn, 3.3 miles from Rt 11/30

**The Best Pure Vermont Maple Syrup!
LOWEST PRICES!**

Decorative Glass • Maple Candy
Volume Discounts • Large Inventory

OPEN DAILY • (802) 362-3882

Bob Bushee, Owner

www.bobsmapleshop.com



Autumn Harvest Bounty!
Our Own Apples & Cider

Fresh Indian Summer Produce
Raspberries • Melons
Sweet Corn • Tomatoes • Peppers • Kale
Eggplant Zucchini & Summer Squash
Swiss Chard • Green Beans & Wax Beans
Cucumbers • Scallions • Salad Greens
New Potatoes, and more

Farmer's Choice
Perennials on Sale • Potted Plants • Shrubs
Hanging Baskets • Blueberry Bushes
Fruit Trees • Pottery • Garden Supplies

Homemade Baked Goods
Fresh Fruit Pies, Jumbo Cookies, Pastries,
Breads. Our Own Jams, Jellies, Honey, Maple,
and a wide selection of Vermont Cheeses.

Watch For Our Pumpkins • Gourds
Indian Corn • Cornstalks • Fall Mums & Aster
Homemade Fudge in Many Flavors.
Maple & Black Raspberry Creemees!

Gift Certificates

Dutton
Rt. 30, Newfane, VT
(802) 365-4168

Rt. 11/30
Manchester, VT
(802) 362-3083

Farm Stand
Rt. 9, W. Brattleboro, VT
(Now Open for the Season)
(802) 254-0254

Open Year-Round, 9 am - 7 pm Daily
duttonberryfarm.com

On Facebook—Dutton Berry Farm



Harvesting and Storing Fall Fruits

by Dr. Leonard Perry,
Extension Professor, University of Vermont

Harvesting fall fruits at the correct stage, and storing them properly, will result in their longest life and usefulness, often for months.

If you find a grower with fall raspberries, or like me grow your own, these are a special treat this time of year. As with the summer raspberries, pick when they easily pull off from the central "core or stem, refrigerate soon if you don't eat them first. Make sure to wash well, checking for insects that may be enjoying a fall snack as well. They won't keep long, so eat or use in a few days, or freeze them. Rinse well, spread on paper towels or cookie sheets in a freezer, then place loosely into freezer containers. If you place into containers and then freeze the berries, they tend to freeze into one large mass.

Grapes

Don't rely on color alone when deciding when grapes are ripe and ready to pick. Growers actually measure sugar content ("brix") to determine when to pick. You can do this simply by tasting. Ripe grapes are sweet (particularly if table grapes), many have a whitish "bloom" coating, seeds are brown, and clusters separate easily from vines. Birds eating your fruit also are a clue that fruit are ripe! You can pick grapes slightly unripe or "green" if you will use them for jelly, or if they won't ripen further. This occurs if the average temperatures drop below 50°F, and frost has killed the vines.

Grapes store best if picked dry, and if the whitish bloom isn't rubbed off. Pick whole clusters rather than individual grapes, leaving the stems intact. Harvested this way they'll store for several weeks in a refrigerator.

Plums and pears

Many tree fruits ripen in the north in early fall. Fruit should separate from branches easily, with a slight upward twist. Resist the temptation to squeeze and poke fruit with fingernails. For European plums, such as the late 'Stanley' or 'Damson', pick when they are fully colored and covered



Crisp ripe Vermont apples ready for the picking.

photo by Nancy Cassidy

with a white, powdery bloom similar to grapes. They'll store for a few weeks in a refrigerator.

If you grow some of the hardy European pears, such as 'Flemish Beauty', 'Luscious', 'Parker' or 'Patten', pick fruit early. Unlike most tree fruits, don't let these ripen on the tree, otherwise they'll become gritty and begin to rot inside the fruit. Use a gentle, upward twist when picking, and leave stems on the fruit. Wrap them in tissue paper or newspaper, and store cool (35 to 45 degrees F) for a week or more, until ready to eat. For best flavor, leave them at room temperature for a few days before using or eating.

Peaches

If you're lucky to have a warm enough area to grow peaches, such as the hardier 'Redhaven' or 'Reliance', they're best ripened on the tree prior to picking. Ripe peaches and the related nectarines (basically a non-fuzzy peach) are fully colored when ripe and somewhat soft. For this reason pick and handle with care, as they easily bruise. Apricots—ripe when still firm but a blush color—are a bit firmer, but still handle with care. These will store generally for 5 to 6 days if cool, or 3 to 4 days if at room temperature. Wait to wash them until you're ready to use.

Apples

Apples are probably the most popular tree fruit, with many cultivars (cultivated varieties) ripening at various times. Some, such as 'Baldwin', 'Cortland', 'McIntosh', and 'Northern Spy' ripen over a fairly short season. Others, such as the heirlooms 'Gravenstein', 'Jonathon', and 'Winesap' ripen and are harvested over a longer period. If you plan to store apples, use them for cooking, or just need to beat local wildlife to them, pick unripe.

Apples are fully ripe when they've turned the appropriate color. Ripe apples separate from the tree easily. Just make sure when picking not to damage any of the short stems called "spurs" that will produce next year's fruit. If in doubt about ripeness, cut an apple open and look at the flesh and seeds. The flesh of ripe apples is less green, more white, in general. Seeds of ripe apples have turned brown. The best indicator, though, is taste. A ripe apple is crisp, juicy, and sweet (although, of course, the particular flavor will vary with cultivar).

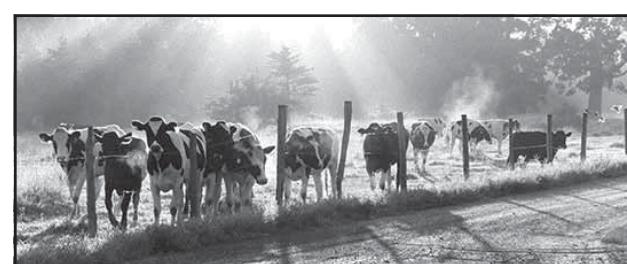
Wash apples and store cool soon after picking, unless you want to ripen them at room temperature or are going to use them. They should last 4 to 6 weeks in a refrigerator. Later cultivars generally store longer than earlier ones. Mid-season ones such as 'Cortland' and 'McIntosh' will last up to 4 months while later ones, such as the heirlooms 'Rome' and 'Winesap', often last 5 months or more. Best conditions to store apples are cool (40 degrees F or below but not freezing), with high humidity.

Make sure to store fruits away from vegetables, if possible. Apples can pick up a musty flavor from nearby potatoes. Both apples and pears can pick up strong odors from nearby cabbages, turnips, and onions. Keep apples away from other fruits too. They give off ethylene gas which can cause other fruits to ripen more quickly.

More tips on picking, storing, as well as using these and other fruits, can be found in the *Fruit Gardener's Bible* by Lewis Hill and Leonard Perry (Storey Publishing).

You can contact Leonard Perry at the Dept. of Plant and Soil Sciences, Jeffords Hall, 63 Carrigan Dr., University of Vermont, Burlington VT 05405. (802) 656-0479. Have you visited Perry's Perennial Pages lately? Go to: perrysperennials.info.

Green Living
GreenLivingJournal.com
A Practical Journal for
Friends of the Environment



The Vermont Landscape

Photographs by John David Geery

www.johndavidgeery.com • (802) 438-5572

The Tinmouth Contra Dance

Friday, Sept. 28th
8–11 p.m.

For info call (802) 446-2458
www.tinmouthvt.org

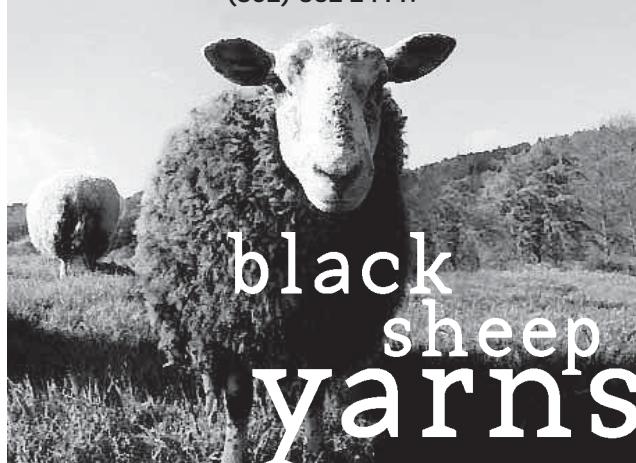
All dances are taught. Come on time if you are a beginner. Exuberant dancers of all ages welcome. Admission: \$9 adults, \$7 teens, \$3 for 12 and under.

Tinmouth Community Center
573 Rt. 140 in downtown Tinmouth, VT



Come and see us
Call to sign up
for ongoing classes.

Black Sheep Yarns, 25 Stonewall Lane
just off Route 30, in Dorset, VT.
Open daily 10–5, Sundays 12–4, closed Tuesdays
(802) 362-2411.



H.N. WILLIAMS STORE
Family owned and operated since 1840

B147 Canvas Work Short B164 Cargo Short A91 Leather Belts
A62 Cotton Socks J149 Insulated Sweatshirt
Carhartt
Original Equipment Since 1889™
Durable, Tough Clothes That Last

2732 RT. 30, DORSET, VT 05251
(802) 867-5353

Apple Hill Orchard
Pick-Your-Own
Apples!

Cty. Rt. 21, Whitehall, NY
3 miles west of
Vermont Welcome Center
(518) 796-7575
(518) 791-2441
Open Daily 9-6
Early September

Cty. Rt. 21, Whitehall, NY
3 miles west of
Vermont Welcome Center
(518) 796-7575
(518) 791-2441
Open Daily 9-6
Early September

Lake's Lampshades

60 School St., Pawlet, VT
802.325.6308
www.lakeslampshades.com
judylake@vermontel.net

Blue Skies, Colorful Days And Crisp Ripe Apples!

To taste the fruit of yon celestial tree...

—William Shakespeare

This recipe collection is from The Encyclopedia of Practical Horticulture published in 1914 in North Yakima, Washington. Quoting associate editor Wm. Worthington, "A very complete department of recipes for cooking, preserving and serving the various fruits and vegetables is given". The collection was edited by Miss Alice M. Hodge, Stout Institute, Menominee, Wisconsin. These recipes offer a glimpse into the kitchen of 100 years ago and are still worthy of trying today.

SHAKER APPLE PIE

Pare, core, and cut into eighths sour apples and put into a lower crust; add a half a pint of seeded raisins. Put on the upper crust being careful to not let it stick to the lower crust. Bake in a slow oven until the apples are thoroughly cooked and the crust is nicely browned. This will require about forty minutes. While the pie is hot take off the top crust and lay it aside, then with a wooden or silver knife stir the apples and remove any hard pieces that may be left. Add sugar, nutmeg, and a small piece of butter and replace the top crust.

APPLE CUSTARD PIE

Heat a pint of milk steaming hot and pour it into a mixture of three eggs slightly beaten, three heaping tablespoons of sugar, a pinch of salt, and a very little nutmeg or lemon. Grate one cup of apple using mellow slightly tart fruit; add to the milk mixture and bake in a very moderate oven without an upper crust. If the pie is baked too quickly the apple will separate from the milk.

APPLE PAN PUDDING

Add sufficient milk to a pint of flour to make a stiff dough; knead for fifteen minutes. Cut into four pieces; roll each piece in a thin sheet about one-sixteenth of an inch thick and the size of an ordinary roasting pan. Grease the pan with melted suet. Mix one-fourth pound of almonds blanched and chopped fine, one cup of chopped raisins, one-half pound of chopped apples, and one cup of brown sugar. Put a layer of this mixture on the paste and cover with another layer of paste. Brush with suet and continue until all the sheets of paste are used. Brush over with suet and sprinkle with sugar; bake in a quick oven for three-quarters of an hour.

INDIAN PUDDING WITH APPLES

Scald two quarts of sweet milk. Stir in a cup of corn-meal. Stir until the mixture thickens. Remove from the fire. Add one and one-sixth cups of molasses, one teaspoon of salt, one-half teaspoon each of nutmeg and cinnamon, and two cups of sweet apples pared, cored, and quartered. Pour into a deep pudding dish and bake for four hours. When the pudding has baked for one and one-half hours, add without stirring one pint of cold milk. Serve with cream and sugar or syrup.

APPLE CAKE

Stew 3 apples and let cool; take one-half cup of butter, 1 cup of sugar, 2 eggs, 1 tablespoonful soda, 1 cup of sour milk, 4 cups of flour, cinnamon, cloves and nutmeg; then 2 cups of apple sauce, 2 cups of molasses; bake in moderate oven; when done spread with whipped cream.

CLARIFIED APPLES

Make a syrup of 2 cups of sugar and 1 cup of water. Pare, core, and cut into sixths 6 large tart apples. Cook a few at a time in the syrup until clear remove and drain; add the rind and juice of one half lemon to the syrup boil until thick; remove the lemon rind and put over the apples.

CODDLED APPLES

Take tart ripe apples of uniform size and remove the cores. Place the fruit in the bottom of a porcelain kettle; spread thickly with sugar; cover the bottom of the kettle with water and allow the apples to simmer until tender. Pour the syrup over the apples and serve cold.

APPLE CONSERVE

For each pound of quartered and pared apples, allow three quarters of a pound of sugar and half a pint of water. Boil sugar and water until a rich syrup is formed; add the apples and simmer until clear. Take up carefully, lay on plates and dry in the sun. Roll in sugar and pack in tin boxes lined with waxed paper.

APPLE FRITTERS

One cup of sweet milk, one egg, one teaspoon of baking powder, one-fourth teaspoon of salt, one half cup of chopped apples; flour to make a batter stiff enough to drop heavily from the spoon. Fry in deep fat.



photo by Nancy Cassidy

Three children dressed from times gone by on Antique Hill at the Tunbridge World's Fair.

APPLE BROWN BETTY

Pare and chop six apples. Place a layer of apple in a well-buttered pudding dish, then a layer of bread crumbs; sprinkle with brown sugar and cinnamon; repeat until the dish is full; add several generous lumps of butter and pour sweet milk or hot water on until it comes within an inch of the top of the pan. Bake in a moderate oven until brown and serve with plain or whipped cream.

TO DRY APPLES

Select sound fruit that has matured. Pare, core, and quarter and slice lengthwise. String and dry near the fire or spread on frames covered with muslin or netting and let dry in the sun. If the winter apples are not keeping well it is a good plan to dry them to prevent waste. Although some people object to dried apples, they can be made very palatable with a little care.

Vermont Forgings
hand forged iron
Come See a Working
Blacksmith Shop
& Gallery
41 Cook Dr. at R t 7, just south of Wallingford, Vt
Open daily — 802 446 3900 — vermontforgings.com

UVM Center for Sustainable Agriculture

Cultivating knowledge, innovative practices and policies to advance sustainable food and farming in VT and beyond.



www.uvm.edu/sustainableagriculture
(802) 656-545

Mt. Tabor Country Store
Rt. 7, Mt. Tabor, VT • (802) 293-5641
Groceries, Cold Beer & Soda, Ice, Videos.
Citgo Gas, Diesel, Self-Storage Rentals.
Store Open 6 am - 8 pm, Sunday 7 am - 7 pm

Welcome!
Full Deli: Pizza, Hot Dogs, Salads,
Cold Cuts, Sandwiches Made to Order
Daily dinner specials including: meatballs, shrimp,
chicken fingers, deluxe hamburgers.
Open till 7:30 daily, 6:30 Sunday.

CHIPMAN STABLES
Trail Rides, Kids Camps,
Lessons, Boarding & Sales,
New Indoor Arena

Open Daily—Reservations Appreciated
33 Danby-Pawlet Rd., Danby Four Corners, VT
(802) 293-5242 • www.chipmanstables.com

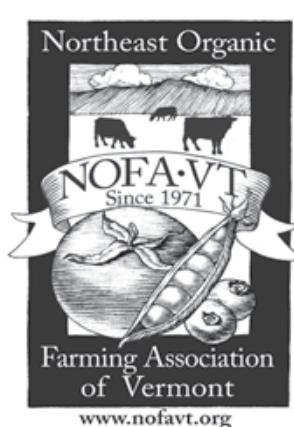
**Mom's
Country Kitchen**
Freshly Prepared
Homecooked Foods
Open Monday—Saturday
6:30 am – 2 pm, Sun 7 am – 1 pm.

Come & Enjoy! Breakfast Served All Day.
5 Main Street, Wallingford, VT • (802) 446-2606



1820 House of Antiques
82 South Main Street
Danby, Vermont 05739
802-293-2820
Open Daily 10-5

"Working for local farms, healthy food,
& strong communities for over 30 years."



Farming Association
of Vermont
www.nofavt.org

"Working for local farms, healthy food,
& strong communities for over 30 years"

JOIN US!

If you're a Vermonter who eats, gardens, farms, or enjoys our rural communities, you have an interest in joining NOFA-VT! Call 802-434-4122 or visit online for more information.



Shoreham, VT

5th Annual Tour de Farms Great Food, Fun and Bicycling!

Fantastic foods, amazing bicycling, and spectacular scenery are in store for all those who participate in the 5th Annual Tour de Farms! Scheduled for Sunday, September 16 in Shoreham, VT, the Tour de Farms offers three loop rides (approx. 10, 25 and 30 miles) and a family-friendly five-mile walking or biking option. At frequent designated stops, family farmers will treat bicyclists and walkers to tasty samples of local foods such as apple cider, quiche, bread, roasted vegetables, yogurt, wine, maple syrup, and cookies. Because the event is a tour and not a race, the pace is low key, allowing ample time to chat with farmers and relax with friends in the beautiful Champlain Valley. The Tour attracts 600 bicyclists from Vermont, northeastern states, and Canada.

Plenty to see, plenty to eat!

Riders can expect to sample foods from B Vineyard, Champlain Orchards, Danz Ahn Farm, Doolittle Farm, Golden Russet Farm, Lemon Fair Honeyworks, Millborne Farm, Middlebury Natural Foods Coop, Misty Knoll Farms, Neshobe Farm, North Branch Farm & Gardens, Singing Cedars Farmstead, Solar Haven Farm, Stonewood Farm, Sunrise Gardens Greenhouse, Sylvan Shade Farm, Vermont Trade Winds Farm, Windfall Orchard, and the restaurants Morgan's Tavern (Middlebury Inn) and Tourterelle.

In addition to the stops at farms and food producers, wood-fired pizza will be for sale from NOFA-VT, a visit at a quirky art gallery and three StoryWalks for young children—the opportunity to read great children's books while walking in



photo by Chuck Helfer

A bicyclist makes his way down the road between Shoreham and Orwell on the Tour de Farms.

beautiful, natural settings. There is a competition open to all who wish to make a short film about the 2012 Tour de Farms. Contest rules can be found at www.ruralvermont.org

If you're not interested in riding, but want to be involved, consider volunteering! Volunteers are needed to assist with various aspects of the Tour de Farms, including registration, parking, farmers' helpers, photography, crowd control, and ride marshalling. In return for a three-hour time commitment, volunteers will receive a free Tour de Farms t-shirt.

Shoreham's Apple Fest

At 12:30 pm on September 16, Shoreham will kick off their Annual Apple Fest on the town green, complete with

continuous live music, crafts, and a farmers' market featuring a variety of delicious items for sale. Apple Fest continues until 5 pm and all proceeds benefit the Platt Memorial Library in Shoreham.

Champlain Orchards in Shoreham will be celebrating apples—visit the orchard for pick-your-own apples, shop at the farm market, sample hard and ice ciders and enjoy live music from 12–4 pm (for directions and information go to www.champlainorchards.com). Then join Champlain Orchards on the Shoreham town green for everything apple the town has to offer!

Registration now open

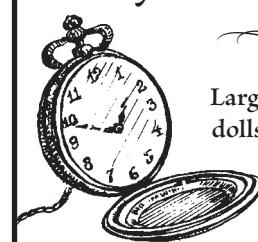
If you register in advance for the Tour de Farms the fees are: \$28 for adults and \$13 for kids 16 and under. Day-of registration fees are \$50 for adults and \$20 for kids 16 and under. Children in trailers and bike seats ride free and don't need to be registered. Registration is open at www.ruralvermont.org. All routes begin and end at the Shoreham Town Green. The 30-mile riders depart at 10:30 am, the 25-mile riders depart at 11:00 am, and the 10-mile riders depart at 11:30 am.

A community effort

The Tour de Farms is co-organized by the Addison County Relocalization Network (ACORN), Rural Vermont, and the Vermont Bicycle & Pedestrian Coalition as a fundraiser for all three non-profits.

For more information, contact the VT Bicycle & Pedestrian Coalition, www.vtbikeped.org, (802) 225-8904; Rural Vermont, www.ruralvermont.org, (802) 223-7222; or Addison County Relocalization Network, www.acornvt.org.

Sandy's Antiques & Collectibles



Welcome Friends

Sandra Whitney, Owner

Large variety of Adirondack items, dolls, jewelry, cast iron, and books.

Mon-Fri 10-5, Thurs 10-6, Sat 10-2

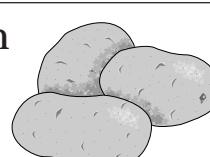
(518) 642-1242

Credit & Debit Cards Accepted

9962 State Route 22, Middle Granville, NY

(5 miles north of Granville)

Pick-Your-Own Perry's Potatoes



Starting September 22-23

Saturday & Sunday 10 am - 4 pm.
Weekends only, weather permitting.

~ Farm Stand open 7 days ~
Bagged red and white potatoes.

Rt. 22A Hampton, NY • (518) 282-9640
(1 mile north of Poultney, VT, 8.5 miles north of Granville, NY)

Vermont Country Dining at its Best

As always we serve real good, real food.

We still bake our own bread and pies, and we serve our famous chicken and biscuits every Wednesday.



Breakfast,
Lunch & Dinner
Every Day
— Daily Specials —
Full Service Bar

Just Over the Hill in Benson, VT • (802) 537-2755

"Wheel" Cater to You. Let us bring our famous food to your next party.

Vermont Fruit Grown with a Conscience



Pick-Your-Own-Fruit!

Farm Market-Bakery Cidery-Cider Mill

Over 50 Varieties of Apples
Pears and Plums

Please check website or call for availability.

~ Champlain Orchards 2012 Farm Events ~

Sunday, September 16 — Tour de Farms and Applefest

Visit the orchard to pick-your-own apples, shop at the farm market, sample our hard and ice ciders and enjoy live music from 12–4pm.

Sunday, October 7 — 14th Annual Champlain Orchards Harvest Festival

Celebrate autumn with us on Columbus Day Weekend! Enjoy great local food, ciders, and music.

Saturday, October 13 — Cider Fest

Join us to pick apples, make cider, taste local hard and ice ciders, and enjoy excellent local food.

www.champlainorchards.com • (802) 897-2777 • Open Daily 9-6

Bring a Picnic & Enjoy the Beautiful Views of the Lake & Mountains.

Rt. 74, four miles west of Shoreham village, 1 mile east of Larrabee's Point Ferry

It's Always Maple Time at

GREEN'S SUGARHOUSE

1846 Finel Hollow Rd., Poultney, VT 05764

802-287-5745

www.greenssugarhouse.com

Many Quality Maple Products to Choose From.
Gift Boxes • Mail Order Catalog • We Ship



Green Mountain Club
4711 Waterbury-Stowe Rd.
Waterbury Center, VT 05677
(802) 244-7037
gmc@greenmountainclub.org
www.greenmountainclub.org

Douglas Orchards AND Cider Mill

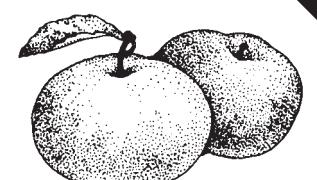
U-Pick & Already-Picked Apples

Cider • Apples • Donuts • Pumpkins • Squash • Gourds
Indian Corn • Honey • Maple Syrup

Route 74, Shoreham, VT • 1½ miles west of Shoreham Village

(Roadside stand also open on Rt. 10 in Haverhill, NH)

Our Farm Stand is Open • (802) 897-5043



Peregrine Falcon Nesting Cliffs Reopened for Hikers

Vermont Fish and Wildlife has reopened the eleven cliffs closed to hiking and access earlier this spring to protect nesting peregrine falcons.

"The young peregrines have fledged, and nesting data suggest the species had a very good year due, in part, to cooperation from hikers and rock climbers during this critical nesting period," said Fish and Wildlife's migratory bird biologist John Buck. "Peregrine nesting success is also helped by the many volunteers that monitor the nest sites from March to the end of July."

According to Audubon biologist Margaret Fowle, who coordinates the monitoring effort, at least 40 pairs of peregrines occupied Vermont cliffs in early spring and summer. Preliminary results indicate at least 39 pairs nested, with 28 pairs successfully producing at least 60 young. This is a 44 percent increase in nesting pairs and a 55 percent increase in pairs producing young compared to the 2011 nesting season.

"We greatly appreciate the

time and effort volunteers put into monitoring the population this year, and we thank landowners and recreationists for their cooperation in protecting nesting peregrines from human disturbance," said Fowle.

"We appreciate the cooperation of the trail and cliff users," added Buck. "The success of the peregrine nesting season reflects that this mutual effort was very worthwhile."

Vermont Fish & Wildlife and Audubon Vermont partner to monitor and protect peregrine nesting sites in Vermont. Peregrine falcons were removed from the state's Threatened and Endangered Species List in 2005. Ongoing cooperation from recreationists and continued monitoring efforts by Audubon and Fish and Wildlife will help ensure the peregrine's remarkable recovery in future years.

For more information contact the Vermont Fish and Wildlife Department at www.vtfishandwildlife.com.



photo by Cathy Merrill

Thirty-eight pairs of peregrine falcons occupied Vermont cliffs at the start of nesting season this year. The peregrine was removed from Vermont's endangered species list in 2005 after restoration efforts by wildlife professionals. Peregrines are still monitored to ensure their success.

Vermont State Fair in Rutland Runs through September 9

The Vermont State Fair, a 167-year-old family tradition, is in Rutland, VT from Aug. 31 thru Sept. 9, 2012.

Scotty McCreery, 2011 American Idol, will perform on Sept. 8. The Demolition Derbies are on Sept. 2 at 7:30 p.m. and Sept. 9 at 5 p.m. Harness Racing is on Sept. 5 at 1 p.m. There's a great midway and free entertainment. Ag events include horse & cattle shows, a farm

STONE VALLEY COMMUNITY MARKET

A Food Co-op
In downtown Poultney
Sunday-Friday 10-6
Saturday 10-8

stonevalleymarket.com
216 Main St., Poultney, VT • (802) 287-4550

Rena's Garden Market

Seasonal Vegetables—Sweet Corn, Cukes, Squash, Mums, Apples, Perennials Mulch & Potting Supplies. Oriental Food Products. Crafts, Maple Syrup & Honey.
Rt. 30, Wells, VT • (802) 287-2060
Open Daily 9 am – 5 pm

BIG BOB'S FOOD SHACK

Custom Sandwiches
Daily Specials
Fresh-Baked Desserts
Eat In or TakeOut
Open:
Tues-Fri 11-8
Sat 4-8
Closed Sun & Mon
Hydeville Plaza, Hydeville, VT
(802) 265-9190 • Chef Owned—Bob Monego

Earth & Time Gift Gallery

- Fine Art
- Crafts
- Antiques

Open Wed.-Sat. 10-5, Sun. 12-5
5 Capron Lane/Route 30
Wells VT • (802) 783-8025
2 miles north of Wells Village

The Craft Seller

Depot St. Poultney, VT
at The Old Freight Depot—with the quilt on the wall
Hours: Thurs-Sat 10-3 or by chance or appointment
Traditional handcrafted gifts, quilts, toys,
& table settings. Fabric & notions.
(802) 287-9832
vermontcraftseller@gmail.com • www.vermontcraftseller.com

Stop In & Check Us Out!

Matthew's Solo Cam Bows
Lacrosse Boots
Archery • Guns & Ammo

Mart's Sporting Goods
Hunting & Fishing Supplies
—Open 7 Days—
85 Main St., Poultney, VT
(802) 287-9022 • Martin VanBuren Jr.

THE STATION
Bakery, Cafe, Deli
Local Produce, Dairy & Daily Lunch Specials
Vegetarian Owned and Operated
Located in the Historic downtown in a rejuvenated train station.
28 Depot St., Poultney, VT • (802) 287-4544
Open Thursday through Tuesday 8 am to 8 pm
Closed Wednesdays

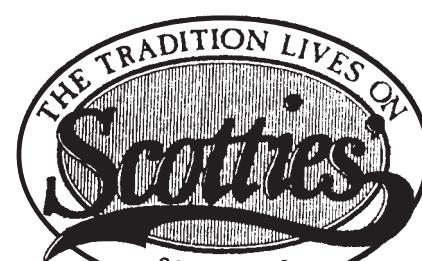


Johnson & Son Bikeworks
New & Used Bicycle Sales

FULL TUNE-UP \$25
Repairs & Rentals
Open Wed-Sun
41 Greenfield Lane
Hampton, NY
(1 mile from Poultney, VT)
(518) 282-9089

Draft Animal Power Network

Become a Member!
Individual \$20, Family \$30, Farm/Business Member \$75,
Founders Club \$100 or more. Please make checks out
to: DAPNet. Send payment with name, address, phone,
e-mail and web address to: DAPNet Membership,
271 Plank Rd., Vergennes, VT 05491.
Questions: call Jean Cross at (802) 392-4504.
draftanimalpowernetwork.org



September Breakfast Special
French Toast Sandwich
Two thick slices of Texas-Style French Toast,
with Cheese & Sausage Patty. **\$3.19**
Homemade Daily Specials at Old Fashioned Prices
Special gifts for the folks back home. 99¢ greeting cards!
Open 4:30 am to 9:00 pm, 7 days a week
20 Main St., Granville, NY • (518) 642-3365
(just over the border from W. Pawlet, VT.)



Woodland Owners and Natural Resource Professionals Training

Are you thinking about the future of our forests? Are you concerned that our youth are out of touch with nature and spend all their time indoors? Have you ever considered ways you could be involved with your local school or community to get more kids outdoors?

The Vermont Woodlands Association and VT Dept. of Forests, Parks and Recreation have partnered to offer a Project Learning Tree workshop. PLT grows stewardship one student at a time and has been for more than thirty-five years.

Teachers across the country use this curriculum as a basis for natural resource education. If you are interested in opening opportunities for education on your property, or want to learn how to share your knowledge with our

youth, this workshop is for you!

The PLT workshop will be held on Thursday, September 13, 2012 from 9 a.m. to 3 p.m. at the Marsh-Billings-Rockefeller National Historical Park's Forest Center in Woodstock, VT. The cost to attend is \$20, which includes lunch and all materials.

Completion of the workshop will certify you as a PLT leader and provide you with PLT's Pre-K-8 Environmental Education Activity Guide and a "toolbox" of supplies and materials for activities.

As a PLT leader, you can put your newfound knowledge to work on Friday, October 19, 2012 as part of the national Walk in the Forest.

Visit www.vermontwoodlands.org to register or call (802) 747-7900.

GENE'S BARBER SHOP



Angeline M. Joyce—Master Barber
Over 50 Years Experience

Open Tues-Sat • Men \$10-12 • Ladies \$15 • Children \$6-10
292 West St., Rutland, VT • (802) 747-4773

GV Solar & Wind

Central Vermont Solar & Wind
Sales, Installation and Service of
Solar Electric (PV) & Wind Power Systems

Help Make Rutland Solar City!



Owner John Blittersdorf and helper install a solar panel

30% Federal Tax Credit
State Incentives Are Still Available

104 River Street, Rutland, VT
(802) 747-0577 • www.cvsolar.com

THE CAMBRIDGE HISTORICAL SOCIETY

PRESENTS



CAMBRIDGE, VERMONT

WEEKEND ENCAMPMENT

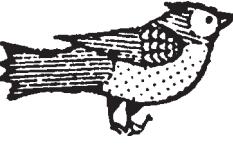
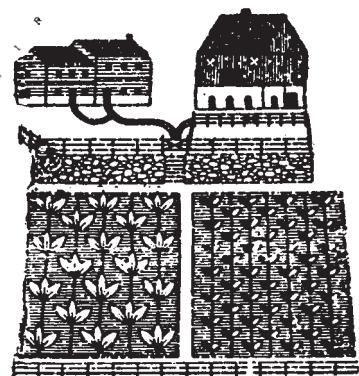
Saturday & Sunday, October 6th - 7th 2012

Education & fun for the whole family!

FREE ADMISSION

www.cambridgehistoricalsociety.org

Vermont Map



The Emporium
Tobacco & Gift Shop



Hand Blown Glass Pipes
Electronic Cigarettes
Roll Your Own Tobacco
Humidified Premium Cigars

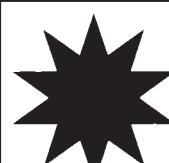
131 Strong's Avenue
Rutland, VT

The Handbag Outlet



Discount Handbags
Wallets, Briefcases
Backpacks

(802) 775-2552



Pyramid
Holistic Wellness Center

Salt Cave & Speleotherapy Clinic

Nautilus Membership \$25/month With Money Back Guarantee!
Visit the Pyramid for details

Fitness Center with Halotherapy Room and Oxygen Bar at 79 Merchants Row.
Liquid Motivation Now Open!

- Open 7 days -

120 Merchant's Row, Rutland, VT
(802) 775-8080

www.pyramidvt.com • kellyw@pyramidvt.com

TAKE A TRIP TO OLD VERMONT

We don't boast of crowded cities.
Where the millions come, and go;
But we have our share of beauty,
I was raised here, and I know.

When God made these old
Green Mountains,
And these valleys, fresh and fair,
He just put his seal upon them—
You will find it, everywhere.
And when you are right down tired

And its rest and change, you want,
Pack your grip, and some fine morning
Take a trip, to old Vermont.

—UNKNOWN



Fresh = Local Whole Organic Foods

Come visit! Open 7 days & always open to the public.
Cooperatively owned by hundreds of local member-owners.

Produce • Dairy • Meat • Bulk Foods • Groceries
Frozen Foods • Bread • Vitamins & Supplements
Body Care • Household Goods • & Much More!

Downtown Rutland, 77 Wales Street
(802) 773-0737 • www.rutlandcoop.com

Vermont Country Calendar

ONGOING EVENTS

ADDISON. Chimney Point State Historic Site. Special Exhibit: What Lies Beneath—9,000 Years of History at Chimney Point. Admission adults \$3, children 14 and under free. Wed-Sun and Monday holidays. 9:30 am – 5 pm. Chimney Point State Historic Site, 7305 Rt. 125. (802) 759-2412. historicsites.vermont.gov. Through October 8.

BARRE. Exhibits, classes, workshops, and artists' studios. Free. Tues-Fri 10-5, Sat 12-4. Studio Place Arts, 201 N. Main St. (802) 479-7069. info@studiolplacearts.com. www.studiolplacearts.com.

BARRE. Vermont History Center and Leahy Library. Thousands of books, manuscripts, photographs, broadsides, maps, audio, video and film recordings, and many other items of ephemera which shed light on the lives and times of past Vermonters. Vermont Historical Society, 60 Washington St. (802) 479-8500. vermonthistory.org.

BELLOWS FALLS. Farmers Market. Local produce, meats, eggs, cheese, prepared foods, and entertainment. Open mic night every fourth Friday. On Fridays 4-7 pm at the Waypoint Center. (802) 463-2018. www.bffarmersmarket.com. Through October 19.

BELLOWS FALLS. Third Friday Art Walk. Stores and galleries in town and in the surrounding area host special exhibits and events. 5-8 pm. Flyer available at Village Square Booksellers, 32 The Square. (802) 463-9404. villagesquarebooks.com. Monthly on the third Friday.

BELMONT. Mount Holly Farmers Market. Vermont-made and Vermont-grown products, fresh produce, baked goods, hand crafts. Saturdays, 10 am – 1 pm, rain or shine. On the Belmont Village Green. (802) 259-2322.

BENNINGTON. Bennington Battle Monument. Admission: adult \$2, children 6-14 \$1, age 5 and under free. Open 9 am – 5 pm. 15 Monument Circle. (802) 447-0550. [www.historicsites.vermont.gov](http://historicsites.vermont.gov).

BENNINGTON. Puppet Exhibit. Admission is \$2 for children three and older, \$4 for adults and \$10 for families. Open Saturdays and Sundays from 11 am – 4 pm. The Dollhouse and Toy Museum of Vermont, 212 Union St. at the corner of Union and Valentine Streets. www.dollhouseandtoymuseumofvermont.com.

BENNINGTON. Art exhibits, permanent collections, theater productions, workshops. Admission: adults \$9, seniors/students \$8, families \$20, under 12 are free. Bennington Center for the Arts, 44 Gypsy Lane. (802) 442-7158. www.benningtoncenterforthearts.org.

BENNINGTON. Bennington-Walloomsac Outdoor Farmers Market. Saturdays 10 am – 1 pm at the scenic Riverwalk Park along the Walloomsac River at Bennington Station on Depot Street. Tuesdays 3-6 pm at Greenberg's, 321 Main St. Market manager: Katherine Keys, (802) 688-7210. www.walloomsac.org. Saturday mornings and Tuesday afternoons through October.

BENNINGTON. Bennington Museum—Exhibits and Public Programs, Founding Documents, Fine Art, Grandma Moses, and more. See Bennington Pottery, the 1924 Wasp Touring Car, Fine Art, Vermont Furniture, and the Bennington Flag – one of America's oldest flags. Lectures, workshops, concerts, films, and the George Aiken Wildflower Trail. Admission \$10, children under 18 free. Open 10 am - 5 pm every day except Wednesdays. Bennington Museum, 75 Main St. (802) 447-1571. www.benningtonmuseum.org.

BERLIN. Afro-Caribbean Dance. With live percussion every Thursday from 10:30 am – 12 pm. All levels welcome. Also Capital City Grange Potluck—share delicious food with your friends and future friends, starting about 6:30 each first Saturday, all are welcome, no charge. Capital City Grange, 6612 VT Rt. 12, Northfield Rd. (802) 985-3665. capitalcitygrange.org.

BRANDON. Sustainable Living Book Exchange. Self service—take a book, leave a book. Donations accepted. Also visit our farmstand. Neshobe Farm, 142 Steinberg Rd. off Rt. 7 just north of the village. For more info call (802) 310-8534.

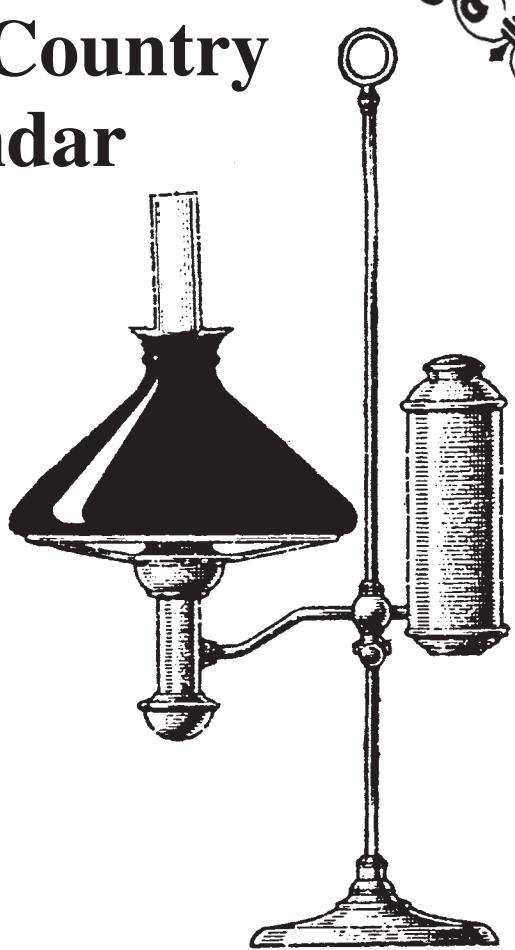
BRANDON. Brandon Farmers Market. Fridays 9 am - 2 pm in Central Park. cijka4@gmail.com. Through Oct. 12.

BRANDON. Brandon Museum at the Stephen A. Douglas Birthplace. Also houses the Brandon Visitor Center with public restrooms, which is open daily 8 am – 6 pm, 365 days a year. 4 Grove St., next to the Baptist Church at the corner of Rt. 7 and 73 West. (802) 247-6401. brandon.org.

BRANDON. First Fridays. Our restaurants and merchants are keeping their doors open till 9 pm the first Friday of each month. Visit "indie" shops, galleries, and restaurants. (802) 247-6401. www.brandon.org.

BRATTLEBORO. Brattleboro Music Center Fall Classes. Lessons in 16 instruments and more. (802) 257-4523. www.bmcvt.org.

BRATTLEBORO. Brattleboro Museum & Art Center. Exhibits and programs. Open 11 am-5 pm. Closed Tues & Wed. Admission \$6/\$4/\$3. 10 Vernon St. (802) 257-0124. www.brattleboromuseum.org.



BRATTLEBORO. Fair Winds Farm Wagon Rides. Half-hour reserved horse-drawn rides through fields and woods, and along a babbling brook. Adults \$10, kids 3-12 \$6, minimum \$50, after 5 pm \$80. Visit our farm store. Fair Winds Farm is a "Diversified, Horse Powered, Vermont Family Farm" on Upper Dummerston Rd. (802) 254-9067. fairwind@sover.net. www.fairwindsfarm.org.

BRATTLEBORO. Social Singing from The Sacred Harp. Early American hymns in the shape note tradition. Free and open to the public, no experience necessary, loaner books provided. Not a performance or church function, just fellowship in song. 3-5:30 pm. Centre Congregational Church, 193 Main St. Information: laurat@crocker.com. Third Sundays.

BRATTLEBORO. Gallery Walk. Monthly celebration of the arts in downtown and nearby locations. 40-50 or more exhibit openings, many with meet-the-artist receptions and live music, plus occasional readings, dance, circus arts, theater, and more. Free. First Fridays from 5:30-8:30 pm. (802) 257-2616. www.gallerywalk.org.

BRATTLEBORO. Post Oil Solutions meets frequently and sponsors events with a mission to advance cooperative, sustainable communities. For info contact Tim Stevenson at info@postoilsolutions.org or www.postoilsolutions.org.

BURLINGTON. Exhibits, workshops, programs, café, gift shop, story hour. Admission: \$9.50 adults, \$7 ages 3 - 17, \$8 seniors and students, under 3 free. Monday–Sunday, 10 am – 5 pm. ECHO Lake Aquarium and Science Center, Leahy Center for Lake Champlain, One College St. (877) 324-6385. info@echovermont.org. www.echovermont.org.

BURLINGTON. Burlington Summer Farmers' Market. At City Hall Park, corner of College St. & St. Paul St. Every Saturday 8:30 am – 2 pm. (802) 310-5172. chriswag31@gmail.com. www.burlingtonfarmersmarket.org. Through October.

BURLINGTON. Vermont Farm Tours. Call for rates and schedule. (802) 922-7346. chris@vermontfarmtours.com. www.VermontFarmTours.com. Through December 15.

BURLINGTON. First Friday Art Walk. Visit over 30 galleries, studios, and interesting venues all around town. Free. 5-8 pm. Map available. (802) 264-4839. www.artmapburlington.com.

CASTLETON. The Historic Higley House. Open for guided tours and historical research on Thursdays from 2-4 pm. Part of the Castleton Historical Society. 407 Main St. (802) 265-3208. mfeeney3@aol.com.

CASTLETON. Castleton Village Farmers Market. Main Street. Thursdays 3:30-6. Market manager: Lori Barker, (802) 273-2241. Through October 5.

CENTER RUTLAND. The Rutland Railroad Museum. Housed in the Rutland Depot, built in 1917. See railroad artifacts and historical exhibits including HO & N scale model railroad layouts and a children's layout. The museum is also available to educational groups and schools for tours by appointment. Open Saturdays from 11 am – 1 pm. Rutland Railway Association, 79 Depot Lane. rira@rutlandrailway.org. www.rutlandrailway.org.

CHESTER. Art Exhibits, Programs and Music. Jazz Night Sept. 13 with Eugene Uman. Free admission. Wednesday through Sunday 11 am – 6 pm. Vermont Institute of Contemporary Arts, 15 Depot St. (802) 875-1018. info@vtica.org. www.vtica.org.

CHESTER. Monthly Public Astronomy Meetings for the Southern Vermont Astronomy Group. Second Tuesday of the month – free to the public at Whiting Library. 7 pm. Star parties and other events. For membership and information contact the Southern Vermont Astronomy Group, PO Box 424, Chester, VT 05143. www.sovera.org.

Rutland, VT

Local Food and Farm Economy Heats Up As Farmers Purchase Former Mintzer Complex

Building on the successful Vermont Farmers' Market model in Rutland that annually generates over a million dollars in sales, the Vermont Farmers Food Center will open on November 3. The Center ushers in a new food system that will insure that everyone, regardless of economic status, has access to fresh, wholesome, local food year-round.

The three-acre complex on 251 West Street in Rutland, VT will be the permanent home of the Winter Vermont Farmers' Market, the Vermont Foodbank and the Rutland Community Cupboard.

Multiple activities are planned for the Vermont Farmers Food Center, which is owned by the Vermont Farmers' Education Center, a nonprofit arm of the Vermont Farmers' Market. The Center will meet the needs of farmers and food-related businesses who will be able to refrigerate, store and process locally grown foods in a state-of-the-art commercial kitchen. It will also serve as an agricultural events center hosting wine tastings and a variety of food festivals during the summer months.

A committee has formed to raise the funds needed to renovate the structures for this coming November occupancy. Volunteers are welcome to come to the site each Sunday as work crews continue to clear and prepare the property for renovation. The Vermont Farmers' Market will continue in Depot Park during the summer and fall months.

For more info about the Vermont Farmers Food Center e-mail info@vermontfarmersfoodcenter.org or write to Vermont Farmers Food Center, P.O. Box 1008, Rutland, VT 05701. Visit www.vermontfarmersfoodcenter.org.

ALDOUS
FUNERAL HOME
& Cremation Service

44 No. Main St., Rutland, VT • (802) 773-6252
AldousFuneralHome.com • Aldous@comcast.net
Joseph Barnhart ~ Christopher Book

COUNTRY STOVES
43A Woodstock Ave, Rutland, VT • (802) 775-6289
Complete Majestic—Vermont Castings Product Line

Pellet Stoves
Pacific Energy Products
Fireplace & Stove Furnishings
Metal Chimney Systems
Open Fri & Sat, 10 am – 3 pm
Service calls made on days the store is closed. Alan Currier, Owner.

Vermont Canvas Products Factory Outlet

Bags for Every Need
Handcrafted on Premises
Customizing Available
25% Below retail on Over 100 Styles of Canvas & Cordura Bags

Repair Service • Brochure Available
~ FREE GIFT WITH THIS COUPON ~

Hours: Mon–Sat 9–5:30
(802) 773-7311 • (800) 477-7110
259 Woodstock Ave., Rt. 4 East, Rutland, VT
Over 40 Years in Business

Vermont Country Calendar

(Ongoing events continued)

CHESTER. Peace of Paradise—Holistic Wellness Emporium. Wellness services and products. Reiki, apothecary, acupuncture, massage, meditation, yoga and drumming. Classes, workshops and seminars. Events, groups and gatherings. Locally-made creations, yoga mats, drums, jewelry and art. Open Thurs–Sun, 10–5 pm. On the Village Green at 78 The Common. (802) 875-8008. www.peaceofparadisevt.com.

CHESTER. High Tea at Inn Victoria. Afternoon savories, sweets, fruit, and a variety of teas. \$19.99 per person. Open by reservation on Friday, Saturday and Sunday from 3-4:30 pm. Inn Victoria, 321 Main St. (802) 875-4288. innkeeper@innvictoria.com. www.innvictoria.com.

CHESTER. Gallery 103. Dedicated to promoting fine American Craft and Design, with an exclusive showroom of Junker Studio Ironwork. Monthly “Featured Artists.” Photography, jewelry, textiles, blown glass, pottery, soaps, and more. Owned and operated by Elise & Payne Junker. Gallery is open every day 10-5 pm, closed Tuesdays. On Rt. 103, just south of town. (802) 875-7400. Gallery103.com.

CRAFTSBURY COMMON. Community Dinner. On the third Wednesday of every month, we gather for a free community supper. Really; it's free! We have a great time with old and new friends. The food is great; the fellowship is wonderful—and you don't have to wear fancy clothes! 6 pm. United Church of Craftsbury, 7 Church Lane. (802) 586-8028.

DANBY. Mountain View Ranch & Sun Bowl Ranch. Horse-drawn wagon rides, all-season trail rides, lessons, boarding, special events. 502 East St. off Brook Rd. Call to reserve. (802) 293-5837. riding@mountainviewranch.biz. www.mountainviewranch.biz.

DANBY FOUR CORNERS. Danby Dog Art Studio. Folk Art, Primitive Paintings & Reproductions by Susan Houghton Debus. Open most days—but please call ahead. Studio is located at 1764 Tinmouth Rd. 1.5 miles north of the Four Corners Store. (802) 293-2489.

DANBY FOUR CORNERS. Chipman Stables, 33 Danby Pawlet Rd. Trail rides, kid's camps, lessons, boarding & horses for sale. New indoor arena. Open daily, reservations appreciated. (802) 293-5242. www.chipmanstables.com.

EAST CHARLESTON. NorthWoods Stewardship Center. Programs, workshops and special events in all seasons. Everyone is welcome to attend. 154 Leadership Dr. (802) 723-6551. www.northwoodscenter.org.

EAST THETFORD. Cedar Circle Farm and Education Center. A certified organic, fifty-acre vegetable and berry farm. Farmstand and Hello Coffee Shop (with wireless internet), gardening and cooking classes. 10th Annual Pumpkin Festival October 7. Open Mon–Sat 10 am – 6 pm, Sun 10 am – 5 pm. Cedar Circle Farm & Education Center, 225 Pavilion Rd. off Rt. 5. (802) 785-4737. growing@cedarcirclefarm.org. www.cedarcirclefarm.org. Open through October.

FERRISBURGH. Rokeby Museum, a National Historic Landmark, one of the best-documented Underground Railroad sites in the country. The farm was home to a family of Quakers, farmers, abolitionists, authors, and artists. Furnished house and outbuildings, exhibits, tours, hiking trails, and special events. House tours Thurs–Sun 11 am, 12:30 pm, 2 pm. Fee: \$6 adults, \$4 seniors/students, \$2 children 12 and under. Open Tues–Sun, 10 am – 4 pm. Grounds open year round during daylight. Rokeby Museum, Rt. 7. (802) 877-3406. rokeby.org. Open through October 14.

GLOVER. Bread & Puppet Museum, Rt. 122. One of the largest collections of some of the biggest puppets in the world. Events and exhibits. Performances during the summer. Open winter by appointment. Free admission, donations welcome. (802) 525-3031. www.breadandpuppet.org.

GLOVER. The Museum of Everyday Life. New exhibition, “Healing Engine of Emergency—the incredible story of the Safety Pin.” A self-service museum, open every day from 8 am -8 pm. At 3482 Dry Pond Rd. (Rt. 16) a short distance south of the Shadow Lake Rd. For more information call (802) 626-4409. www.museumofeverydaylife.org.

GRAFTON. Grafton Ponds Outdoor Center. A year-round recreation center. Enjoy mountain biking, bike terrain park, hiking, canoeing, swimming and kids camps. 783 Townshend Rd. (802) 843-2400. graftonponds.com

GRAFTON. Grafton Valley Arts Guild invites you to visit the Cricketers Gallery in historic Grafton Village at 45 Townshend Road. Open Thursday thru Sunday from 10 am – 4 pm. (802) 843-4824. www.graftonvalleyartsguild.com.

GRAFTON. The Nature Museum at Grafton. Exhibits, gift shop, family activities, and special events. Admission: adults \$5, seniors/student \$4, children 3-12 \$3, family \$15. Open Wed. & Sat. 10 am – 4 pm and Sun. 10 am – 1 pm through October. The Nature Museum, 186 Townshend Rd. (802) 843-2111. www.nature-museum.org.

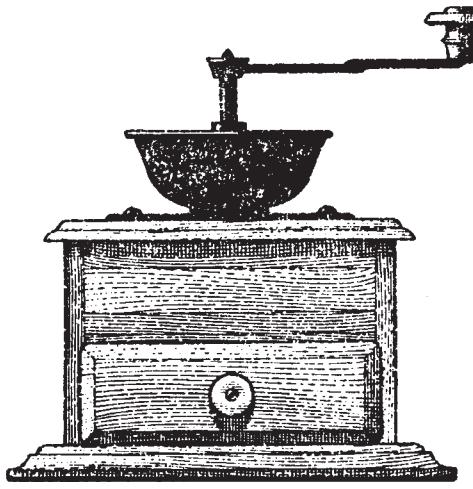
GRANVILLE, NY. The Slate Valley Museum. Exhibits, events, demonstrations, programs, First Fridays, and gift shop. Tues-Fri 1-5 pm, Sat 10 am – 4 pm. Adm. \$5, under 12 free. 17 Water St. (518) 642-1417. slatevalleymuseum.org.

HANOVER, NH. Social Singing from The Sacred Harp. Early American hymns in the shape note tradition. Free and open to the public, no experience necessary, loaner books provided. 7-9:30 pm. Hanover Friends Meeting House, 43 Lebanon St. danhertzler@gmail.com. Second Thursdays.

HARTLAND. Upper Valley Seed Savers meet on the second Thursday of the month at 5 pm at member's gardens. Our mission is to further knowledge about seed saving and to work on projects that will help develop a body of locally-adapted open-pollinated vegetable seeds. For information, or if you can't come to meetings but would like to receive a monthly email with our minutes which contain information on our projects, please contact Sylvia Davatz at sdav@valley.net or call (802) 436-3262.

HUBBARDTON. Hubbardton Battlefield State Historic Site. The only Revolutionary War battle fought entirely in Vermont. Bring your flag to be raised over the Hubbardton Battlefield and receive a certificate. Adults \$2, 14 and under free. Hubbardton Battlefield State Historic Site, 5696 Monument Hill Rd. (802) 273-2282. historicsites.vermont.gov. Through October 8.

HUNTINGTON. Monthly Bird Monitoring Walk. Help monitor birds in the different habitats at the Green Mountain Audubon Center. Our monthly walks gather long-term data on the presence of bird species, their abundance, and changes in populations. Donation appreciated. 8-10 am. Green Mountain Audubon Center, 255 Sherman Hollow Rd. (802) 434-3068. Vermont@audubon.org. vt.audubon.org.



UVM FOOD FEED
Sustainable Food Systems & The University of Vermont
learn.uvm.edu/foodsystenbsblog

The Yellow Deli
Delicious Food in Rustic Comfort.
23 Center St
Rutland, Vt
802-775-9800
www.YellowDeli.com
Open 24 Hours Daily from
Sunday at 5 pm thru Friday at 3 pm

Birding Hot Spots in Rutland County

Rutland County Audubon is developing a list of places to bird in our area—places that are special to us and are representative of variety of habitats we are fortunate to have in our area. These are places that are publicly accessible; some large, some small. A few involve hiking and others can be canoe or kayaked.

The spots are selected because they host special birds or habitats. Some are chosen because they are a good place to take kids or a place for a quick break from our everyday lives.

We hope you will visit these places and report your sightings to www.ebird.org as well so that we can increase the knowledge of the

birds of Rutland County. If there is a place that is special to you, please let us know!

Pomainville Wildlife Management Area

Pomainville Wildlife Management Area, comprised of 356 acres in Pittsford, VT, is a change from the wooded habitats most of us associate with the Green Mountain State. This recently preserved land is comprised of old agricultural fields, now floodplain wetland and grassland, along the Otter Creek.

This is a great spot to see Bobolinks and hear their bubbling song. It is also worthwhile to visit the area in late September through October for migrating sparrows. In October 2009 a Le Conte's Sparrow and a Nelson's Sparrow was recorded at Pomainville. Recent improvements have made this an ideal habitat for a variety of ducks, including Mallard, Wood Duck, and Hooded Merganser, which



all breed here. American Bittern, Green Heron, Pied-billed Grebe, Virginia Rail, and Wilson's Snipe can also be observed near the small ponds.

The trees surrounding the along Otter Creek support a good number of Warbling, Red-eyed and Yellow-throated vireos as well as Baltimore Oriole. Blue-gray Gnatchatters have nested here. Alder and Willow flycatchers, more often heard than seen, utilize the shrubs that dot the area.

Pomainville WMA is frequently flooded; tall waterproof boots are helpful. Also, the area is used by hunters. Check the Vermont Fish & Wildlife Department for hunting schedules.

Directions: Pomainville WMA is on the west side of Rt. 7 between Pittsford and Brandon. There is a parking area and information kiosk.

For more information visit Rutland County Audubon Society's website at www.rutlandcountyaudubon.org.

SIMON the TANNE
Your Family Outfitters

Boots • Shoes • Sandals
Slippers • Hikers • Casuals
for the whole family

19 Center St., Rutland, VT • Across From the Paramount Theater
(802) 282-4016 • Mon, Tues, Wed 11–6, Thurs 11–8, Fri 11–3

Ahnu **KEEN** **KLOGS**
dansko **MERRELL** **DARN TOUGH VERMONT** **smartwool**
Carhartt

Jump Fore Fun
Indoor Family Fun & Party Center

Indoor Mini-Golf • Party Rooms
8 Bounce Houses • Rentals
Public Play Hours:
Thursday thru Sunday—call for times

Howe Center Bldg #10, Rutland, VT (802) 772-7339
www.jumpforefun.com

Opening at Our New Location Sept. 13:
132 Granger St., Rutland, VT

Southern Vermont Dairy Goat Association
www.vtgoats.org

Vermont Country Calendar

HUNTINGTON. Birds of Vermont Museum. Features over 500 carved wooden birds, representing 259 species. Visit the museum, come to our special events and bird walks, children's programs. Enjoy the gift shop and video. Public restrooms, refreshments, and trails with maps available. Admission: adult \$6, senior \$5, child 3-17 \$3. Open 10 am - 4 pm. The Birds of Vermont Museum, 900 Sherman Hollow Rd. (802) 434-2167. www.birdsofvermont.org. Through October 31.

ISLE LA MOTTE. St. Anne's Shrine. Historic shrine built in 1893 commemorating the French fort and chapel built in 1666. Mass, summer reflection, rustic grottoes, grounds to explore, picnic area. Snacks and ice cream daily. Gift shop. The shrine is at 92 St. Anne's Rd. (802) 928-3362. www.saintannesshrine.org. Through October 8.

KILLINGTON. Killington Hay Festival. Giant hay sculptures on display throughout town. (802) 422-2185. September 1 through October 8.

LANDGROVE. Horse-Drawn Wagon and Carriage Rides. Rides leave on the hour from Landgrove Inn. Call for reservations. (802) 824-4663. www.karlpfistersleigh.com.

LEBANON, NH. Listen Community Dinner. Nutritious free meals served from 5-5:30 pm every Tuesday and Thursday. At Sacred Heart Church on Hough St. (603) 448-4553. www.listencs.org.

LEBANON, NH. ValleyNet Community Technology Center. 10-seat computer lab in the new Grafton County Senior Citizens Council building, Campbell St., downtown. Center is open for walk-ins 9 am - 4:30 pm, Mon-Fri. Free. (802) 649-2126.

LEICESTER. Addison County Farm Animal Homeopathy Study Group. Learn how other farmers are applying homeopathy to their herds or flocks. Discussion includes an in-depth look of at least one remedy, some theory and a case analysis. Meets the first Monday of each month and is open to all levels. 11:30 am - 1:30 pm at Taconic End Farm. For more info call Annie Claghorn, (802) 247-3979. foxclag@gmavt.net.

LUDLOW. Fletcher Farms School for the Arts and Crafts. Vermont's oldest residential arts and crafts school. Register for our arts and crafts classes. Craft & Gift Shop open through October 8. Monday-Saturday, 9 am - 4 pm. Fletcher Farm School for the Arts & Crafts, 611 Rt. 103 South. (802) 228-8770. www.fletcherfarm.org.

LYNDONVILLE. Lyndon Summer Farmers' Market at Lyndonville's Bandstand Park. Fresh local food, arts and crafts and live music. Fridays 3-6 pm, rain or shine. www.lyndonfarmersmarket.com. Through October 19.

MANCHESTER. Southern Vermont Art Center. Galleries, exhibits, classes, performances, gift shop, cafe, botany trail. Free admission to some exhibits. Open Tues-Sat 10 am - 5 pm. Yester House Galleries, Southern Vermont Arts Center, West Rd. (802) 362-1405. www.svac.org.

MANCHESTER. Fall Foliage Sampler Tour. Experience the fall foliage in Vermont while exploring the region's best-kept secrets. Your guide will be Dick Smith. 8-passenger tour vehicle. Fee. Daily 1-4 pm. (802) 362-4997. backroaddiscovery.com. September 27 through October 26.

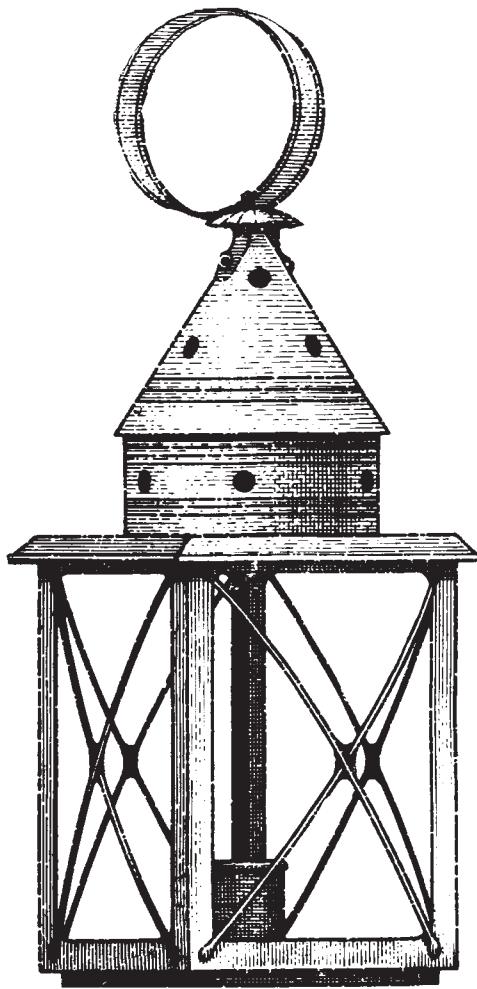
MANCHESTER. Boswell Botany Trail. A bucolic wildflower walk, stately white birches, native orchids, grasses and moss, and most of the 67 varieties of fern found in Vermont, all in a unique glacial microclimate. Explored at a leisurely pace by most walkers in a half-hour or less. At Southern Vermont Art Center, off West Rd. (802) 362-1405. www.svac.org.

MANCHESTER. Visit Historic Hildene, the summer home of Robert Todd Lincoln. Special activities, lectures, bird walks, museum store, visitor's center, and walking trails. Tickets: \$16 adults, \$5 youth under 14, children under 6 free. Grounds pass: \$5 adults, \$3 youth, children under 6 free. Open daily 9:30 am to 4:30 pm. Historic Hildene is off Rt. 7A, just south of the village. (802) 362-1788. info@hildene.org. www.vermontmuseum.org.

MARLBORO. Southern Vermont Natural History Museum. Perched on an overlook—on a clear day the horizon is 100 miles away! See mounted specimens of over 600 native New England birds and mammals, a Raptor Center with live hawks and owls, amphibian and reptile exhibit and fall wildflower exhibit. Free Wildlife Festival September 15. Hogback Mountain Gift Shop next door. Admission: adults \$5, seniors \$3, children 5-12 \$2, under 5 free. Open seven days a week through October, 10 am - 5 pm. Rt. 9, Hogback Mountain. (802) 464-0048. museum@sover.net. www.vermontmuseum.org.

MIDDLEBURY. Middlebury Farmer's Market. By the falls at the Marble Works. 9 am - 12:30 pm, every Saturday through October and every Wednesday through mid-October. For info contact market manager: Pam Taylor, (802) 388-0178. middleburyfm@yahoo.com. www.middleburyfarmersmarket.org.

MIDDLEBURY. Middlebury Arts Walk. Join us on the second Friday of the month through October. More than 40 venues will be displaying art. Stores remain open, becoming galleries displaying the work of dozens of area artists. 5-7 pm. Free. Downtown Middlebury. (802) 388-7951 x 2. info@middleburyartswalk.com. www.middleburyartswalk.com. Through October 8.



MIDDLEBURY. Henry Sheldon Museum of Vermont. The oldest chartered community history museum in the United States, welcoming visitors since 1882. Exhibits, research center, and museum shop. Saturdays 10 am - 5 pm. Henry Sheldon Museum of Vermont History, 1 Park St. (802) 388-2117. www.henrysheldonsmuseum.org.

MIDDLEBURY. Vermont Folklife Center. Exhibits, gallery, archives & research center, programs, and Heritage Shop. Free admission. Open Mon-Sat, 10 am - 5 pm, Sun 11 am - 4 pm. At 88 Main St., downtown. (802) 388-4964. info@vermontfolklifecenter.org. vermontfolklifecenter.org.

MONTPELIER. Capital City Summer Farmers' Market. At corner of State St. & Elm St. in downtown Montpelier. Every Saturday 9 am - 1 pm. (802) 223-2958. manager@montpelierfarmersmarket.com. www.montpelierfarmersmarket.com. Through October.

MONTPELIER. Library Book Sale. Thousands of books, CDs, DVDs, maps, sheet music and more. Books organized by subject for easy browsing. Kellogg-Hubbard Library, 135 Main St. (802) 223-3338. www.kellogghubbard.org. September 10 - October 13, December 10 - January 12.

NORWICH. Norwich Summer Farmers Market. Local and organic produce, meats, cheeses, eggs, handicrafts, baked goods, prepared foods, and live music. Saturdays 9 am - 1 pm. Rt. 5, one mile south of Norwich village. (802) 384-7447. www.norwichfarmersmarket.org. Through October.

NORWICH. Social Singing from The Sacred Harp. Early American hymns in the shape note tradition. Free and open to the public, no experience necessary, loaner books provided. Not a performance or church function, just fellowship in song. 1:30-4:30 pm. Parish Hall of St. Barnabas Episcopal Church, 262 Main St. For information contact Daniel Hertzler at danhertzler@gmail.com. Fourth Sundays.

NORWICH. Montshire Museum of Science. Exhibits, trails, programs, and museum store open 10 am - 5 pm daily. Admission \$12 adults, \$10 children 2-17, children under 2 are free. One Montshire Rd. (802) 649-2200. www.montshire.org.

NORTH SPRINGFIELD. Ascutney Mountain Audubon Society North Springfield Kettle Bog. A boreal kettle bog, an artifact of the last glacial age 10,000 years ago. To allow viewing of the many interesting bog plants, including some remarkably large pitcher plants, AMAS constructed a boardwalk through the bog. A walking trail leads to and around the bog with many views of both the bog as well as surrounding spruce and pine groves. Directions: from Springfield take Rt. 11 west to Riverside Middle School. Turn right onto Fairground Rd. Go two miles to a small parking lot on the left just before the town garage. The short trail to the bog begins at the green sign showing a pitcher plant. For more info e-mail amas@vermontel.net.

ORWELL. Mount Independence State Historic Site. In 1776, this military complex was one of the largest communities in North America. 300 acres of pasture, woodlands, spectacular vistas of Lake Champlain and trails, some wheelchair accessible. Visitor's Center and Museum with archaeological artifacts. Open daily 9:30 am - 5 pm. Admission: adults \$5, children 14 and under free. Mount Independence Rd., off Rt. 73. (802) 948-2000. historicsites.vermont.gov. Through October 8.



LOOSE WOMAN

She acquired a farm, we never knew how;
She garnered some stock and learned to plow.
She never dressed as a woman should—
Couldn't wear skirts when gettin' out wood!
She had left her church, and also a man—
Didn't hold with divorce in one life's span.
Never kept house as the neighbors did;
Always yelling at her half-wit, "Sid".
Then Bert was born, sired by some dolt.
Gossips squinted and said, "Woods colt"!
She sure could curse to raise the dead,
But there was sense in what she said.
"Damn you, Will! Get over here.
You son-of-a-gun, go get that steer!
Milk pails ain't washed and the barn's not cleaned.
And feed those calves that have just been weaned!"
She did the work of several men
And then was ready to start again.
And children were told, as parents will,
"You must not stop at that house on the hill."
But they did stop in, on their way from school,
Forgetting, on purpose, that idle rule.
They were welcomed and warmed;
They saw nothing bad
In the chocolate cake and the milk they had.
She never gossiped. She had no time.
Harvests to be gathered, fields spread with lime.
Her only friends were the children and dogs,
The Holstein cows, and the Berkshire hogs.
But she raised her kids as well as the other;
They drifted away, ashamed of their mother.

—BETTE STALDER WRIGHT, 1962

REAL TEXAS BARBEQUE!
Mama T's COUNTRY KITCHEN
Done Low & Slow!

254 S. Main St., Rutland, VT • (802) 353-6262
Open Tues-Sat, 11-8 • See us on [Facebook](#)

We Now Deliver

Wood & Pellet Stoves & Boilers

Vermont Stove Shop

Located near Trolley Sq./Fairgrounds
162 S. Main Street, Rutland, VT
(802) 747-0440 • (802) 293-5213

Open Tues-Sat afternoons.

VERMONT GUN SHOWS

September 8th & 9th
Franklin Conference Center at The Howe
1 Scale Avenue, Rutland, Vermont 05701
September 29th & 30th
American Legion Post #67
Chester, Vermont 05143
FREE GUN APPRAISALS
802-875-4540 or 802-380-8351
For More Information and Directions Visit www.greenmtgunshowtrail.com

\$1.00 OFF ADMISSION WITH THIS AD

Boardman Hill Farmstand

Locally Owned & Grown Organic Produce & Plants

399 Business Rt. 4, Rutland, VT

boardmanhillfarm.com

(802) 747-4442

Between Trader Rick's Furniture & The Village Snack Bar

Open Daily 9-6



Organic Autumn Produce
Perennial Flowers • Mums
2012 Maple Syrup • Pickles & Relishes
Organic Milk • Local Cheeses • Organic Meats
Eggs • Vermont-made Crafts • Pottery
Organic Gardening Supplies, Potting Soil & Fertilizer

Vermont Country Calendar

(Ongoing events continued)

PERU. The Mountain Adventure Park and Aerial Adventure Park. Open 10:30 am - 5 pm., till 7:30 pm on Fridays, and 5:30 on Saturdays. Bromley Mountain, Rt. 11, bromley.com.

PITTSFORD. New England Maple Museum. World's largest maple museum. Antiques, paintings, slide show, folk art exhibits, maple syrup samples. A simulated boiling process, "sap to syrup" is presented all year. Tour through Vermont's famous maple industry and visit our gift shop. Halloween and Fall Celebration starting Sept. 15. Maple Sugar making demonstration, no charge, from 10:30 am - 3 pm, Wednesdays through October 10. Admission adults \$2.50, children under 12 years 75¢, under 6 free. Open 8:30 am - 5:30 pm daily. New England Maple Museum, 4578 Rt. 7, south of town. (802) 483-9414. info@maplemuseum.com. www.maplemuseum.com.

PLAINFIELD. Monthly Sacred Harp Sing. A free event, with beginners and loaner books available. The second Sunday of every month at 3 to 5 p.m. at the Community Center above the Co-op in Plainfield. For more information, call (802) 426-3850. lynnnettecombs@gmail.com.

PLYMOUTH. President Calvin Coolidge State Historic Site. Admission: adults \$7.50, children 6-14 \$2, under 6 free, family pass \$20. 9:30 am - 5 pm. President Calvin Coolidge State Historic Site, Rt. 100A. (802) 672-3773. historicsites.vermont.gov. Open through October 14.

POULTNEY. Free Historical Audio Walking & Driving Tours. View and learn about Main Street Poultney, East Poultney Village, and the Quarries, Farms & Forests. (802) 287-5252, (802) 287-2010. www.poultneyvt.com. www.poultneyhistoricalsociety.org.

POULTNEY. Farmers Market. Thursdays 9 am - 2 pm along Main St. For info call Kris at (802) 468-5805. www.vtfarmersmarket.org. Through late October.

PUTNEY. Green Mountain Orchards Farm Store. Open all year with berries, plums, local apples and cider, and apple pies & other baked goods. 130 West Hill Rd. (exit 4, I-91), look for signs in Putney Village. (802) 387-5851. www.greenmtorchards.com.

QUECHEE. Vermont Institute of Natural Science Nature Center. Exhibits, programs, nature trail, nature store. Admission: adults \$10.50, seniors \$9.50, youth - (3-18) \$8.50, children 3 and under free. 10 am - 5:30 pm, 7 days a week. VINS Nature Center, 6565 Woodstock Rd., Rt. 4, 1/4 mile west of Quechee Gorge. (802) 359-5000. info@vinsweb.org. www.vinsweb.org.

RANDOLPH CENTER. Turkey Hill Farm. Farmer's Kitchen cooking classes. Farm skills workshops. Spacious farm-stay apartment for short-term stays. Chapter meetings for the Weston A. Price Foundation. Stuart and Margaret Osha, 55 Turkey Hill Rd. (802) 728-7064. localfood@turkeyhillfarmvt.com. www.turkeyhillfarmvt.com.

ROCHESTER. Art Exhibits. Summer Reading Series through September 2. Big Bike Show through September 30—BigTown Gallery presents a 2D & 3D multi-media & multi-staged exhibition of sculpture, painting, printmaking & drawing in dedication to the bicycle & Green Mountain Bikes. BigTown Gallery, 99 N. Main St. (802) 767-9670. www.bigtowngallery.com.

RUPERT. Merck Forest and Farmland. Camping, cabins, trails, farm, workshops and seasonal events. Visitor's Center and store with certified organic maple syrup, our own 100% wool blankets, and more. Open year round, dawn to dusk. 3270 Rt. 315, west of Manchester. (802) 394-7836. info@merckforest.org. www.merckforest.org.

RUTLAND. Annual Full House Exhibit. Features five local artists. The Chaffee Art Center, 16 South Main St. (802) 775-0356. www.chaffeeartcenter.org. Through September 29.

RUTLAND. Library Book Sale. Sponsored by the Friends of the Rutland Free Library. New books added. All proceeds go to support library activities and collections. Sept. 19, 4-8 pm; Nov. 2, 9:30 am - 4:30 pm; Nov. 3, 9:30 am - 2 pm; Dec. 5, 4-8 pm. In the basement, Rutland Free Library, 10 Court St. (802) 773-1860.

RUTLAND. Rutland Downtown Farmers Market. The largest in the state with over 90 vendors. Depot Park across from Walmart at Merchants Row. Saturdays 9 am - 2 pm and Tuesdays 3-6 pm. (802) 753-7269. www.vtfarmersmarket.org. www.rutlandcountymarkets.org. Saturdays through October 27 and Tuesdays through September 25.

RUTLAND. Chaffee Art Center—Rutland Area Art Association. Exhibits, classes, workshops, open studio evenings, gift shop. Gallery open Tues-Sat 10 am to 5 pm. 16 South Main St. (802) 775-0356. www.chaffeeartcenter.org.

RUTLAND. Himalayan Salt Cave. Come relax in the only public Himalayan Salt Cave in North America. Mon-Fri 10 am - 7 pm, Sat & Sun 10 am - 6 pm. \$10. Pyramid Holistic Wellness Center, 120 Merchants Row. For reservations call (802) 775-8080. www.pyramidvt.com.

SAXTONS RIVER. Main Street Arts. Concerts, workshops, lectures, and classes for adults, teens, and children. Something for every interest. (802) 869-2960. www.mainstreetarts.org.

SHELBURNE. Shelburne Farms. Welcome Center, Farm and Farm Store. Family programs, workshops, events. Open year round 10 am - 5 pm. Enjoy eight miles of walking trails in woodlands and meadows. Walkers, check in with the Welcome Center. Admission. Shelburne Farms, 1611 Harbor Rd. off Rt. 7. (802) 985-8686. www.shelburnefarms.org.

SOUTH BURLINGTON. UVM Apple Sales. \$1.25 per pound for all fruit. Bulk orders are welcome. In addition to our IPM fruit, we will also have our Certified Organic crop. Every Friday through October from 10 am to 4 pm at the UVM Horticulture Research Center, Green Mountain Dr. off Rt. 7. Terry Bradshaw, (802) 658-9166. tbradsha@uvm.edu.

SOUTH WALLINGFORD. Line Dancing every Tuesday. Beginners and experienced. \$5 per person, snack bar available. 6:30 pm at the Maple Valley Grange Hall, Rt. 7. (802) 446-2872. www.wallingfordvt.com.

SPRINGFIELD. Stellafane. A place and an organization devoted to amateur astronomy, founded by Russell W. Porter in 1923, and considered by many to be the "Birthplace of Amateur Telescope Making." Home to The Springfield Telescope Makers, Inc., an active amateur astronomy and telescope-making club that sponsors many events, classes, activities, and a yearly convention in August. Springfield Telescope Makers, Inc., PO Box 601, Springfield, VT 05156. Webmaster@stellafane.com. www.stellafane.com.

SPRINGFIELD. Eleanor Ellis/Springweather Nature Area. Overlooks North Springfield Lake. Trails meander through 70 acres of fields and forests. Reservoir Rd, off Rt 106, turn at the sign for North Springfield Lake. Free to the public. (802) 263-5321. weathersfieldvt.org.

ST. JOHNSBURY. The Stephen Huneck Gallery at Dog Mountain and Dog Chapel. Free. Open Mon-Sat 10 am - 4 pm and Sun 11 am - 4 pm. The Stephen Huneck Gallery at Dog Mountain, 143 Parks Rd. (802) 748-2700. dogmt.com.

STRAFFORD. Justin Smith Morrill Homestead State Historic Site. Admission. Open Saturday and Sunday 11 am - 5 pm. 214 Justin Morrill Highway. (802) 828-3051. historicsites.vermont.gov. Open through October 8.

VERGENNES. Lake Champlain Maritime Museum. Field trips, shipwreck tours, programs, special events, museum store. Nautical Archeology Center, Key to Liberty exhibit, replica 1862 Lois McClure schooner, Steam to Gasoline exhibit. Lake Champlain through the Lens—A Juried Photography Show from September 2—October 13. Admission: adult \$10, seniors \$8, students 5-17 \$6, under 5 free. Open daily 10 am - 5 pm. Lake Champlain Maritime Museum, 4472 Basin Harbor Rd. (802) 475-2022. www.lcmm.org.

2012-2013 SEASON On Sale Now!



GOLD SPONSORS: RUTLAND HERALD CARRISREELS

SEASON SPONSORS:

Citizens Bank GE Aviation

FOLEY

POPULAR MUSIC SERIES

Mary Chapin Carpenter
An Evening with Bruce Hornsby
Big Head Todd & The Monsters
Weird Al Yankovic: The Alpocalypse Tour
Keb' Mo'
Arlo Guthrie: A Tribute to Woody Guthrie's 100th Birthday
Eddie Money
Vermont Symphony Orchestra featuring Peter Yarrow: Songs of Freedom
Tommy Dorsey Orchestra

FAMILY SERIES

9/13/2012 New York Theatre Ballet: The Nutcracker
9/29/2012 Tap Dogs
10/6/2012 Popovich Comedy Pet Theatre
10/21/2012 The Peking Acrobats
11/7/2012 Celtic Nights
11/11/2012 The Ugly Duckling

11/30/2012
12/7/2012
2/8/2013
3/1/2013
3/15/2013
4/13/2013

THEATRE SERIES

4/6/2012 Vermont Broadway National Tour Premiere of Rock of Ages
4/26/2013 National Broadway Tour of Titanic The Musical
Middlebury Actor's Workshop: Richard III
Opera Theatre of Weston: Noye's Fludde
The Full Monty - Directed by Saska Hagen Groom
National Broadway Tour of Fiddler On The Roof

9/4-5/2012
9/25/2012
11/9/2012
1/6/2013
2/15-16/2013
4/19/2013

PASSAGES AT THE PARAMOUNT

Classical Music Series
Mixt Ensemble
Capital Cities Concerts
Hahn-Bin
Veit Hertenstein

10/27/2012
11/18/2012
3/22/2013
4/14/2013

COMEDY SERIES

Norm Macdonald
Bob Newhart
Ralphie May
Ron White: Moral Compass Tour
Brewha III
John Pinette
The Capitol Steps

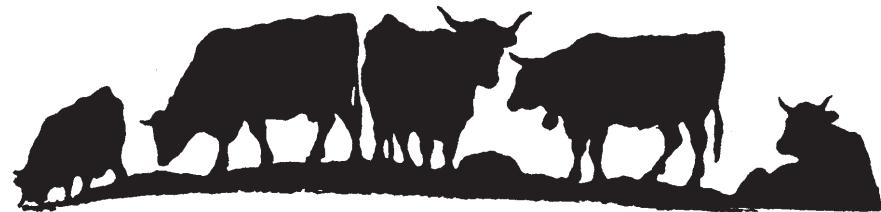
9/23/2012
10/5/2012
10/19/2012
11/14/2012
11/24/2012
1/19/2013
2/1/2013

11/30/2012
12/7/2012
2/8/2013
3/1/2013
3/15/2013
4/13/2013



paramountlive.org

30 CENTER ST, RUTLAND, VT | 802.775.0903



THE OLD BRINDLE COW

Of all old memories that cluster round my heart,
With their root in my boyhood days,
The quaintest is linked to the old brindle cow
With sly and mysterious ways.
She'd linger round the lot near the old potato patch,
A sentinel by night and by day,
Watching for the hour when all eyes were asleep,
To start on her predatory way.

The old brush fence she would scorn in her course,
With turnips and cabbage just beyond,
And corn that was blooming through the halo of the night—
What a banquet so choice and so fond,
But when the stars of morn were paling in the sky
The old bridle cow would take the cue,
And dressing up her line she'd retreat beyond the fence,
For the old cow knew just what to do.

What breed did you say? Why the very best blood
That could flow in a democratic cow;
No herd-book could tell of the glory in her horns
Or whence came her pedigree or how:
She was Jersey in her milk and Durham in her build,
And Ayrshire when she happened in a row,
But when it came to storming the old "slash" fence
She was simply the old bridle cow.

It seems but a day since I drove her to the gate
To yield up her rich and creamy prize;
For her theft at midnight hour she would yield a double dower,
With peace of conscience lurking in her eyes.
But she's gone disappeared with the ripened years of time,
Whose memories my heart enthrall e'en now;
And I never hear a bell tinkling through the forest dell
But I think of that old bridle cow.

—THOMAS O'HAGAN

Vermont Country Calendar



WEATHERSFIELD. Weathersfield Trail, Cascade Falls Rd. Probably the most scenic trail up Mt. Ascutney. Highlights include Little Cascade Falls (.04 miles), Crystal Cascade Falls (an 84 foot high waterfall at 1.1 miles), Gus's Lookout and the West Peak Vista where hang gliders launch in the summer. Great observation platform on the summit for hikers. VT Dept. of Forest, Parks and Recreation at (802) 886-2215. www.weathersfieldvt.org.

WELLS. Wells Village Farmers Market. Saturdays 9 am – 1 pm. At the Wells Country Store on Rt. 30. (802) 325-3478.

WEST BRATTLEBORO. Tasha Tudor Museum. On Exhibit through October 20: "For the Love of Frocks—Tasha Tudor's Favorite Dresses." Admission: adults \$5, children 6-12 and seniors over 65 \$3. Children under 5 free. Open Wednesday-Saturday 11 am – 4 pm. Also open free the first Friday of the month for Gallery Walk 4-7 pm. In the Jeremiah Beal House at 974 Western Ave. (802) 258-6564. ashatudormuseum.org. Open through October 20.

WEST NEWBURY. Eastern Square Dance. Traditional singing squares, waltzes, polkas, foxtrots, two-steps, Virginia Reel, Portland Fancy, Paul Jones, others. All dances taught. With Adam Boyce, fiddler/caller, Donna Weston on piano. Admission by donation, all ages welcome. 8 pm at the Community Hall at 219 Tyler Farm Rd. (802) 429-2316 or adamlboyce@juno.com. Fourth Saturdays.

WEST PAWLET. West Pawlet Community Farmers Market. Fresh, honest food and goodies brought to you from your local farmers, chefs, and crafters. Good food, good hospitality, good neighbors. Every Friday from 4-7 pm, indoors and outdoors, year-round. West Pawlet Fish & Game Club (next to the Post Office), 2849 Rt. 153. "Like" us on Facebook. wpcfmkt@gmail.com.

WEST RUTLAND. Reiki Healings. Herbal remedies and teas, crystals and stones. Vermont Herbal General Store, 518 Main St. (802) 438-2766. [www.vermontherbal.com](http://vermontherbal.com).

WEST RUTLAND. Home Buyer Education Classes. Call for schedule. NeighborWorks office at 110 Marble St. (802) 438-2303 x 216. www.nwwvt.org.

WHITE RIVER JUNCTION. Public Sitting Meditation. Free meditation instruction is available at most of these times: Tues 5:30-6:30 pm, Thurs 12-1 pm, Sun 9 am - 12 pm. Shambhala Meditation Center of White River, 158 S. Main St. (802) 785-4304. whiteriver.shambhala.org.

WHITE RIVER JUNCTION. Main Street Museum. A small, public collection of curiosities and artifacts, each one significant and telling a story about human beings and the universe we are part of—an alternative experiment in material culture studies. Open Thurs-Sun 1-6 pm. Parking adjacent to the rear of the building. Located at 58 Bridge St., Studio 6, near the underpass. (802) 356-2776. info@mainstreetmuseum.org. www.mainstreetmuseum.org.

WHITE RIVER JUNCTION. Upper Valley Co-op's First Friday Celebration. Live music by local artists, samples of local foods, discounts. 4-6 pm at the Upper Valley Food Co-op. The First Friday of every month is celebrated by businesses in White River Junction. (802) 295-5804. [Kye@uppervalleyfood.coop](http://uppervalleyfood.coop). www.uppervalleyfood.coop.

WHITE RIVER JUNCTION. Listen Community Dinner. Free nutritious meals served 5-6 pm every Monday and Wednesday. Take-home available. St. Paul's Episcopal Church, 749 Hartford Ave. (603) 398-2780. www.listencs.org.

WILMINGTON. Scenic Horseback Trail Rides. \$25/40 minutes. Children over 6 can ride alone. Pont rides for younger children. Year round by reservation. Flames Stables, Rt. 100 south. (802) 464-8329.

WINDSOR. Sculpture in the Garden Show. Regional sculptors from Vermont and New Hampshire will be exhibiting in the gardens in a group summer sculpture show. Open Thurs. thru Sun. 10 am – 6 pm. Cider Hill Gardens & Gallery, 1747 Hunt Rd., off State St. (800) 232-4337. flowers@ciderhillgardens.com. www.ciderhillgardens.com. Through October 28.

WINDSOR. Cider Hill Gardens & Gallery. Potted herbs, vegetable starts and unusual perennials in addition to very large collections of primroses, wildflowers & woodlanders, peonies, daylilies and hostas. Meander through well-established display gardens nestled within our wild apple orchard, woodlands and fields. Open Thurs-Sun 10 am – 6 pm, through October. At 1747 Hunt Rd., off State St. (800) 232-4337. flowers@ciderhillgardens.com. www.garymilek.com. ciderhillgardens.com.

WINDSOR. Old Constitution House State Historic Site. The restored Old Constitution House looks as it did more than 200 years ago. See an exhibit recounting the writing of the most progressive constitution of its time. Open 11 am – 5 pm, Sat-Sun. Admission: adults \$2.50, children 14 & under are free. 16 N. Main St. (802) 672-3773. historicsites.vermont.gov. Through October 8.

WINDSOR. American Precision Museum. Peruse many historical and interesting exhibits and collections. Special events. Admission: adults \$6, students \$4, under 6 free, family \$18. Open daily 10 am – 5 pm. 196 Main St. (802) 674-5781. www.americanprecision.org. Through October 31.

WILMINGTON. Adams Farm. Horse-drawn wagon rides to the trout pond and around the farm. Evening wagon rides and bonfire. Saturday and Sunday morning fishing without a license in our own trout pond. Tour the livestock barn, see the animals, and visit the farm store. Special events. Call for rates and reservations. Adams Farm, Higley Hill Rd. (802) 464-3762. adamsfamilyfarm.com.

WOODSTOCK. 26th Annual Quilt Exhibition. This highly-anticipated juried exhibition of more than 50 quilts made exclusively in Windsor County will celebrate 26 years of quilting excellence at the Billings Farm. Quilting demonstrations, programs, and activities for children and adults. Admission \$12 adults, \$11 seniors, \$6 children 5-15, \$3 children 3 & 4, children 2 and under free. Open daily 10 am – 5 pm. Billings Farm & Museum, Rt. 12 & River Rd. (802) 457-2355. billingsfarm.org. Through September 23.

WOODSTOCK. Billings Farm & Museum. Premiere Jersey dairy farm, restored 1890 farmhouse, family programs, wagon rides, special events and museum. Admission (includes all activities) \$12 adults, \$11 seniors, \$6 children 5-15, \$3 children 3 & 4, children 2 and under free. Open daily. Billings Farm & Museum, Rt. 12 & River Rd. (802) 457-2355. [www.billingsfarm.org](http://billingsfarm.org).

WOODSTOCK. Woodstock Market on the Green. Downtown on Rt. 4. Wednesdays 3-6 pm. Market manager: Lalita Karoli (802) 457-2508. lalitakaroli@yahoo.com. www.woodstockvt.com. Through October 10.

WOODSTOCK. 29th Annual Mt. Tom Farmers Market. 25 vendors offering produce, take out and eat in foods, eggs, meat products, breads, and much more! Handicap accessible, restrooms available, free parking. Saturdays 9:30 am – 12:30 pm. Mt. Tom parking lot on Rt. 12 North. mttomfarmersmarket.com. Saturdays through October 13.

WOODSTOCK. First Run Movies at the Woodstock Town Hall Theatre. Old-fashioned big-screen movie-going experience with state-of-the-art Dolby surround sound. Adults \$8, seniors \$7, students \$6. Famous maple popcorn! (802) 457-3981. www.pentanglearts.org.

WOODSTOCK. Hand-in-Hand Community Meal. All are welcome. Free, donations accepted. Every Thursday, 5-7 pm in the Social Hall of the Unitarian Church, 7 Church St. (802) 457-2557.

SATURDAY, SEPTEMBER 1

BELMONT. Baked Ham Dinner. Baked ham with all the fixings and home-baked pies for dessert. Served family style. At the Odd Fellows Hall in Belmont with settings starting at 5 pm and 6 pm. Admission \$10 adults and \$5 children 11 years and under. For more information call (802) 259-3445.

BENNINGTON. 17th Annual Southern Vermont Garlic & Herb Festival. Garlic growers, garlic products, live music, herbal workshops, garlic ice cream, children's activities, workshops on growing & cooking garlic. Beer and Wine Garden under a tent with live music. Free parking. \$5/adult, children 12 and under \$1. 10 am - 5 pm. Rt. 9 just 1.5 miles west of the junction Rts. 7 & 9 at Camelot Village. (802) 688-7422. ovegarlic.com. Also September 2.

BRANDON. Concert at Otter Valley Winery—Woodchuck's Revenge. Free admission. 4 pm at Cozy Cottages and Otter Valley Winery. (802) 247-6644. www.brandon.org.

BRIDGEWATER. Annual North Branch Bluegrass Festival. 16 bands, 15 music workshops, songwriter's contest, rough camping, games, horseshoes. 10 am. 74 Chateaugay Rd. For tickets call (802) 672-3042. [info@nbbluegrass.com](http://nbbluegrass.com). www.pickvt.com. Also September 2.

BROOKFIELD. End of Summer Celebration. Giant flea market, craft sale. Chicken pie supper, \$10 adults. Country Gospel Music Concert. 9 am - 8 pm. VT Grange Center Camp, 308 West St. (802) 223-7961

ESSEX JUNCTION. Champlain Valley Fair. Hundreds of animals, free stages, the largest art show in Vermont, the huge craft show, more than 40 thrilling rides, concerts and shows! Open 10 am to midnight. At Champlain Valley Exposition, 105 Pearl St. (802) 878-5545. www.champlainvalleyfair.org. Through September 3.

HANOVER, NH. 3rd Annual Town of Hanover/Dartmouth College Yard Sale. 11 am – 3 pm rain or shine on the Dewey Field Parking Lot, located at the NW corner of the junction of S. Park St. (Rt. 120) and Lyme Rd. (Rt. 10N). www.sustainablehanovernh.org.

KILLINGTON. Killington Classic Motorcycle Touring Rally. Group rides, opening and closing concert events, marketplace, bike show, themed dinners and more, welcome parade & music. For information and schedule visit killingtonclassic.com. Through September 3.

NORTHFIELD. Northfield Labor Day Celebration. Three days of family-friendly free entertainment. Labor Day Parade, food, games, foot races and fun. Free admission, handicapped-accessible. Sat & Sun 10-10, Mon 10 am - 3:30 pm. Around the Northfield Commons, Depot Square. (802) 485-9206. northfieldlaborday.org. Thru September 3.

PLYMOUTH. 8th Annual Plymouth Folk & Blues Festival. Two days of celebration and music. Hayrides on Saturday, face painting, children's concert both days. The concerts are free, donation suggested. Rain or shine. 2-5 pm. President Calvin Coolidge State Historic Site, Rt. 100A. (802) 672-3773. www.plymouthfolk.com. historicites.vermont.gov. Also September 2.

RUTLAND. Vermont State Fair. Maple products judging, Grange exhibit judging, rabbit show, goat show, 4-H animal costume class. Allstar Weekend performs at 7:30 pm. Most days tickets are \$10, senior \$5, child \$4, parking \$3 with special day admissions; grandstand extra. (802) 775-5200. www.vermontstatefair.net. Through September 8.

RUTLAND. Rutland Downtown Farmers Market. The largest in the state with over 90 vendors. Depot Park across from Walmart at Merchants Row. 9 am – 2 pm. (802) 753-7269. rutlandcountymfarmersmarket.org. vtfarmersmarket.org. Saturdays through October 27.

MONDAY, SEPTEMBER 3

ESSEX JUNCTION. Champlain Valley Fair. Hundreds of animals, free stages, the largest art show in Vermont, the huge craft show, more than 40 thrilling rides, concerts and shows, strolling musicians, and much more! Midway and lots of fair food. Open 10 am to midnight. At Champlain Valley Exposition, 105 Pearl St. (802) 878-5545. www.champlainvalleyfair.org.

Vermont Country Calendar

(September 3, continued)

RUTLAND. Vermont State Fair. Open Horse Gymkhana 11 am, Open Dairy judging 11 am, 4-H Sheep show 11 am, Tractor Pulls 1 pm. Most days tickets are \$10, senior \$5, child \$4, parking \$3. Grandstand extra. (802) 775-5200. www.vermontstatefair.net. *Through September 9.*

TUESDAY, SEPTEMBER 4

EAST FAIRFIELD. Workshop: Incorporating Draft Horses onto the Small Farm. Horses are an integral part of Does' Leap Farm and are used for spreading manure, haying, land preparation, cultivation, and logging. George van Vlaanderen will cover the topics of buying a horse, housing, feeding (including grazing strategies), harnessing, horse-drawn equipment and resources for getting started as a teamster. NOFA-VT Summer Workshop Series. Fee: \$20. Rain date: September 11. 2-4 pm. Doe's Leap Farm, #1703 Rt. 108 South. (802) 434-4122. info@nofavt.org. nofavt.org.

LYME, NH. Sunday Concert Series: House Concert with Jay Kelly et. al. Buffet dinner at 6 pm followed by music at Post Pond. Adults \$18, kids 12 and under \$8. Loch Lyme Lodge, Rt. 10 just north of town. Please call for reservations. (603) 795-2141. lochlymelodge.com.

RUTLAND. Concert. The worldwide party musical Rock of Ages featuring a mix of 28 rockin' 80's tunes. Tickets: \$59.50/\$69.50. 7:30 pm. Paramount Theatre, 30 Center St. (802) 775-0903. www.paramountvt.org.

RUTLAND. Vermont State Fair. Z-Factor Karaoke Contest 7:30 pm. Admission \$1, rides \$1. (802) 775-5200. www.vermontstatefair.net. *Through September 9.*

RUTLAND. Rutland Downtown Farmers Market. Depot Park across from Walmart at Merchants Row. 3-6 pm. (802) 753-7269. rutlandcountymarkets.org. *Tuesdays through September 25.*

WEDNESDAY, SEPTEMBER 5

PITTSFORD. Maple Candy Making at the New England Maple Museum. Crystallizing pure Vermont Maple Syrup into Maple Sugar is demonstrated. Visitors can sample the final product fresh from the mold without touring the Museum on these Wednesdays. No charge. 10:30 am - 3 pm. Admission to the museum is: adults \$2.50, children under 12 years 75¢, under 6 free. Open 8:30 am - 5:30 pm daily. New England Maple Museum, 4578 Rt. 7, south of town. (802) 483-9414. info@maplemuseum.com. maplemuseum.com. *Thru October 10.*

RUTLAND. Vermont State Fair. Midway opens 12 pm. Free harness racing 1 pm. Free admission today only! (802) 775-5200. www.vermontstatefair.net. *Through September 9.*

SWANTON. Community Breakfast. Hot and cold breakfast foods. Cost is \$2.50 per person. 7-9 am. Holy Trinity Episcopal Church Parish Hall, 38 Grand Ave. (802) 868-7185 x 10. www.holytrinityswanton.org. *Also September 19.*

WOLCOTT. Workshop: Seed Variety Selection for Disease Resistance. Join Jodi Lew-Smith, Director of Research and Production at High Mowing Seeds, along with Vern Grubinger and Anne Hazelrigg from UVM Extension, for a discussion on choosing and producing seeds for disease resistance. Tour High Mowing's five acres of land dedicated to trialing and breeding. Fee: \$20, free for farmers and VVBGA members. 4-6 pm. High Mowing Organic Seeds, Marsh Rd. (802) 434-4122. info@nofavt.org. nofavt.org.

WOODSTOCK. Wagon Ride Wednesdays. Horse-drawn wagon rides around the farm. Admission (includes all activities) \$12 adults, \$11 seniors, \$6 children 5-15, \$3 children 3 & 4, children 2 and under free. 11 am - 2 pm. Billings Farm & Museum, Rt. 12 & River Rd. (802) 457-2355. info@billingsfarm.org. www.billingsfarm.org. *Wednesdays through September 26.*

THURSDAY, SEPTEMBER 6

BRANDON. Jazz Night at Brandon Music: Left Ear Trio featuring Michael-Louis Smith. Early bird dinner special. 7:30 pm. Call for tickets. Brandon Music Café at Brandon Music, 62 Country Club Rd. (802) 465-4071. brandon-music.net. *Thursdays through October 25.*

BURLINGTON. Workshop: Putting your Garden to Rest. Practical tips for season extension, cover cropping, what to leave in your garden and what you can move inside, and steps you can take to make spring planting easier. 4-6 pm. At Ethan Allen Homestead. (802) 434-4122. info@nofavt.org. nofavt.org. www.ethanallenhomestead.org.

RUTLAND. Vermont State Fair. Ox pulling 3 & 6 pm. Free Battle of the Bands 7:30 pm. Family Day: admission \$15 per person includes unlimited rides. (802) 775-5200. www.vermontstatefair.net. *Through September 9.*

FRIDAY, SEPTEMBER 7

BURLINGTON. 20th Annual South End Art Hop. Vermont's largest visual arts events. More than 500 artists exhibiting their work in nearly 100 businesses and studios. Free. Fri. 5 pm - 10 pm, Saturday 9 am - 10 pm, Sunday 10 am - 4 pm. 180 Flynn Ave. (802) 859-9222. www.seaba.com. *Through September 10.*

RUTLAND. Vermont State Fair. Horse pulling 11 am, 2:30 pm, 6 pm. Most days tickets are \$10, senior \$5, child \$4, parking \$3. Grandstand extra. Today only, \$4 admission till 4 pm. (802) 775-5200. vermontstatefair.net. *Thru Sept. 9.*

WOODSTOCK. Foodways Fridays. Discover how to use seasonal vegetables and herbs from our heirloom garden in historic recipes. Different take-home recipes each week! \$12 adults, \$11 seniors, \$6 children 5-15, \$3 children 3 & 4, children 2 and under free. 10 am - 5 pm. Billings Farm & Museum, Rt. 12 & River Rd. (802) 457-2355. info@billingsfarm.org. www.billingsfarm.org. *Fridays thru October 19.*

SATURDAY, SEPTEMBER 8

CHESTER. Bonnie's Bundles Dolls Reunion. A two-day event celebrating connections with dolls in families who own or collect dolls from Bonnie's Bundles Dolls over 44 years. Prizes, parades, photo shoots, sharing stories, music, food and good old-fashioned fun. Free. 9 am - 5 pm. 250 North St., Rt. 103N, The Stone Village. (802) 875-2114. www.bonniesbundlesdolls.com. *Also September 9.*

CHESTER. The Annual Steiff Party. Free Admission! Peruse the shop in the morning. Refreshments at Noon. Steiff presentation at 1pm. 2012 Steiff event bear. Steiff door prizes. RSVP to reserve your free goody bag. Special sale items. Come visit and have some fun! Hugging Bear B&B and Teddy Bear & Toy Shoppe, 244 Main St. (802) 325-0519. www.huggingbear.com.

EAST THETFORD. Community Cannery Day. Our cannery day is free and open to the public. No canning experience required. Work alongside kitchen staff to can the day's crop and go home with your share of the product. A light snack served at end of day. 11 am - 3 pm. Please pre-register. Cedar Circle Farm & Education Center, 225 Pavilion Rd. off Rt. 5. (802) 785-4737. growing@cedarcirclefarm.org. www.cedarcirclefarm.org.

MIDDLEBURY. Workshop: Overwintering and Second Year Management of Bee Hives. Ross Conrad will cover swarming, honey production and harvesting. Cost: \$20. Held at the Elmer Farm, a conserved, certified organic, 90 acre farm. Rain date: September 15. 12-3 pm. Elmer Farm, 855 Case St. (802) 434-4122. info@nofavt.org. nofavt.org.

MONTPELIER. Books and Brew. Join us on the library lawn for a Beer Garden with The Three Penny Taproom and The Mad Taco as we kick-off our Fall Foliage Book Sale. Scottish Fiddler Joanne Garton followed by Michael Jermyn on guitar. Books are arranged by genre for easy browsing. 6-9 pm. Kellogg-Hubbard Library, 135 Main St. (802) 223-3338. www.kellogghubbard.org.

Draft Animal Power Network Gathering, September 14-16

The Draft Animal Power Network (DAPNet) is planning their Sixth Annual Gathering and you're invited. This year's event will start around noon on Friday, September 14th and will run through Sunday, September 16. It will be held at the Perry Farm in Brownington, VT.

The event offers resources for farmers, loggers, and forest landowners pursuing the use of draft animals as part of their land-based livelihoods. The three days will be filled with draft animal demonstrations, field and forest intensives, and networking sessions.

A large audience comes each year including 4-H students, college students, young farmers looking to build skills and find mentors, resource individuals and businesses sharing their knowledge and tools, experienced farmers wanting to adopt new practices, and veteran teamsters sharing stories and experiences. We welcome spectators from the local community who come to see and learn more about draft animal-power and renewable energy.

Presenters are featured who use draft animals on a daily basis, among of the most skilled and informed people in the northeast. And, of course, there are the beautiful draft horses and oxen.

Friday's highlight is a tour of Webster Farm. There are thousands of pieces of horses driven farm equipment. Come see equipment that you never even dreamed about. This is a collection that has been kept under cover for years. Discuss mower gearing with 15+ models to compare. Plan on wearing good walking shoes. Friday evening there will be a potluck supper with music and visiting. T-shirts and hats will be available for purchase with our new DAPNet Logo.

Saturday morning we will have oxen and a single horse in the woods, plus we will do some plowing and some mowing and haymaking. With any luck Chuck Cox will bring his new Pioneer Homesteader so we can have a chance to see it in action. Saturday afternoon will include the annual meeting of members of DAPNet after lunch at 12:30 p.m. Come vote for the new board members and see where people are needed to make 2013 a successful year. After the meeting we will have a training session on training and starting young horses.

On Sunday morning we'll start off with a Sermon from the Mount, filled with spiritual reflections on six-footed partnerships. There will be another trip to the Webster farm for those that missed it on Friday or those that just want to see more. We will finish up any projects left from Saturday.

Directions: Perry Farm is located off I-91, Exit 26 (Orleans) in Brownington, VT. (Do not use Mapquest!!! You will arrive via Timbucktoo and an unused sleighride trail!!!) From Interstate 91 and the Village of Orleans: follow Rt. 58 East, through the village. Just after you leave the business district turn left/straight on East St. following signs for the Old Stonehouse Museum in Brownington Village. Go about two miles up the hill, bearing left at the stop sign, staying on the main road. About 1/2 mile after the stop sign in the center of Brownington Village, turn right on Old Stonehouse Rd. Go about 1/2 mile and turn left on Dutton Brook Lane. We are about 1/2 mile in, you can't miss it!

Please pre-register so that we can plan meals. Fees are \$35-\$50, meals additional. Camping available. For info

*Owned and operated by a registered pharmacist,
The Vermont Herbal General Store has all the answers you need!*

Usul & Karuna Reiki
Healings & Classes
Chinese Ear Coning
Animal Healings w/Remedies
House or Barn Calls

The Vermont
Herbal
GENERAL STORE

*Handmade Herbal Medicines
Crystals & Gemstones • Teas, Lotions, Capsules*

578 Main St., W. Rutland, VT • (802) 438-2766
Open Wed thru Sat 12-6, some Sundays, or call for appointment.
See us on Facebook and Twitter • www.vermontherbal.com

Roxies

French Fries Cut Fresh to Order

It's What We're Famous For!

Half Pint \$2.75 • Pint \$5.00

Quart \$7.50 • Cheese or Gravy \$1.00

**Ice Cream • Black Raspberry Creamees!
Burgers • Hot Dogs • Sandwiches**

Our Own Homemade Relish • New Extended Menu

Route 4A—Castleton, VT

West of Castleton Corners. (802) 468-2800

Open 11:30 am to 9:00 pm, 7 Days a Week

GREEN MOUNTAIN AWNING, INC

FLAGS! Vermont's #1 Source For
Flags • Poles • Accessories

We Have Flags of All Nations...
And All 50 States...& More!



We Canvas The Green Mountains & Beyond!

"Quality Service & Canvas Products Since 1935"
Take Down, Repair, & Storage Services

36 Marble St., W. Rutland, VT
802-438-2951 • greenmountainawning.com

BROWN'S ORCHARD & FARMSTAND

~ Fresh Apples & Cider ~

Fall decor, corn stalks, winter

squash and fall vegetables.

Jams, jellies, maple syrup,

honey, Vermont cheddar.

Homemade pies, pastries, cider donuts.

Rt. 30, 1 mile south of Castleton Corners, VT
at Brown's 4 Corners • Open daily • (802) 468-2297

Timberloft Farm Store

Look for the big farm market arrow

Just off Rt. 4B, West Rutland • Mid-May to Dec 24th

Cut Flowers

Tomatoes & Cucumbers

Fresh Garlic, Sweet Corn

Pickles & Jams

"Grown By Us...Quality For You!"

Open Mon-Fri 10-6, Sat & Sun 10-3

Vermont Country Calendar

NORWICH. 8th Annual Antiques Show. Informal appraisals by William A. Smith, Inc., from 2-4 pm for \$5 per item (maximum of three pieces per customer). Great food and live music! Benefit for Norwich Historical Society. 10 am - 4 pm. Norwich Historical Society, 277 Main St. (802) 649-0124. www.norwichhistory.org

NORWICH. Contra Dance with Northern Spy. Caller: David Millstone. 8 pm. Admission \$8 (students \$5, under 16 free, seniors by donation). Tracy Hall. (802) 785-4607.

ORWELL. 235th anniversary Soldiers Atop the Mount. Living history weekend looks at the September 1777 American raid to take Mount Independence back from the British. Reenactors demonstrate military tactics, camp life, colonial crafts, cooking, and clothing. Drilling lessons and Mistress Davenport's schoolhouse and storytime. Reading of the Declaration of Independence and music by the Seth Warner Mount Independence Fife & Drum Corps. Late afternoon artillery firing. Admission \$6 adults, free for children under 14. 9:30 am - 5:30 pm. Mount Independence State Historic Site on Mount Independence Rd., off Rt. 73. (802) 948-2000. historicsites.vermont.gov. *Also September 9.*

RANDOLPH. Concert: Aoife O'Donovan Band. Alternative bluegrass/string band music. For the past 10 years Aoife has been fronting for the band, Crooked Still. Tickets \$32. 7:30 pm. Chandler Center for the Arts, 71-73 Main St. (802) 728-6464. www.chandler-arts.org.

RUPERT. 8th Annual Sheepdog Trials. Sanctioned by the Northeast Border Collie Association. Trials, young dog training, on-farm demonstrations, horse-drawn wagon rides, traditional farm games, and farm-to-table food offerings. \$5/adult, \$3/12 & under, 4 and under free. 9 am - 4 pm. Merck Forest and Farmland, 3270 Rt. 315. (802) 394-7836. merckforest.org. *Also September 9.*

RUTLAND. Rutland Downtown Farmers Market. The largest in the state with over 90 vendors. Depot Park across from Walmart at Merchants Row. 9 am - 2 pm. (802) 753-7269. [www.vtfarmersmarket.org](http://vtfarmersmarket.org). [www.rutlandcountymarkets.org](http://rutlandcountymarkets.org). *Saturdays through October 27.*

RUTLAND. Vermont State Fair. Scotty McCreery, American Idol winner, performs at 7:30 pm. Most days tickets are \$10, senior \$5, child \$4, parking \$3. Grandstand extra. (802) 775-5200. www.vermontstatefair.net. *Also September 9.*

RUTLAND. Vermont Gun & Knife Show. Antiques & collectibles, free appraisals, buying, selling trading. Admission. Open to the public. Free parking. Sat 9 am - 5 pm, Sun 9 am - 3 pm. Franklin Conference Center at The Howe Center, 1 Scale Ave. (802) 875-4540, (802) 380-8351. [www.greenmtgunshowtrail.com](http://greenmtgunshowtrail.com). *Also September 9.*

WOODSTOCK. Traditional Craft Saturdays—Weaving. Admission (includes all activities) \$12 adults, \$11 seniors, \$6 children 5-15, \$3 children 3 & 4, children 2 and under free. Open daily 10 am - 5 pm. Billings Farm & Museum, Rt. 12 & River Rd. (802) 457-2355. info@billingsfarm.org. *www.billingsfarm.org*. *Also September 15 & 22.*

SUNDAY, SEPTEMBER 9

BRANDON. Twilight in the Meadow—A September Celebration of Seasonal Food & Area Farmers. Cocktails, performance by Rusty DeWees, live auction, dinner and dessert. Tickets: \$100/person, 4:30 pm. Wood's Market Garden, Rt. 7. Sponsored by Rutland Area Farm and Food Link. For reservations and info call (802) 417-1528. info@rutlandfarmandfood.org

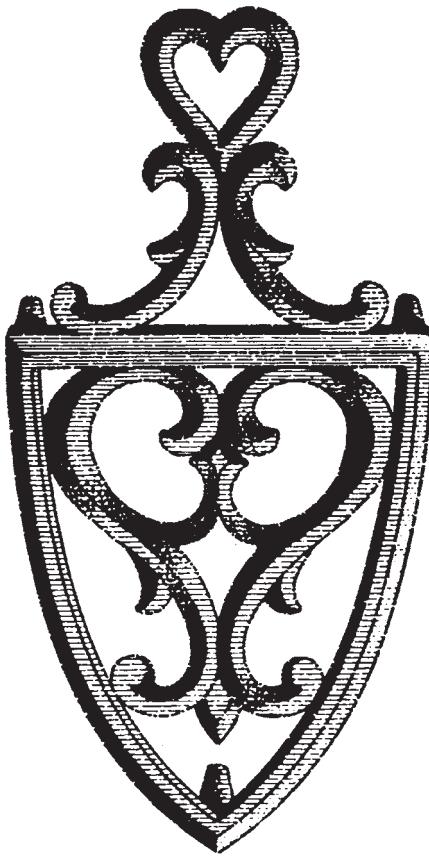
FAIR HAVEN. Breakfast Buffet. \$7 adult, \$3.50 children. 8-11 am, American Legion Post #49, 72 S. Main St. (802) 265-7983.

GREENSBORO BEND. Swap Sisters Preservation Party. Enjoy workshops about food preservation all day (fermenting vegetables and beverages, canning, sourdough, sausage making, root cellaring and more). Potluck lunch and home-made happy hour at the end. 10 am - 4 pm at Wheelock Mountain Farm. For directions check out wheelockmtnfarm.wikispaces.com. For more information contact swapsisters@gmail.com or call (802) 533-2296.

ORWELL. Soldiers Atop the Mount. Annual living history weekend looks at the September 1777 American raid to take Mount Independence back from the British. At this 235th anniversary event, reenactors demonstrate military tactics, camp life, colonial crafts, cooking, and clothing. Meet and greet the soldiers. Drilling lessons and Mistress Davenport's schoolhouse and storytime. 9:30 am - 2 pm. Admission \$6 adults, free for children under 14. Mount Independence State Historic Site on Mount Independence Rd., off Rt. 73. (802) 948-2000. historicsites.vermont.gov.

RUPERT. 8th Annual Sheepdog Trials. Trials, young dog training, on-farm demonstrations, horse-drawn wagon rides, traditional farm games, and farm-to-table food offerings. \$5/adult, \$3/12 & under, 4 and under free. 9 am - 4 pm. Merck Forest and Farmland, 3270 Rt. 315. (802) 394-7836. info@merckforest.org. *Also September 9.*

RUTLAND. Vermont State Fair. Stoney Roberts VT State Demolition Derby 5 pm. Most days tickets are \$10, senior \$5, child \$4, parking \$3. For information call (802) 775-5200. www.vermontstatefair.net.



RUTLAND. Vermont Gun & Knife Show. Antiques & collectibles, free appraisals, buying, selling, trading. Admission. Open to the public. Free parking. 9 am - 3 pm. Franklin Conference Center at The Howe Center, 1 Scale Ave. (802) 875-4540, (802) 380-8351. [www.greenmtgunshowtrail.com](http://greenmtgunshowtrail.com).

THETFORD. 3rd Annual Pie Contest. Roll that dough! Peel that fruit! Whip that cream! Don't bake? Come for a slice of pie! 2-5 pm. Hughes Barn Museum, 2274 Rt. 113. (802) 785-2068. info@thetfordhistoricalsociety.org. www.thetfordhistoricalsociety.org.

MONDAY, SEPTEMBER 10

MONTPELIER. Library Book Sale. Thousands of books, CDs, DVDs, maps, sheet music and more. Kellogg-Hubbard Library, 135 Main St. (802) 223-3338. kellogghubbard.org. *Through October 13 and December 10 – January 12.*

TUESDAY, SEPTEMBER 11

HUBBARDTON. Day of Remembrance. The site is open without charge for those who wish to contemplate or to honor past heroes. 9:30 am - 5:30 pm. Hubbardton Battlefield State Historic Site, 5696 Monument Hill Rd., seven miles north of Rt. 4. (802) 273-2282. historicvermont.org. historicsites.vermont.gov.

RUTLAND. Rutland Downtown Farmers Market. Depot Park across from Walmart at Merchants Row. 3-6 pm. (802) 753-7269. [www.vtfarmersmarket.org](http://vtfarmersmarket.org). [www.rutlandcountymarkets.org](http://rutlandcountymarkets.org). *Tuesdays through September 25.*

WEDNESDAY, SEPTEMBER 12

MARSHFIELD. Workshop: Soil Testing, Management, and Cover Crop Strategies & NOFAvore Social. Fee: \$20. 4-6 pm. Wellspring Farm. Registration requested for the NOFAvore Social. Call for directions. (802) 434-4122. info@nofavt.org. nofavt.org.

PITTSFORD. Maple Candy Making at the New England Maple Museum. Crystallizing pure Vermont Maple Syrup into Maple Sugar is demonstrated. Visitors can sample the final product fresh from the mold without touring the Museum on these Wednesdays. No charge. 10:30 am - 3 pm. Admission to the museum is: adults \$2.50, children under 12 years 75¢, under 6 free. Open 8:30 am - 5:30 pm daily. New England Maple Museum, 4578 Rt. 7, south of town. (802) 483-9414. info@maplemuseum.com. www.maplemuseum.com. *Through October 10.*

WOODSTOCK. Wagon Ride Wednesdays. Horse-drawn wagon rides around the farm. Admission (includes all activities) \$12 adults, \$11 seniors, \$6 children 5-15, \$3 children 3 & 4, children 2 and under free. 11 am - 2 pm. Billings Farm & Museum, Rt. 12 & River Rd. (802) 457-2355. info@billingsfarm.org. www.billingsfarm.org. *Wednesdays through September 26.*

THURSDAY, SEPTEMBER 13

ADDISON. What Lies Beneath—9,000 Years of History at Chimney Point. Kate Kenney, historian and archaeologist from the University of Vermont Consulting Archeology program and guest curator for the special exhibit, shares the finds from the new Lake Champlain Bridge project and what they mean for the understanding of our history. Free. 7 pm. Chimney Point State Historic Site, 7305 Rt. 125. (802) 759-2412. historicsites.vermont.gov.

BARRE. Vermont Archaeology Heritage Center Grand Opening. Enjoy tours of the new space and the inaugural exhibit, and learn about flint-knapping and pottery reconstruction. 3:30-6:30 pm. The Vermont History Center, 60 Washington St. (802) 828-3050

Designer Fashions at unbelievable prices!

Open Monday-Sat

CALVIN KLEIN • J. JILL • ANN TAYLOR • KATE SPADE
BCBG • COACH • MANOLO BLAHNIK & VINTAGE TREASURES

802-779-8341 • www.dejanewconsignments.com

Stony Brook Plaza, 162 North Main St • Rutland, VT 05701



Find us on Facebook

It's Time for Pick-Your-Own-Pumpkins!!



Pumpkins,
Gourds • Apples
Maple Syrup
Ornamental
Corn • Cider

Rt. 7 just South of Pittsford • 802-773-3220
Open Daily 10 am – 5 pm, Mid-Sept thru October
www.winslowfarmsvt.com

Williams Farmstand

1606 Rt. 7 N., Rutland, VT
(3.5 miles north of Rt. 4)

Fall Vegetables, Potatoes & Fruit
Maple Syrup, Popcorn, Eggs
Open Daily • (802) 773-8301

Fruitland Farm Stand

Fresh Vegetables, Flea Market,
Vermont Products, Maple Syrup,
Antiques, Hand-Crafted
Birdhouses & Flower Boxes.

Open Daily 9–5

Route 7N, Pittsford, VT

NEW ENGLAND MAPLE MUSEUM

North of Rutland, 4598 US Rt. 7 in Pittsford, VT

The Complete Story of Maple Sugaring
Vermont Foods & Maple Products
(802) 483-9414

Open Daily thru October 31, 8:30 am – 5:30 pm



Free Sample Copies?

We'll be glad to mail a FREE copy of the Vermont Country Sampler to the name you list below. The Sampler can be picked up free of charge in Vermont or subscriptions are available by mail, \$24 for 12 issues..

Complete & Mail in this Coupon

Please send a free sample copy to:

Name _____

Address _____

I picked up this issue of the Sampler at _____

Comments _____

Mail to:

The Vermont Country Sampler
P.O. Box 226, Danby, VT 05739

Vermont Country Calendar

(September 13, continued)

HARTLAND. Upper Valley Seed Savers meet on the second Thursday of the month at 5 pm at member's gardens. You're welcome to join us. Our mission is to further knowledge about seed saving and to work on projects that will help develop a body of locally-adapted open-pollinated vegetable seeds. For information, or if you can't come to meetings but would like to receive a monthly email with our minutes which contain information on our projects, contact Sylvia Davatz at sdav@valley.net or call (802) 436-3262.

HUBBARDTON. Starry, Starry Night. Experienced stargazers from the Green Mountain Alliance of Amateur Astronomers share their telescopes and knowledge. Bring blankets, flashlights, and your own binoculars or telescopes if you like. The marshmallows are on us. If inclement weather, inside illustrated program with exciting photos from deep space. Call to confirm. Free, donations appreciated. 8-10 pm. Hubbardton Battlefield State Historic Site, 5696 Monument Hill Rd, seven miles north of Rt. 4. (802) 273-2282. hubbardton@historicvermont.org. historicsites.vermont.gov.

RUTLAND. Concert: Mary Chapin Carpenter. 8 pm. Paramount Theatre, 30 Center St. For tickets call (802) 775-0903. www.paramountvt.org.

TUNBRIDGE. The 141st Tunbridge World's Fair. Antique Hill, gymkhana, horse shows, horse, pony & ox pulling, heritage breeds shows, midway. Harness racing at noon. The Ed Larkin Contra Dancers in the Entertainment Tent. Admission: Friday \$10, children under 12 years free. Fair is open 7 am to 9 pm. For information call (800) 889-5555. www.tunbridgeworldsfair.com. Through September 16.

WATERBURY CENTER. Workshop: Growing for Seed Production. Visit NOFA Journey Farmer Nate Lewis at his start-up farm that produces tomato and pepper seed, as well as small fruit and garlic. Fee: \$20. 4:30-6:30 pm. Lewis Farm. (802) 434-4122. info@nofavt.org. nofavt.org.

FRIDAY, SEPTEMBER 14

BROWNINGTON. Northeast Animal Power Gathering & Draft Animal Power Network Annual Meeting. A gathering of folks who use and appreciate draft animal power. Families are welcome, camping is available. Fees: \$35 adult, \$50/family per day. Camping and meals extra, order in advance. 12 pm. Perry Farm, 509 Dutton Brook Lane. For information contact Rebekah Bailey at (802) 754-2396. bekah@nealperryfarm.com. www.draftanimalpowernetwork.org. Through September 16.

MIDDLEBURY. Middlebury Arts Walk. More than 40 venues will be displaying art. 5-7 pm. Free. Downtown Middlebury. (802) 388-7951 x 2. info@middleburyartswalk.com. Second Fridays through October.

TUNBRIDGE. The 141st Tunbridge World's Fair. Antique Hill, gymkhana, horse shows, horse, pony & ox pulling, heritage breeds shows, and midway. Harness racing at noon. The Ed Larkin Contra Dancers in the Entertainment Tent. Admission: Friday \$10, children under 12 years free. Fair is open 7 am to 9 pm. For information call (800) 889-5555. www.tunbridgeworldsfair.com. Through September 16.

WEST PAWLET. West Pawlet Community Farmers Market. Fresh, honest food and goodies brought to you from your local farmers, chefs, and crafters. Good food, good hospitality, good neighbors. Every Friday from 4-7 pm, indoors and outdoors, year-round. West Pawlet Fish & Game Club (next to the Post Office), 2849 Rt. 153. wpcfmkt@gmail.com.

SATURDAY, SEPTEMBER 15

ALBANY. Peace of Earth Farm Hands-on Skill Share. Check out our experiments and results from two years of no-till farming. Help us to do some sheet mulching and learn the process. Enjoy a meal with us at the end of the day. Free but please RSVP! 2-5 pm. Peace of Earth Farm, 43 West Griggs Rd. (802) 755-6336. rebeccabeidler@yahoo.com. www.peaceofearthfarmalbany.wordpress.com.

BENNINGTON. 19th Annual Bennington Quiltfest. The Quiet Valley Quilters Guild quilt show. See several hundred quilts, new, vintage, challenge, special exhibit. Lectures by featured quilter George Siciliano, vendors, demonstrations, food, consignments, and Guild-made raffle quilt. Admission. Saturday 9 am - 5 pm. Sunday till 4 pm. Mt. Anthony Middle School, 747 East Rd. (802) 442-8596. benningtonquiltfest.com. Also September 16.

BROWNINGTON. Northeast Animal Power Gathering & Draft Animal Power Network Annual Meeting. A gathering of folks who use and appreciate draft animal power. Annual meeting after lunch. Families welcome, camping available. Fees: \$25 adult, \$45/family per day. Camping and meals extra, order in advance. 12 pm. Perry Farm, 509 Dutton Brook Lane. Info call Rebekah Bailey at (802) 754-2396. bekah@nealperryfarm.com. www.nealperryfarm.com. www.draftanimalpowernetwork.org. Also September 16.

CHESTER. Animal Communication Class. With Linda Carley. Fee: \$60. 7-8 pm. Peace of Paradise, 78 the Common. Please call to pre-register. (802) 875-8008. www.peaceofparadisevt.com.

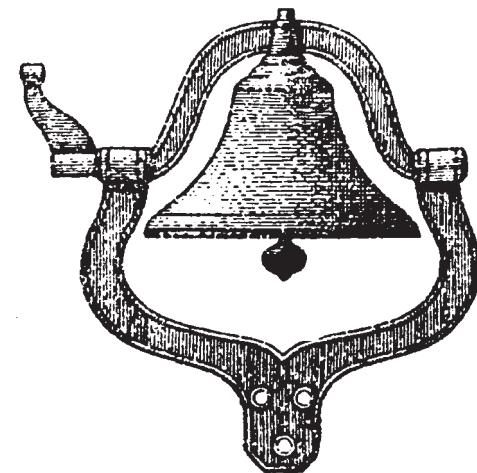
EAST THETFORD. Class: This Rots!—Demystifying Compost. Reduce your trash size and smell, feed the soil and save money by composting. Led by Cat Buxton and Nick Cook. Limited space. Pre-register. \$20/person. 10:30 am - 12:30 pm. Cedar Circle Farm & Education Center, 225 Pavilion Rd. off Rt. 5. (802) 785-4737. growing@cedarcirclefarm.org. www.cedarcirclefarm.org.

MANCHESTER. Free Bird Walk. The Vermont Bird Place & Sky Watch and local birders meet to conduct a survey of the wild birds present on the grounds of Hildene. For info call Randy Schmidt at (802) 362-2270. Meet at 8 am at the Welcome Center parking lot. Hildene, Rt. 7A. (802) 367-7961. www.hildene.org. Also Oct. 13, Nov. 17 & Dec. 8.

MARLBORO. Third Annual Vermont Wildlife Festival. Free day of outdoor fun and learning, on-going guided hikes. Over 20 outdoor organizations including the Wolf Conservation Center with live wolves. 10 am - 4 pm. Southern Vermont Natural History Museum, Rt. 9, Hogback Mountain. (802) 464-0048.

MONTPELIER. Bethany Church Lawn and Bake Sale. Sat. 8 a.m - 4 p.m. Sun. noon - 3 p.m. Bethany Church, 115 Main St. (802) 223-2424. bethanychurchvt.org. Also Sept. 16.

MORRISVILLE. Genealogy Primary and Secondary Source Workshop. Collect information from diaries, letters, newspapers, books and magazines associated with your ancestors. Please RSVP. Free. S10-11:30 am. Noyes House Museum, 122 Lower Main St. (802) 888-7617. noyeshousemuseum@gmail.com.



Come enjoy authentic Thai cuisine and relax in our comfortable dining room-lounge.

Thai Cuisine

Red, Green, Yellow, Massaman, Panang & Mai Thai Special Curries

Also, Meat & Seafood Specials:
Including chicken, beef, pork, and duck, and salmon, cod, catfish, scallops, squid and shrimp.

Open: Mon-Thurs 11 a.m. - 10 p.m.
Fri & Sat 11 a.m. - 11 p.m.

Phone (603) 643-9980
Fax (603) 643-9984

44 South Main St., Hanover, NH
www.maithaicuisine.com



Gary Haven Smith



John Kemp Lee



John Cassin



Max Van Pelt



Lawrence Nowlan



John Hikory



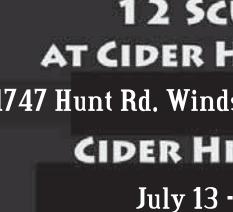
Herb Ferris



Eric O'Leary



Brian Goblik



12 SCULPTORS AT CIDER HILL GARDENS

1747 Hunt Rd. Windsor, VT 802-674-6825

CIDER HILL GALLERY

July 13 - October 28

Thurs - Sunday 10am-6pm & by appointment

"Help Bring Some Joy to Vermont Shut-Ins!"
Join The Vermont Sunshine Society
• Volunteers Needed
• Monthly Newsletter
• Free Memberships
Bev Grimes
225 Plateau Acres
Bradford, VT 05033



Mid-State DRAFT PONY Association

Includes draft horses and ponies

Your membership is welcomed.

Send \$5/yearly dues to:
Robert Tracy
560 Stackpole Rd.
Bethel, VT 05032
(802) 234-5109

Vermont Country Calendar

RUPERT. Workshop: Mushroom Madness. Join former Skidmore professor and local mycologist, Sue Van Hook, for a hands-on workshop to make your own oyster, shiitake and wine cap spawn, bags and logs. Fee: \$35/person, and \$50/couple. 1–4 pm. Merck Forest and Farmland, 3270 Rt. 315. (802) 394-7836. info@merckforest.org. www.merckforest.org.

RUTLAND. Rutland Downtown Farmers Market. The largest in the state with over 90 vendors. A great place to shop, eat and visit. Live entertainment. Depot Park across from Walmart at Merchants Row. 9 am – 2 pm. Market manager, Doug Patac, (802) 753-7269. vtfarmersmarket.org. rutlandcountymfarmersmarket.org. *Saturdays through October 27.*

SHELBURNE. 34th Annual Harvest Festival. Hay rides, demonstrations, farm-fresh food from Shelburne Farms and neighboring farmers, antique farm machines, farm animals, newly expanded hay bale maze. Music by Banjo Dan and the Mid-Nite Plowboys. 10 am - 4 pm. Shelburne Farms, 1611 Harbor Rd. off Rt. 7. (802) 985-8686. www.shelburnefarms.org.

TUNBRIDGE. The 141st Tunbridge World's Fair. Antique Hill, gymkhana, horse shows, horse, pony & ox pulling, heritage breeds shows and midway. The Livestock Cavalcade at 12:30 p.m. The Ed Larkin Contra Dancers daily in the Entertainment Tent. Admission: \$12, children under 12 years free every day. Fair is open 7 am to 10 pm. (800) 889-5555. www.tunbridgeworldsfair.com. *Also September 16.*

WINDSOR. Welcome to Our Neighborhood! Join town historian Barbara Rhood for an architectural walking tour down Windsor's historic Main Street. A walk around Runnemede Lake follows the tour; attendees should wear sturdy shoes and are encouraged to bring a picnic lunch to enjoy at the gazebo. Admission: adults \$2.50, children 14 & under are free. 10 am - 12 pm. Old Constitution House State Historic Site. 16 N. Main St. (802) 672-3773. historicsites.vermont.gov.

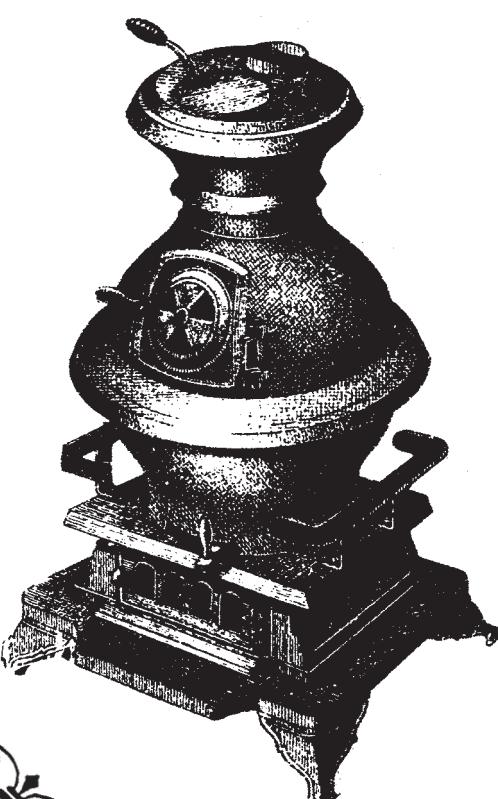
WOODSTOCK. Traditional Craft Saturdays—Cooperage. David Salvetti of Fulton, NY will demonstrate the steps to make barrels and buckets. Admission (includes all activities) \$12 adults, \$11 seniors, \$6 children 5-15, \$3 children 3 & 4, children 2 and under free. Open daily 10 am - 5 pm. Billings Farm & Museum, Rt. 12 & River Rd. (802) 457-2355. info@billingsfarm.org. *Also September 22.*

SUNDAY, SEPTEMBER 16

ATHENS. Historical Presentation and Pig Roast. Hosted by the Athens Historic Preservation Society. Join us at 2 pm to learn more about black history in Vermont through the story of the Turner Family as told through the voice of Jessie Daisy Turner. Pig roast to follow at 4:30 pm. Tickets \$15, 12 and under \$10. Athens Brick Meeting House, Rt. 30, Meeting House Rd. (802) 365-7740.

BROWNINGTON. Northeast Animal Power Gathering. Families welcome, camping available. Fees: \$25 adult, \$45/family per day. Camping and meals extra, order in advance. 12 pm. Perry Farm, 509 Dutton Brook Lane. Info call Rebekah Bailey at (802) 754-2396. bekah@nealperryfarm.com. www.nealperryfarm.com. www.draftanimalpowernetwork.org.

HUBBARDTON. Hubbardton Military Road Hike. Site interpreter Carl Fuller leads a vigorous guided hike on part of the 1776-77 military road leading from the Mount to the Hubbardton Battlefield. Wear sturdy shoes and bring water. 2-5 pm. Hubbardton Battlefield State Historic Site, 5696 Monument Hill Rd, seven miles north of Rt. 4. (802) 273-2282. hubbardton@historicvermont.org. historicsites.vermont.gov.



RUTLAND. Rutland Downtown Farmers Market. The largest in the state with over 90 vendors. Depot Park across from Walmart at Merchants Row. 9 am – 2 pm. vtfarmersmarket.org. *Saturdays through October 27.*

SHOREHAM. Apple Fest Day at Champlain Orchards. Whether on two wheels or four, come to the orchard for a free sample and listen to the music of the Bondville Boys from 12-4 pm. Also join us on the Shoreham town green for Apple Fest. Champlain Orchards, 3597 VT Route 74 W. (802) 897-2777. www.champlainorchards.com.

SHOREHAM. Annual Apple Fest. Continuous live music, crafts, and a farmers' market featuring a variety of delicious items for sale. Apple taste testing, hayrides, cider pressing, pie contest, children's activities, and more! Join us for everything apple our town has to offer! To benefit the Platt Memorial Library. 12-5 pm on the Town Green. (802) 897-2647.

SHOREHAM. 5th Annual Tour de Farms. Fantastic foods, amazing bicycling, and spectacular scenery. Three loop rides and a family-friendly five-mile walking or biking option. Family farmers treat bicyclists and walkers to tasty samples of cider, quiche, bread, roasted vegetables, yogurt, wine, maple syrup, and cookies. Advance registration: \$28 adults, \$13 kids 16 and under. Day-of registration: \$50 adults, \$20 kids 16 and under. Children in trailers and bike seats ride free. Register at www.ruralvermont.org. All routes begin and end at the Shoreham Town Green starting 10:30 am. For info: www.vtbikeped.org, (802) 225-8904; Rural Vermont, www.ruralvermont.org, (802) 223-7222; or Addison County Relocalization Network, www.acornvt.org.

TUNBRIDGE. The 141st Tunbridge World's Fair. Antique Hill, gymkhana, horse shows, horse, pony & ox pulling, heritage breeds shows and midway. The Ed Larkin Contra Dancers in the Entertainment Tent. Admission: \$10, children under 12 years free every day. Fair is open 8 am to 6 pm. (800) 889-5555. www.tunbridgeworldsfair.com.

MONDAY, SEPTEMBER 17

BRATTLEBORO. Windham Orchestra Open Rehearsal. All area amateur and profession musicians are invited. Come play with a full symphony orchestra under the direction of Hugh Keelan. 7:30 pm, at the River Garden on Main Street. RSVP to info@windhamorchestra.org, so that we have music ready for you. Bring your instrument and come play! For info call the Brattleboro Music Cener at (802) 257-4523.

TUESDAY, SEPTEMBER 18

JOHNSON. Workshop: Potato Production. Tony Lehouillier, owner of certified organic Foote Brook Farm will cover the essentials for potato production: understanding your soils, cultivation techniques, irrigation needs, harvesting with a two-roll picker, and disease issues. Bring boots for field walking. Vern Grubinger, UVM Vegetable and Berry Specialist will co-lead this workshop. Fee: \$20, free for farmers and VVBGA members. 4-6 pm. Foote Brooke Farm. (802) 434-4122. info@nofavt.org. nofavt.org.

RUTLAND. Rutland Downtown Farmers Market. Depot Park across from Walmart at Merchants Row. 3-6 pm. (802) 753-7269. vtfarmersmarket.org. www.rutlandcountymfarmersmarket.org. *Tuesdays thru September 25.*

WEDNESDAY, SEPTEMBER 19

CRAFTSBURY COMMON. Community Dinner. On the third Wednesday of every month, we gather for a free community supper. We have a great time with old and new friends. 6 pm. United Church of Craftsbury, 7 Church Lane. (802) 586-8028.

PITTSFORD. Maple Candy Making at the New England Maple Museum. Crystallizing pure Vermont Maple Syrup into Maple Sugar is demonstrated. Visitors can sample the final product fresh from the mold without touring the Museum on these Wednesdays. No charge. 10:30 am - 3 pm. Admission to the museum is: adults \$2.50, children under 12 years 75¢, under 6 free. Open 8:30 am - 5:30 pm daily. New England Maple Museum, 4578 Rt. 7, south of town. (802) 483-9414. info@maplemuseum.com. maplemuseum.com. *Also September 26, October 3 & 10.*

RUTLAND. Library Book Sale. Sponsored by the Friends of the Rutland Free Library. New books added. All proceeds go to support library activities and collections. 4-8 pm. In the basement. Rutland Free Library, 10 Court St. (802) 773-1860.

WOODSTOCK. Wagon Ride Wednesdays. Horse-drawn wagon rides around the farm. Admission (includes all activities) \$12 adults, \$11 seniors, \$6 children 5-15, \$3 children 3 & 4, children 2 and under free. 11 am – 2 pm. Billings Farm & Museum, Rt. 12 & River Rd. (802) 457-2355. info@billingsfarm.org. www.billingsfarm.org. *Wednesdays through September 26.*

FRIDAY, SEPTEMBER 21

ADDISON. Atlatl Workshop. Atlatl experts Bob and Cheryll Berg of Thunderbird Atlatl teach traditional and modern techniques of atlatl and dart construction, flint knapping, hafting stone points, and cordage making. Enjoy atlatl lore and coaching on the use of your new atlatl. Pre-registration required. 12-5 pm. Chimney Point State Historic Site, 7305 Rt. 125. (802) 759-2412. historicsites.vermont.gov.

HORSE IN PASTURE

All fall the farm horse at the bars
Just stands, not watching the passing cars,
Not moving his eyes across the view,
Not even—unlike the cattle—feeding.
Poor horse, I say; nothing to do,
Like knitting or whittling, rocking, reading.

—JAMES HAYFORD
1962



Annual North Branch Bluegrass Festival

Bridgewater Center, VT

Fri-Sun, Aug 30–Sept 2, 2012 • Gates 10 a.m.

—Labor Day Weekend Every Year—

16 Bands • 15 Music Workshops • Thurs. Open Stage
Wed. Pickin' Party • Songwriter's Contest • Rough Camping
Games • Horseshoes • Darts • Fri. Spaghetti Dinner

(802) 672-3042 • info@nbbluegrass.com • www.pickvt.com
Early Bird Camping begins Sunday August 26th for only \$10
more for 4 extra nights! (with the purchase of a weekend ticket).

Poulin Grain Dealer



Maple Leaf
Farm & Garden
Supply, Inc.

Rt. 100A, Bridgewater Corners, VT

Fall Vegetables • Mums • Farm Fresh Eggs

—Chef Brad's "Crazyside" Foods—
Fish 'n Chips, Hamburgers, Hot Dogs, Daily Specials

Open Mon-Fri 8:30-4:30, Sat 8:30-5, Sun 10-3

(802) 672-6223 • Bruce & Alice Paglia

RAMUNTO'S BRICK & BREW PIZZA

Real New York Pizza

Awesome Pizza, Salads, Sandwiches

Open Mic
Tues Night

Thurs 5-8 • All-You-Can-Eat
Pasta, Garlic Knots, Caesar Salad

20 Draft Beers • Pizza by the Slice
3 Flat Screen TV's

Mon-Thurs 11 am – 10 pm, Fri & Sat 11 am – 11 pm, Sun 11 am – 9 pm

Located at the historic Bridgewater Mill

Rt. 4 Bridgewater, VT • 802-672-1120



MORSE FARM MAPLE SUGARWORKS

Come for the Morse Farm Experience!

Country Store • Sugar House

Woodshed Theatre • Maple Trail

Outdoor Farm Life Museum

Whimsical Carved

Folklife Characters



Original Maple Kettle Corn
Made Fresh Daily.

Don't miss our maple creemees!



200 Years
of Maple
Experience

Open to Visitors Daily

Year-round 9-5, summertime 8-8.

We ship • (802) 223-2740 • morsefarm.com

County Rd., Montpelier, VT

(Upper Main St., just 2.7 miles from downtown)

Vermont Country Calendar

(September 21, continued)

BURLINGTON. Eighth Annual Burlington Book Festival. Readings, signings, panels, workshops, demos, musical performances, family activities and special events featuring literary luminaries from around the world and just around the corner. All events are free of charge and open to the public. To volunteer e-mail burlingtonmag@gmail.com or call (802) 658-3328. burlingtonbookfestival.com. Through September 23.

DERBY LINE. "Forty and Farewell" Concert with Banjo Dan and the Mid-Nite Plowboys. Tickets are \$17. 7:30 pm. Haskell Opera House, 93 Caswell Ave, 7:30 PM, (802) 873-3022. www.haskellopera.com.

SATURDAY, SEPTEMBER 22

ADDISON. 7th Annual Northeastern Open Atlatl Championship. The sport of atlatl throwing is based on the ancient hunting technique of using the atlatl or spear thrower. Demonstrations and workshops on flint knapping, woodland pottery, and other crafts and skills. 10:30 am – 4:30 pm. Chimney Point State Historic Site, 7305 Rt. 125. (802) 759-2412. historicites.vermont.gov.

BELMONT. Roast Pork Dinner. Menu: roast pork with all the fixings and home-baked pies for dessert. At the Odd Fellows Hall in Belmont with settings starting at 5 pm and 6 pm. Served family style. Admission \$10 adults and \$5 children 11 years and under. For more information call (802) 259-3445.

CHESTER. Vermont Teddy Bear Artists. Visit the booths on our lawn. Hugging Bear B&B and Teddy Bear & Toy Shoppe, 244 Main St. (800) 325-0519. www.huggingbear.com. Also September 23.

CHESTER. 37th Annual Fall Festival On The Green. Sponsored by the Chester Rotary Club. Artisans, crafters, food concessions. (802) 376-4131. Through September 23.

CLAREMONT, NH. Concert with Banjo Dan and the Mid-Nite Plowboys. 8 pm. Claremont, NH, Opera House, 58 Opera House Square. (603) 542-4433. www.claremontoperahouse.com.

EAST THETFORD. Cooking Class: Ferment!—Sauerkraut & Kimchee. Led by John Mellquist. Bring your own apron, knife, and cutting board. Limited space. Pre-register. \$45/person. 2-5 pm. Cedar Circle Farm & Education Center, 225 Pavilion Rd. off Rt. 5. (802) 785-4737. growing@cedarcirclefarm.org. www.cedarcirclefarm.org.

PERU. 31st Annual Peru Fair. An old-fashioned country fair. Music, crafts, cloggers, antiques, clowns, pony rides, hay rides, food, baked goods, fun for everyone! Parade at 9:45 am. Pig roast 11 am, cost: \$10, roast corn \$2 extra. Admission \$5, children under 6 free. Rain or shine. 9 am – 4 pm. Parking at Bromley Mountain, Rt. 11. perufair.org.

PLYMOUTH. Plymouth Cheese & Harvest Festival. At 2 pm, Adam Boyce performs as "Charles Ross Taggart: Vermont's Traveling Entertainer." Adults \$7.50, children 6-14 \$2, under 6 free, family pass \$20. 10 am – 4 pm. President Calvin Coolidge State Historic Site, Rt. 100A. (802) 672-3773. www.plymouthfolk.com. historicites.vermont.gov.

RUTLAND. Rutland Train Show. Hosted by the Rutland Rail Museum and Model Railroad Club. Model train layouts and exhibits. Admission \$3, children free. 10 am – 4 pm. Franklin Conference Center, at Howe Center. fiskinv@sover.net.

RUTLAND. Rutland Downtown Farmers Market. The largest in the state with over 90 vendors. Depot Park across from Walmart at Merchants Row. 9 am – 2 pm. (802) 753-7269. rutlandcountymfarmersmarket.org. vtfarmersmarket.org. Saturdays through October 27.

SOUTH BURLINGTON. Fall into a Good Book. The South Burlington Public Library and the National Gardening Association are hosting a free reading and craft day at the Vermont Garden Park. Kids and families will be making arts and crafts, listening to nature-themed stories, and sampling fresh fruits and vegetables from the gardens. While garden-fresh foods will be available, you are welcome to bring a picnic. Free. 10 am – 2 pm. Vermont Garden Park, 1100 Dorset St. (802) 863-5251. www.vermontgardenpark.org.

WOODSTOCK. Traditional Craft Saturdays: Lacemaking with Evelyn Gant of Putnamville. Admission \$12 adults, \$11 seniors, \$6 children 5-15, \$3 children 3 & 4, children 2 and under free. Open daily 10 am – 5 pm. Billings Farm & Museum, Rt. 12 & River Rd. (802) 457-2355. info@billingsfarm.org. www.billingsfarm.org.

SUNDAY, SEPTEMBER 23

ADDISON. ISAC Atlatl Championship. Second morning of Atlatl International Standard Accuracy Competition. After ISAC, master class/coaching for boys and girls. 10 am. Chimney Point State Historic Site, 7305 Rt. 125. (802) 759-2412. historicites.vermont.gov.

BRATTLEBORO. Performance: "Of Bread and Paper." Part of Sandglass Theater's Puppets in the Green Mountains Festival. 5:30 pm. Brattleboro Museum & Art Center, 10 Vernon St. (802) 257-0124. brattleboromuseum.org. Also September 26 & 30.

CHESTER. Vermont Teddy Bear Artists. Visit the booths on our lawn. Hugging Bear B&B and Teddy Bear & Toy Shoppe, 244 Main St. (800) 325-0519. www.huggingbear.com.

FERRISBURGH. Nature Hike. How does a farm become a forest? Join the state's Addison County forester Chris Olson for a hike across acres of Rokeby's old fields and pastures. 2 pm. On the grounds at Rokeby Museum, Rt. 7. (802) 877-3406. rokeby@comcast.net. www.rokeby.org.

PLYMOUTH. Grace Coolidge Musicale #2. Violinist Bozena O'Brien, cellist Kate Jensik, and pianist Abigail Charleneau presenting a program of piano trios by Haydn, Mendelssohn, and Piazzolla. An afternoon tea follows at the Wilder House Restaurant. Donation is suggested. 3-4 pm. President Calvin Coolidge State Historic Site, Rt. 100A. (802) 672-3773. www.plymouthfolk.com. historicites.vermont.gov.

RUTLAND. Performance—Comedian Norm MacDonald. 8 pm. Paramount Theatre, 30 Center St. For tickets call (802) 775-0903. www.paramountvt.org.

RUTLAND. Rutland Downtown Farmers Market. The largest in the state with over 90 vendors. Depot Park across from Walmart at Merchants Row. 9 am – 2 pm. (802) 753-7269. rutlandcountymfarmersmarket.org. vtfarmersmarket.org. Saturdays through October 27.

SHAFTSBURY. Talk—Country Houses for a New Republic: Master Builders of Connecticut and Vermont. This talk by New Haven Connecticut Museum and Historical Society Director William Hosley is about Connecticut's legendary builders after the Revolutionary War. Free. 2 pm. First United Methodist Church of Shaftsbury, Church St. (802) 447-3836. shaftsburyhistoricalsociety.org.

STRAFFORD. Field Walk and Workshop: Fiddleheads, Lamb's Quarters, Nettles and Nuts—Wild Edible, Medicinal, and Poisonous Plants. A 1.5-hour walk led by Michael Caduto. \$10 adults, \$5 under 14. Justin Morrill Homestead State Historic Site, 214 Justin Morrill Highway. (802) 828-3051. historicites.vermont.gov.

TUESDAY, SEPTEMBER 25

RUTLAND. Titanic The Musical. Performed by the National Broadway tour. 8 pm. Paramount Theatre, 30 Center St. (802) 775-0903. www.paramountvt.org.

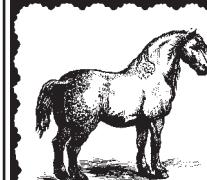
RUTLAND. Rutland Downtown Farmers Market. Depot Park across from Walmart at Merchants Row. 9 am – 2 pm. (802) 753-7269. vtfarmersmarket.org. rutlandcountymfarmersmarket.org



Great Sandwiches
Your Everyday Stop
For Homemade Muffins
Soups and Great Coffee
By Speeder & Earls

Third Branch Wine Shop
Open Now

Open Mon-Fri 7-3, Sat 8-2, Sun 10-2
Call Ahead for Orders to Go
269 Main St., Bethel VT • (802) 234-9910



Mid-State Draft Pony Association
Includes draft horses & ponies.
Your membership is welcomed.
Send \$5/yearly dues to:

Robert Tracy • (802) 234-5109
560 Stackpole Rd., Bethel, VT 05032



Preserving Vermont's Last
Great Places Since 1960

27 State Street
Montpelier, VT 05602

Tel. 802/229-4425 • Website: www.tnc.org



**Home-Style
Cooking With
Country Charm**

Casual Family Dining

Blue Plate
Daily Specials

Homemade
Bread, Soups,
Entrees,
Donuts
& Desserts
Full Salad Bar
Real VT Maple Creemies

Jct. of Rts. 107 & 12
Bethel, VT
Open Daily 7 am – 8 pm
(802) 234-9191



**GREEN
MOUNTAIN
BIKES**

Rochester, VT

W E
F I X
B I K E S W E
S E L L
B I K E S
Since 1987

Raleigh Transition Kona
Xprezo Catrike Jamis

802-767-4464/800-767-7882
www.greenmountainbikes.com
e-mail: doon@sover.net

Dandelion Acres
Garden Center



Mums & Fall Perennials
Unique Gifts & Greeting Cards

~ Open 9 am to 5:30 pm every day ~
Bethel, VT • I-89 Exit 3, 1½ mi. west on Rt. 107
(802) 234-6622 • (888) 234-6622



Bulk Foods
Café
Local Meats
Breads

Local, organic, and conventional produce, a full selection of groceries, and home cooking. Check out our selection of wine and beer and the homebrew department.

Open Daily • 802.763.2400

On South Royalton's historic Village Green.
(Located between Exits 2 and 3 on I-89)
www.soromarket.com or SoRo Market on FB

GREEN MOUNTAIN FEEDS

**Certified Organic Feeds
By Vermont Organic Farms**

21% Poultry Starter Grower Mash	16% Pig Grower Pellet Expelled Soybean
17% Poultry Grower Pellet	16% Whole Roasted Soybean
19% Broiler Grower Crumbles	16% Sheep & Goat Pellet
20% Calf Starter Cracked Corn	26% Turkey Starter Mash
Whole Corn	21% Turkey Grower Pellets
16% Dairy Pellet	26% Whole Barley
20% Dairy Pellet	15% Whole Grain Mix
13% Horse Feed	Whole Oats
Natural Advantage 12 - Pellet	Molasses (1lb)
16% Layer Mash	Redmond Blocks (44 lbs)
16% Coarse Layer Mash	Kelpmeal • Scratch
16% Layer Pellet	

Call for your nearest Wholesale Dealer.
All product available in standard 50# bags.
Bulk available upon request

Green Mountain Feeds
65 Main Street, Bethel, Vermont 05032
Phone: (802) 234-6278 • Fax: (802) 234-6578

VERMONT CERTIFIED ORGANIC PROCESSOR

Certified Organic by VT Organic Farmers

Store Hours: Monday-Friday, 8:00 am – 5:00 pm
Saturday, 8:00 am – 12:00 noon

www.greenmountainfeeds.com



Shop our store or online at
BobWhiteSystems.com

Vermont's Own Micro-Dairy Source

- ★ Micro- and Farmstead Dairy Equipment
- ★ Home Cheese Making Products
- ★ Certified Dealer for A&L Labs
Dairy Teat Dips and Cleansers
- ★ Livestock & Barn Supplies



Find us on
facebook



twitter

Tel: 802-763-2777

228 Chelsea Street, PO Box 365 • South Royalton, Vermont 05068

"Help Bring Some Joy
to Vermont Shut-Ins!"

Join The
Vermont Sunshine Society

- Volunteers Needed
- Monthly Newsletter
- Free Memberships

Contact:
Bev Grimes
225 Plateau Acres
Bradford, VT
05033



Vermont Country Calendar

WEDNESDAY, SEPTEMBER 26

PITTSFORD. Maple Candy Making at the New England Maple Museum. Crystallizing pure Vermont Maple Syrup into Maple Sugar is demonstrated. Visitors can sample the final product fresh from the mold without touring the Museum on these Wednesdays. No charge. 10:30 am - 3 pm. Admission to the museum is: adults \$2.50, children under 12 years 75¢, under 6 free. Open 8:30 am - 5:30 pm daily. New England Maple Museum, 4578 Rt. 7, south of town. (802) 483-9414. info@maplemuseum.com. www.maplemuseum.com. Also October 3 & 10.

WOODSTOCK. Wagon Ride Wednesdays. Horse-drawn wagon rides around the farm. Admission. 11 am - 2 pm. Billings Farm & Museum, Rt. 12 & River Rd. (802) 457-2355. info@billingsfarm.org. www.billingsfarm.org.

FRIDAY, SEPTEMBER 28

MANCHESTER CENTER. Annual Manchester Fall Art & Craft Festival. Over 180 juried artisans. Handmade contemporary and traditional crafts, art, live music, and an array of gourmet treats including the VT Beer, Cheese & Sausage Tent. Admission \$10, 12 and under free. 10 am - 5 pm. At the Fields at Riley Rink, 410 Hunter Park Rd. off Rt. 7 north of town. (802) 425-3399. www.craftproducers.com. Through September 30.

STOWE. Stowe Rotary's Oktoberfest. Free Friday night "Rocktoberfest" concert, Saturday grand parade, and two days of oompah bands, authentic Bavarian food, microbrew beer, and singing and dancing! Silent auctions, raffles, a "bouncy-haus" and kids' games. (802) 253-4788. stowerotary.com. Through September 30.

SWANTON. Free Open Door Community Dinner. 5:30-6:30 p.m. Memorial United Methodist Church, 23 Grand Ave. (802) 868-7185 x 10. www.holytrinityswanton.org.

TINMOUTH. Contra Dance. \$9 adults, \$7 teens, \$3 for 12 and under. 8 pm at Tinmouth Community Center, 573 Rt. 140. (802) 446-2458. tinmouthvt.org.

SATURDAY, SEPTEMBER 29

BENNINGTON. Chicken Pie Dinner. Homemade chicken pie topped with biscuits, mashed potatoes, gravy, winter squash, apple cabbage salad, orange-cranberry relish, more biscuits and warm apple crisp with real whipped cream. \$12 for adults, \$5 for children under 13 and children under 3 are free. Two seatings at 5:15 and 6:30 pm. St. Peter's Episcopal Church, 200 Pleasant St. Reservations email office@stpetersvt.org or call 9 am - 1 pm. (802) 442-2911.

BARRE. "Forty and Farewell" Final Concert with Banjo Dan and the Mid-Nite Plowboys. Tickets \$20/\$18. 8 pm. Barre Opera House, 6 North Main St. (802) 476-8188. www.barreoperahouse.org.

BRANDON. HarvestFest—Make Your Own Leaf People. Hayrides and pumpkins. Lion's Club delicious grill, Rotary Club's famous apple pies, and St. Mary's brings lots of treats. The first "Harvest Person" per family is free of charge. After that, they are only \$5 each. 10 am - 1 pm. Central Park. (802) 247-6401. www.brandon.org.

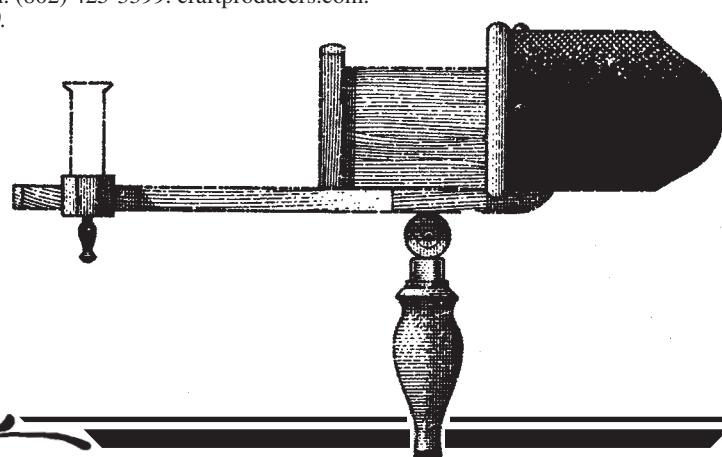
CHESTER. Vermont Gun & Knife Show. Antiques & collectibles, free appraisals, buying, selling trading. Admission. Open to the public. Free parking. Sat 9 am - 5 pm, Sun 9 am - 3 pm. American Legion #67, Rt. 103. (802) 875-4540, (802) 380-8351. www.greenmtgunshowtrail.com. Also September 30.

JAMAICA. White Water Release. Every spring and fall, there is a water release on the West River from Ball Mountain Dam. Great conditions for kayakers and canoeists from all over New England. Jamaica State Park. (802) 874-4600. www.vtstateparks.com.

LYME, NH. Flea Market on the Lyme Common. Find Bargains or set up your booth. Sponsored by the Lyme Boy Scout Troop 273. 9 am - 4 pm. (603) 795-2897.

MANCHESTER. Art on the Hill. SVAC's largest free family event is a day packed with fun art-related activities, live music, food, a raffle, and access to all SVAC exhibitions. Southern Vermont Art Center. 11 am - 3 pm. Southern Vermont Arts Center, West Rd. (802) 362-1405. www.svac.org.

MANCHESTER CENTER. Annual Manchester Fall Art & Craft Festival. Over 180 juried artisans. Quality arts and crafts for view and sale. Live music, and gourmet edible treats available. Fabulous food court. Beer, cheese & sausage tent. Admission \$10, 12 and under free. 10 am - 5 pm. At the Fields at Riley Rink, 410 Hunter Park Rd. off Rt. 7 north of town. (802) 425-3399. [craftproducers.com](http://www.craftproducers.com). Also September 30.



RUPERT. Trail Volunteer Work Party for National Public Lands Day. Merck Forest and Farmland, 3270 Rt. 315. (802) 394-7836. info@merckforest.org. merckforest.org.

RUTLAND. Concert: Bruce Hornsby. Tickets: \$32.50-45.50. 8 pm. Brick Box, Paramount Theatre, 30 Center St. (802) 775-0903. www.paramountvt.org.

RUTLAND. Rutland Downtown Farmers Market. The largest in the state with over 90 vendors. Depot Park at Merchants Row. 9 am - 2 pm. (802) 753-7269. rutlandcountymarkets.org. vtfarmersmarket.org. Saturdays through October 27.

SOUTH STRAFFORD. Open Farm Day. Visit a beautiful working farm home to 50+ alpacas including this year's spectacular crop of babies. Alpaca products and refreshments. 10 am - 4 pm. Vermont Alpaca Company, 18 Justin Morrill Memorial Hwy. (802) 765-9639. VermontAlpacaCo.com.

VERGENNES. Archaeology Weekend. Meet archaeologists and share hands-on presentations about shipwrecks, nautical archaeology, and the story of the Vergennes shipyard where the fleet was built that saved America in 1814. Admission: adult \$10, seniors \$9, students 5-17 \$6, under 5 free. 10 am - 5 pm. Lake Champlain Maritime Museum, 4472 Basin Harbor Rd. (802) 475-2022. lcmm.org. Also September 30

WOODSTOCK. Vermont Fine Furniture & Woodworking Festival. Watch traditional woodworking demonstrations and visit vendors. Local food, live music, kids' activities and more! Explore the forest at the Forest Festival at Marsh-Billings-Rockefeller National Historic Park. Admission \$10. 10 am - 5 pm. Union Arena at Woodstock Union High School, Rt. 4. (802) 747-7900. www.vermontwoodfestival.org. Also September 30.

WOODSTOCK. Pumpkin & Apple Celebration. Apple tasting, cider pressing, pumpkin bowling, apples-on-a-string, making pumpkin & apple ice cream, cooking apple butter in the farmhouse, and horse-drawn wagon rides. Admission \$12 adults, \$11 seniors, \$6 children 5-15, \$3 children 3 & 4, children 2 and under free. 10 am - 5 pm. Billings Farm & Museum, Rt. 12 & River Rd. (802) 457-2355. billingsfarm.org. Also September 30.

SUNDAY, SEPTEMBER 30

ADDISON. The Shortest Distance between Two Points Guided Walk. Learn about the history of what you're seeing while walking across the new Lake Champlain Bridge! Led by state historic site managers Thomas Hughes from Crown Point (NY) State Historic Site and Elsa Gilbertson from Chimney Point. Meet at the Crown Point, NY museum. Binoculars welcome. Rain or shine, dress for the weather. Fee: \$5. 1 pm. Chimney Point State Historic Site, 7305 Rt. 125. (802) 759-2412. historicites.vermont.gov.

BROWNINGTON. Cheese & Apple Tasting at the Old Stone House Museum. Heirloom vegetable exhibit and contest, apple pressing, presentations on cheese making and apple varieties. Local food producers will give tastes and sell their products around the Samuel Read Hall House. 11 am - 3 pm. \$8 per person, under 9 and over 90 free. At the Old Stone House Museum, 109 Old Stone House Rd. (802) 754-2022. information@oldstonehousemuseum.org.

CHESTER. Vermont Gun & Knife Show. Antiques & collectibles, free appraisals, buying, selling and trading. Admission. Open to the public. Free parking. 9 am - 3 pm. American Legion #67, Rt. 103. (802) 875-4540, (802) 380-8351. www.greenmtgunshowtrail.com.

MANCHESTER CENTER. Annual Manchester Fall Art & Craft Festival. Handmade contemporary and traditional crafts, original art, live music, and gourmet treats. Admission \$10, 12 and under free. 10 am - 5 pm. At the Fields at Riley Rink, 410 Hunter Park Rd. (802) 425-3399. www.craftproducers.com.

SHOREHAM. Champlain Orchards Fall Concert. Your picking will be serenaded by a trio of members from Atlantic Crossing. Bring a picnic lunch, or grab some local products from our Farm Market and enjoy the afternoon. 1-3:30 pm. Champlain Orchards, 3597 VT Route 74 West. (802) 897-2777. champlainorchards.com.

WOODSTOCK. Pumpkin & Apple Celebration. Apple tasting, cider pressing, pumpkin bowling, apples-on-a-string, making pumpkin & apple ice cream, cooking apple butter and wagon rides. Admission. 10 am - 5 pm. Billings Farm & Museum, Rt. 12 & River Rd. (802) 457-2355. billingsfarm.org.

Preservation Party and Harvest Swap in Greenboro Bend, VT

The Swap Sister's Annual Food Preservation Party take place Sunday, September 9 from 10 a.m. - 4 p.m. (followed by happy hour) at Wheelock Mountain Farm in Greensboro Bend, VT

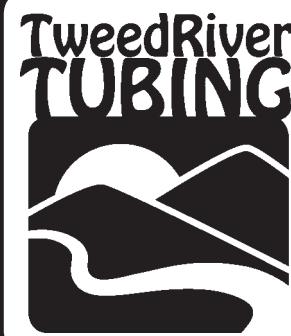
There will be workshops on fermented foods and also the basics of preserving many types of food in fun ways. Those who are just exploring the arts of canning, brewing and drying as well as those who have been preserving the harvest for many years are welcome. Workshops include: vegetable fermenting basics, pectin free chutneys and jams, sourdough bread, brewing and home made soda, sausage making, tomato paste balls, miso, duck confit, tempeh, and more.

There are many ways to share and experience the event—bring a dish for the potluck lunch, offer or take canning jars, bring your experience, ideas and recipes, and stay for the homemade happy hour at the end.

Keep the upcoming Harvest Swap in mind. On October 21 at the Greensboro Elementary School, join the Swap Sisters for the First Annual Harvest Swap. If you long for a chance to try someone else's homegrown handiwork come and participate. Bring some items that you have grown and preserved to swap on a one-for-one basis. Bring items with an estimated value of \$5, or in \$5 increments. For example: a quart of canned tomatoes, a jar of jelly, a loaf of bread, a large winter squash, or a pound of frozen meat.

Wheelock Mountain Farm is deep in the rural, rugged beauty of Vermont's Northeast Kingdom. We're a 20 minute drive from Hardwick in Greensboro Bend. Call for directions.

For more information about the Preservation Party or the Harvest Swap e-mail swapsisters@gmail.com or call (802) 755-6336.



Picnic Sites & Group Rates Available

Call for info & river conditions: 802-746-8977

Put in: 9:30-2:30 pm, 7 days

Junction of Rts. 107 & 100 Stockbridge, VT

Facebook: Tweed River Tubing www.tweedrivertubing.com

RIVERKNOLL – Rock Shop

554 VT Rt. 100 - Stockbridge, Vermont 05772

Gifts & Jewelry
Crystals & Mineral Specimens
Lapidary Equipment & Supplies
Gem Cutting Instruction
Collecting Equipment
Bead Restranging

The Gibsons

(802) 746-8198

Mills Hardware

Main Street, Bethel, VT • (802) 234-7250

Vermont Castings

Wood & Gas Stoves • Grills • Parts
Authorized Dealer

Karen & Scott Mills

Hours: Mon-Fri 7-6, Saturday 7:30-5, Sunday 8-1

Lamps • Stained Glass • Bears, Bears, Bears • Framed Prints
Cards • Souvenirs • Vermont Souvenirs • Music • Candles • Pottery • Baskets • Incense & Oils • Maple Products • Gourmet Foods

Royal Towne Gifts
Three floors of unusual crafts, beautiful gifts, and home accessories.

Autumn is Here!
*Fall Home Decor
Fudge in Many Homemade Flavors!
New Maple Products*

Halloween Goodies • Willow Tree Statues • Linens
Woven & Braided Rugs • Mountain Country Soaps
Gooseberry Patch Cookbooks • Bearington Bears
Sweet Grass Farm Lotions & Soaps • Pottery
Camile Beckman & No Bite Me Soap & Cream
Enamelware Tableware • New Dog & Cat Products

Rt. 107, Royalton, VT
(802) 763-2537 • I-89 Exit 3 (Bethel)
Open Daily 10 a.m. - 6 p.m.
We Ship • Credit Cards Accepted

Jewelry • Braided & Hooked Rugs • VT & NH Handcrafts

Vermont Country Sampler, September 2012 Page 23

Mellow Fruitfulness

by Judith Irven

September in Vermont is when the world bids goodbye to summer, and starts making preparations for winter.

Many of our summer residents, from hawks to hummingbirds, not to mention the amazing monarch butterflies, are departing for warmer climes. The flowers are abuzz with bees as they replenish nectar supplies. And squirrels and chipmunks are stashing away seeds in the dark recesses of our woodpile. Will they ever remember, six months from now, where they hid their loot?

In our vegetable garden tomatoes are ripening beautifully, winter squash are filling out under a rampant blanket of leaves, and the kale is lush and full.

At summer draws to a close our garden produces far more than two people can possibly consume on a day-to-day basis. So now is the time to preserve the excess for the months ahead. It will taste all the more special when the snow is on the ground!

I have already dug and cured the garlic. After replanting 64 cloves to make next year's crop, the remaining bulbs are set on a wire rack in the basement.

The winter squash also goes into a cool corner of the basement. I grow the delicata and the butternut varieties. Both roast well and become the basis of all sorts of winter specialties—just set the unpeeled squash halves with a little water in a shallow pan and cook at 375° until they are soft all through. Butternut squash is also an excellent keeper and, since it easy to peel and cube, these big fruits feature in many wonderful winter soup recipes.

But, unlike squash and root vegetables, which can remain for several months in a cool basement, for long-term storage most of our harvest must be either canned or frozen.

I marvel at people who devote hot summer days to canning. But I am blessed with a freezer and I fill it well with both fruits and vegetables. These are some of my freezer favorites:

Black and blue

Blackcurrants are a great source of vitamin C, so much so that 'Ribena' blackcurrant juice was a fixture of my English childhood.

Here in our Vermont garden we have 18 large blackcurrant bushes. The small fruit takes a lot of picking but this summer we managed to put away a dozen quarts of blackcurrant sauce in the freezer.

To make this sauce I simmer the cleaned blackcurrants with a little water for about 10 minutes. Then I add a pinch



Judith Irven's fall garden with abundant kale in Goshen, VT.

photo by Dick Conrad

of baking soda to neutralize the acidity, and sweeten it with maple syrup.

The health benefits of blueberries are renowned. Blueberries also grow very well in Vermont generally acidic soil.

Here in the garden we have a dozen bushes, many of which are sixty years old. Last fall I fertilized them liberally with composted coffee grounds, courtesy of Gourmet Provence in Brandon. Coffee grounds will boost the acidity of the soil, and certainly this year's crop has been nothing short of spectacular.

Blueberries are delicious eaten fresh, but they are also a cinch to prepare for the freezer. Just wash and drain the fruit, and store in large freezer bags.

Frozen blueberries can be added directly to pancakes and muffins. I also like to simmer the fruit for a short time to make a sauce for our evening yogurt.

Red and yellow

I also grow a lot of cherry tomatoes. They ripen almost a month earlier than the full sized ones—an important consideration for me given the short growing season at our altitude (1700').

This year I grew a total of eight plants—both red 'Sweet 100' and yellow 'Sungold', and now we are awash in ripe fruit.

I have found that roasting cherry tomatoes is really easy and it intensifies their sweetness. Lay the uncut cherry tomatoes in a single layer in a flat baking tray, coat them very lightly in olive oil, sprinkle with chopped garlic and rosemary and roast in a 375° oven for about 20 minutes.

Sprinkle the cooked tomatoes with Parmesan cheese for a delicious topping to pasta or quinoa. Freeze the excess in flat containers, and in midwinter they will taste like a breath of summer.

Green

We all know green vegetables are good for us!! The good news is that in Vermont—where our summers are cool and the growing season relatively short—several green vegetables with high nutrition also grow really well. Take Swiss chard and kale for instance. Kale matures in about 55 days from

when you set the seedlings out in the spring, and chard even sooner. However, unlike spinach, kale and chard do not bolt when the weather turns warmer.

All summer long you can cut their leaves for stir-fries and the like. I usually separate the chard stems so that I can cook them a bit longer than the leaves. And be sure to remove and discard the stems of the kale as they have a tough texture resembling old bootlaces.

By September the plants are robust and full, and this is when I start my freezing regime. Both kale and chard should be blanched before freezing. After washing and preparing, drop the leaves into a pot of boiling water and cook for two minutes—one minute for the chard leaves. Then drain and dunk them in cold water, pat them dry and freeze in small quantities. Both will make great additions to sautéed vegetables and winter soups.

The season of mellow fruitfulness

September is when summer comes to a close. The bees are preparing for winter, fruit is ripening on the vine, and the garden is fulfilled.

It is a surely brief season, but one to be savored and enjoyed.

John Keats enduring poem 'Ode to Autumn', written in another time and another place, still rings true today:

Season of mists and mellow fruitfulness,
Close bosom-friend of the maturing sun;
Conspiring with him how to load and bless
With fruit the vines that round the thatch-eves run;
To bend with apples the moss'd cottage-trees,
And fill all fruit with ripeness to the core;
To swell the gourd, and plump the hazel shells
With a sweet kernel; to set budding more,
And still more, later flowers for the bees,
Until they think warm days will never cease,
For Summer has o'er-brimm'd their clammy cells.

Judith Irven is a landscape and garden designer. She and her husband Dick Conrad live in Goshen, VT. Visit her sites outdoorspacesvermont.com & northcountryreflections.com.

Route 66 Garden Center & Farm Stand



**Fall Mums & Asters
Pumpkins • Gourds
Winter Squash
Locally Grown
Chicken, Beef & Pork
Seasonal Vegetables**

Randolph, VT • (802) 728-6222

Monday-Saturday 9-6, Sunday 10-4

Green Living

GreenLivingJournal.com
A Practical Journal for Friends of the Environment

- Property Taxes
- Real Estate Prices
- Vermont Laws



When you are considering buying Vermont real estate, there are many factors to consider. Our bimonthly newsletter for owners and buyers of real estate here covers several: market trends, tax and legal matters, state news, listings of recent real estate sales, practical advice, more. Price is \$49.95 per year. Refund if not satisfied. Make check payable to "VPOR" and mail to:

Vermont Property Owners Report
PO Box 1564, Dept. CS,
Montpelier, VT 05601
(Or call (802) 229-2433 to order by credit card.)

FARM-ALL-FIX

Farm Machinery Repair

Specializing in Repairs & Restoration of Older Tractors
1236 Rt. 12N, Randolph, VT • (802) 728-3390
(Across from Mid-State Riding Rink)

"Oil Change to Overhaul"

Jonsered Chain Saws
New and Used Tractor Parts
Gravely Lawn Mowers
Open Mon-Fri 8-5, Sat 8-Noon
- Mike McPhetres -

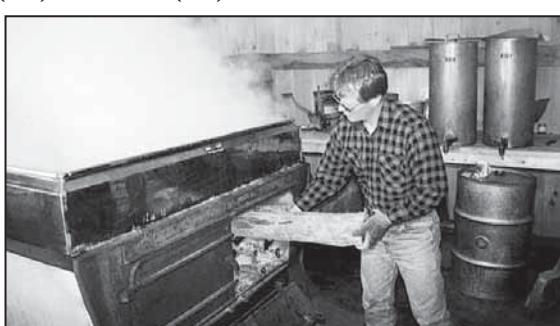


"A Quality Family Farm Shop"
Open Every Day
8:30 am - 8:00 pm

BRAGG FARM
SUGARHOUSE & GIFT SHOP

Maple Ice Cream Parlor
Maple Cremees Every Day!

1005 VT Rt. 14 N. • E. Montpelier, VT • www.braggfarm.com
(802) 223-5757 • (800) 376-5757 • Call for Free Catalog



Sugarmaker Doug Bragg tends the fire during sugaring season.

Free Maple Tours and Tastings

Unique Gift Shop • Great Mountain Views • Farm Animals
Family-Run for Eight Generations! Maple Syrup,
Candies & Cream—Take Some Home or Have It Shipped!

Crazy Good Produce

Local & Hand Selected Products

Chef's Market Grab-n-Go

Full Service Boar's Head Deli

Chef's Market Catering

Vermont Handcraft Gallery



— SUPPORTING LOCAL FARMERS FIRST —

Open: Mon-Fri 9-6, Sat 9-5, Sun 10-3

839 RT. 12 SOUTH, RANDOLPH, VT

(802) 728-4202

www.chefsmarketvt.com

Learn to Make Sauerkraut, Gluten-Free Baked Goods & Whole Grain Sourdough Breads at Cedar Circle Farm

Cedar Circle Farm & Education Center grows organic vegetables May through October, offered at their farmstand in East Thetford, VT. To help people enjoy and process local foods, they offer cooking and baking classes in their new commercial kitchen. In the fall the focus is on teaching people how to preserve the harvest and enhance their baking skills for the cold weather months ahead.

An ancient preservation method

The annual fermentation class, Sauerkraut & Kimchee, will be offered on Saturday, September 22, from 2–5 p.m. Lacto-fermentation is an ancient method of food preservation that offers many health benefits and is part of virtually all food cultures the world over. Using farm fresh ingredients, John Mellquist, the farm's draft horse teamster and professional bread baker, teaches traditional techniques for making lacto-fermented foods such as sauerkraut and kimchee.

Baking bread with sourdough culture

Using the farm's team of draft horses, John plants wheat and rye which he mills into flour and uses in the sourdough breads he sells in the farmstand and local food coops. For an overview of the entire process watch Cedar Circle Farm's Wheat to Bread video featuring John, on YouTube.

Owner of Trukenbrod Mill and Bakery, John Mellquist will offer an all-new, two-day Wholegrain Sourdough Breads class on October 13 and 14, from 8 a.m.–5 p.m. Designed for serious home bakers interested in making nutritious sourdough breads, participants learn about stone-milling whole grains into flour, preparation and feeding of the sourdough culture, and mixing, shaping and baking bread.

According to Mellquist, "For millennia, bakers have made their bread with a sourdough culture, producing nutritious and easily-digestible products from whole grains. In modern times, however, sourdough has been replaced with baker's yeast, a fast-acting and convenient leavening which unfortunately results in nutritionally-inferior bread with a shorter shelf life. In this class we'll learn how to nurture and control the sourdough so that it will perform for us in making good bread every time. We will cover baker's math, enabling you to convert any recipe into a formula so you can adjust the quantity easily. You will leave with spreadsheet templates containing recipes for a variety of wholegrain German, Finnish, Danish, Portuguese and French breads."

John Mellquist began making wholegrain breads in 1964 and has studied wholegrain baking with Dave Miller of Miller's Bakery in California, and with Richard Bourdon of Berkshire Mountain Bakery in Massachusetts.

Gluten-free goodies

For those interested in learning about gluten-free baking, Cedar Circle Farm's kitchen manager and professional chef Alison Baker will teach Gluten-Free Baking on Saturday, October 27, from 1–4 p.m. Whether you're caring for someone with celiac disease or simply interested in experimenting with a wheat- or gluten-free diet, this class will give you the skills and knowledge you need to bake delicious gluten-free delights at home, from morning buns to irresistible desserts. Chef Alison says, "In our cooking classes we try to emphasize topics of interest to the community, as well as emerging health concerns such as food allergies. Our fall gluten-free baking class is a great example, since more and more people are discovering an intolerance to modern wheat, especially in its processed form. This class is an opportunity to learn more about what leads to this increasingly prevalent condition



photo by Robert Eddy

Alison Baker, farm chef and kitchen manager, prepares vegetables in the Farm Kitchen at Cedar Circle Farm.

while also learning to make delicious gluten-free substitutes."

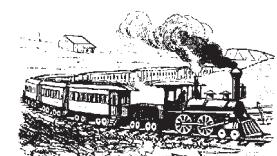
Cedar Circle Farm, located on Pavillion Road, off Route 5, in East Thetford, VT, is a fifty-acre certified organic farm, dedicated to "growing for a sustainable future" through the production of certified organic vegetables and berries, bedding plants, and quality flowers and herbs. The farm offers a CSA program, dinners in the field, harvest festivals, gardening workshops, cooking classes, and guided educational

farm tours for schools and groups. For more information, visit www.CedarCircleFarm.org

Space is limited and pre-registration is required for all classes. Additional details and online registration is available at www.cedarcirclefarm.org/events/classes or by calling Cedar Circle Farm at (802) 785-4737.

WHISTLESTOP CAFE

176 US Rt. 5 North
Fairlee, VT
(802) 331-1000



Open 6 am – 7 pm,
Sundays 8–5 • Closed Wed

Cafe menu available for sit down or takeout • 6 am – 3 pm
Espresso & coffee, counter goodies, deli case,
salads & dinner specials, and wifi all day.

Nightly Hot-to-Trot Specials

Judith Irven Landscape & Garden Designer

Helping people create beautiful gardens

Writings: www.northcountryreflections.com
Designs: www.outdoorspacesvermont.com
Talks: www.judithirventalks.com



Wicked Awesome BBQ
"You Can't Beat My Meat"
Take-out and Catering
603-729-6213
Huggett's Mini-Mart RT 5
E. Thetford, VT • Exit 14 off I-91

McQueen Stables & Tack Shop
Over 400 Saddles!
Horses For Sale on Premises

New & Used Tack and Gently Worn Apparel Bought 'n' Sold
Courbette, Weaver, Devon-Aire, Pro Choice, Leanin' Tree, EQ
Compare My Prices • Open Your Hours
Kathy McQueen • 802-785-4493 • www.mcqueenstack.com
2 miles up Gove Hill Rd., off Rt. 132, Thetford, VT

Whippi-Dip
Traditional Snack Bar

Rt. 5, Fairlee, VT

Hard & Soft
Ice Creams

Our Own BBQ
Pork & Brisket

We Use Locally
Raised Meats!

Open Daily 10-9
802-331-1313

SILVER MAPLE LODGE & COTTAGES



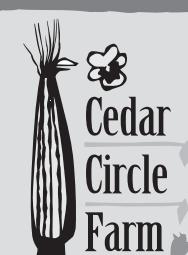
Silver Maple Lodge Circa 1920

Old Time Vermont Vacation Value
A Bed & Breakfast Country Inn Convenient to All Season Recreation, Two Lakes, Golf & Tennis.

Hot Air Balloon Packages Year Round

\$69-\$109 dbl. occ. Call or write for brochure 1-800-666-1946 • www.silvermaplelodge.com

Route 5, S. Main St., Fairlee, VT 05045 • (802) 333-4326



Pavillion Rd, off Rte 5
East Thetford, VT
802-785-4737

FARMSTAND
Tues-Sat 10-6, Sun 10-5

COFFEE SHOP
Tues-Sun 8-5

Organic Veggies,
Fall Flowers, Pumpkins &
Harvest Decorations

Fall Gardening Class

Demystifying Compost—Sept 15, 10:30-12:30

Fall Cooking Classes

Sauerkraut & Kimchee—Sept 22, 2-5

Wholegrain Sourdough Breads—Oct 13-14, 8-5

Gluten-Free Baking—Oct 27, 1-4

Call or pre-register online for classes.

10th Annual Pumpkin Festival

Sunday, Oct 7, 1-4~Family Fun!

Details at CedarCircleFarm.org

Visit Seyon Lodge State Park in Groton, VT

One of Vermont's best kept secrets, Seyon Lodge State Park provides rustic and welcoming facilities in the midst of the inspiring beauty of Groton State Forest. Situated on the pristine shores of Noyes Pond, the Lodge provides year-round lodging and meeting facilities for individual guests and groups, including small conferences, retreats, and weddings.

Private rooms with shared bath accommodate 16 overnight guests, while a fully equipped commercial kitchen prepares meals, catering to the whims of your guests.

The Lodge at Seyon is situated within the 27,000 acres of Groton State Forest. The secluded setting allows guests to enjoy some of the most beautiful and undisturbed natural scenery in Vermont. Wildlife abounds and hiking and cross-country ski trails provide easy access to the solitude of the surrounding forests. Fly fishing for brook trout on Noyes Pond is considered among the best in Vermont, with boat rentals available at the Lodge.

Nearby things to do: other state parks in the Groton State Forest; Montshire Museum of Science, Norwich; Cabot Cheese Factory, Cabot; Ben & Jerry's Factory, Waterbury.

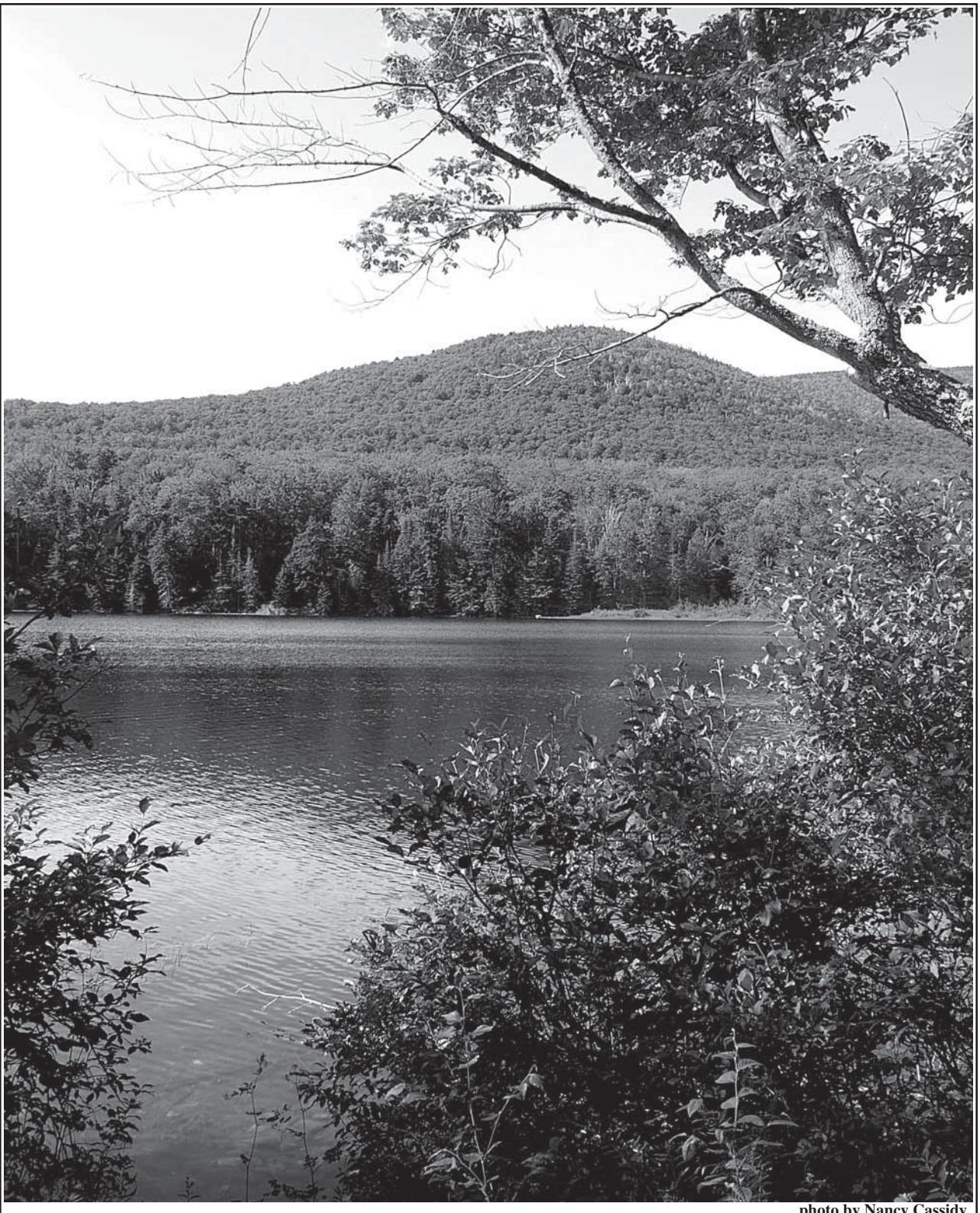
Open for day use: 6 a.m. till official sunset. The season is year round, with closures during stick season, mud season and Christmas break. Pets are not permitted in lodge, but are allowed on trails during the summer and fall.

Directions: from Groton go three miles west on U.S. 302, then three miles west on Seyon Pond Rd.

Seyon Lodge State Park is located at 2967 Seyon Pond Rd., Groton, VT 05046. Park phone: (802) 584-3829. www.vtstateparks.com.



The Lodge at Seyon Lodge State Park in Groton, VT.



Noyes Pond at Seyon Lodge State Park in Groton, VT is excellent for fly-fishing. photo by Nancy Cassidy

One of Vermont's Most Spectacular
Staycation Destinations
Natural ★ Cultural ★ Recreational ★ Unforgettable

Planning your Northeast Kingdom Vacation is easy when you visit
TraveltheKingdom.com

the region's most comprehensive travel website with Online Booking, Travel Tools, & a Country Store

Visit Our Farm Stand
The Most Complete Selection of Locally Grown Vegetables and Fruits You'll Find!

50 lb. bags of potatoes—red, white & yellow! Pumpkins, winter squash, and Indian corn. All sorts of tomatoes, sweet corn, zucchini & summer squash, sweet & hot peppers, eggplant, cucumbers, onions, lettuces, herbs, radishes, carrots, spinach, beets & beet greens. Flower bouquets. Our own honey and homemade jams. Raspberries & Strawberries till October! —Open 7 days, 9 am to 6 pm— Call for latest updates: (802) 866-3342

4 CORNERS FARM
All We Sell Is Our Own®
Bob & Kim Gray
Rt. 5, S. Newbury, VT 05051
(4 miles north of Bradford Village)

Chapman's
Fine Wines Unique Toys

VT Products, Yolo Stand Up Paddleboards Jewelry, USGS Maps, Flies & Fishing Gear

Main St., Fairlee, VT • (802) 333-9709
Open Mon-Sat 8-6, Fri 8-7, Sun 8-3

Windfall Clothing & Consignment Shop
Open Tues-Sat 10-4
Elm House right next to Post Office
Rt. 10, Orford, NH • (603) 353-4611
Featuring Katie's Korner Brand Name Teen Clothing!

Bunten Farmhouse Kitchen
Christine & Bruce Balch
1322 Rt. 10, Orford, NH
(603) 353-9066
www.buntenfarm.com

The Bunten Family Farm features a beautiful herd of heritage "Milking Devon" grass-fed cows. Our Pantry Farm Store offers artisan cheeses, meat and dairy products. Call for raw milk orders.

Pumpkins • Squash • Gourds • Fall Decor

RENTALS!
FALL FUN!

Explore & Enjoy our Lakes & Rivers! Fishing, Swimming, or just Relaxing!

Pontoons
On the Connecticut River! Other possibilities too!
Powered by 4-strokes!

Canoes & Kayaks

Runabouts & Ski Boats

Skiing, Tubing, Or Cruising!

FAIRLEE MARINE
Route 5, Exit 16 off I-91, Fairlee, VT
www.boatingvermont.com
(802) 333-9745

Rent by the Day or Week!

Piermont Plant Pantry
Open Dawn to Dusk—7 Days a Week!

Winter Squash • Mums • Asters • Pumpkins
Fresh Vegetables • Hanging Baskets
Gift Certificates Available.

* Visit our Corn Barn Gift Shop *
Jams, Jellies, Pickles, Dried Flowers, Crafts.

Wholesale and Retail:
Home Greenhouses, Rt. 25, Piermont, NH
(603) 272-4372 • info@piermontplantpantry.com
www.piermontplantpantry.com
~Abby, Ai, & John Metcalf~



The 1st Vermont Regiment musters in at Rutland in May of 1861, as portrayed by the Champlain Valley Historical Reenactors. This group will be at the Cambridge Civil War Days.

photo by Sue Brown

Cambridge Civil War Days

The historic village of Cambridge, VT will step back 150 years this October 6 and 7 to be transformed into a bustling community of Civil War-era activities by both military and civilian reenactors.

Selected by the governor's Sesquicentennial Commission as one of the top ten Civil War events for 2012, this wide range of displays, speakers, and other programs concludes each day with a demonstration of battle tactics used in the conflict. Visitors of all ages will be entertained and educated at this free event, held annually by the Cambridge Historical Society during the commemoration of the 1861-1865 War of the Rebellion.

Located 35 miles east of Burlington on VT Route 15, the Grand Army of the Republic Highway named for the veterans' organization formed after the war, the village of Cambridge still retains much of the character of the period. Sites around the community will present a variety of activities. Music will include Linda Radtke's popular Civil War Songbook (sponsored by the Vermont Humanities Council), O'hAnleigh's rousing tunes of the period, and local talent. Talks on diverse subjects related to the war will be given throughout both days and a variety of interesting displays and demonstrations are sure to hold the interest of those attending. Vendors will offer appropriate goods, including food for sale during the event and a barbecue chicken dinner Saturday evening (tickets must be purchased in advance—e-mail wmckone@stoweaccess.com). A reenactor who is a real-life minister will lead a church service appropriate to the era at 9:30 a.m. on Sunday, all denominations welcome to attend.

Visitors can converse with civilian reenactors, from townpeople through politicians, or have a picture taken with the Vermont governor, President Lincoln, and others. A photo booth equipped with clothing of the day is available to dress for a memorable souvenir. An authentic Civil War encampment will demonstrate army life, including the important role of the sutler, a general store that travelled with the military. Volunteers of any age or gender can enlist in the army, be

trained as a new recruit, and learn about the harsh realities of the war. Experienced reenactors will stage a battle display at the end of the day, showing the role of infantry, cavalry, and artillery. Be aware: loud noises are involved! Spectators can then see a casualty carried from the field and treated at the medical station set up behind the battle line.

Hours for this free event, rain or shine, are Saturday, 10 a.m. to 5 p.m., with dinner immediately after, and Sunday, 10 a.m. to 3:30 p.m. Other activities in the area that in-

clude book sales, organic farm tours, and even a "pumpkin chuckin" promise to provide visitors to Cambridge a variety of experiences.

Anyone wishing to volunteer or to reserve a dinner ticket can contact the committee co-chair at wmckone@stoweaccess.com. For more information and the daily schedule, please see Facebook/CambridgeHistoricalSociety and [www.cambridgehistoricalsociety.org](http://cambridgehistoricalsociety.org).

Farmer Hodge's Roadside Stand & Country Christmas Shop



A farm family enterprise

Over 61 years in the same location!
Buy direct from the farmer
and save Vermont's family farms!

We Are Not Just a Roadside Stand.
We Have Gardens & a Reg. Holstein
Dairy Farm of Distinction.

~ Old Fashioned Country Gift Shop ~

Vermont foods, crafts & gifts. Our own jams, jellies, cheeses, pickles, and corn cob-smoked bacon. Maple syrup. Gift baskets, Yankee Candles, silk flower arrangements, greeting cards, gift certificates, and much more!

Sept. & Oct.

Apples and Mums
Pumpkins
Winter Squash
Dried Flowers
Sweet Corn—Retail
& Wholesale thru Sept.

November & December

Holiday Decor
Dried Flowers
Christmas Trees &
Wreaths

Visitors Always Welcome!

Open 7 Days • 8:30 am – 5:00 pm

Route 5, Fairlee, VT

(802) 333-4483

(2 miles north on Rt. 5 off Exit 15, I-91)

We Ship UPS Anywhere



— Order Your Maple Syrup, Cheese, and Hand-Tied Christmas Wreaths! —



BREAD & PUPPET MUSEUM
RTE 122, GLOVER
VERMONT 05839
OPEN JUNE-OCTOBER, DAILY FROM 10 TO 6

One of the Largest Collections
Of Some of the Biggest
Puppets in the World
Free admission, donations welcome.
www.breadandpuppet.org • 802-525-3031

North Country Book News

Children's Book Reviews

In the Lake and Under the Sea

This collection of children's picture books about underwater life can be a jumping-off place for exploration or a tribute as we worry more and more about the health of our lakes and oceans. Kids learn about the species that live underwater and grown-ups will enjoy the variety of stunning artwork.

Following the alphabet from A to Z, name a fish for each letter. We tried and got stuck on G, J, K, L and X. Now try it by naming freshwater fish only. Salmon, trout and walleye are easy choices, but what after that?

In this fascinating and beautifully illustrated book, *The Freshwater Alphabet Book* by Jerry Pallotta and illustrated by David Biedrzycki (www.charlesbridge.com, \$7.95 paper), one can see detailed drawings of all sorts of unusual fresh water fish from A (Amazon River Dolphin) to Z (Zebra Mbuna, a fish living in Lake Malawi in Mozambique, Africa). Strange and unusual fresh water fish with equally exotic names are displayed in their watery environments.



Bud & Bella's Bookshop, Ltd

27 N. Main St., Randolph, VT 05060

New & Used Books
Vermont Artists, Music,
Cards & Gifts
Special Orders Welcome

Tuesday-Saturday
10 am - 5 pm
(802) 728-5509
www.budandbellas.com

Vermont Books Including Many Signed Editions
Enlarged Children's Book Section

The author has written dozens of alphabet books for beetles, birds, butterflies, frogs and other animals as well as flowers, vegetables and dinosaurs. Visit him at www.alphabetman.com.

A very different kind of fish book, *Happy* by Mies Van Hout (lemniscaat-usa.com, \$17.95) uses colorful, impressionistic drawings to illustrate the many moods common to humans (and, also, apparently fish). These amusing drawings depict happy, curious, nervous, brave, shy, surprised, sad, furious, proud, jealous, loving, angry, glad, confused, content, afraid, sure, shocked, astonished, bored, and delighted. If your children like to draw, have them pick an animal or fish, and see if they can capture a particular mood. This book is an inspiration.

For another amusing book about denizens of the deep look into the "spy" hole in *I Spy Under The Sea* by Edward Gibbs (www.candlewick.com, \$14.99), and try to identify what fish is there by seeing only a small portion of its body. The beautifully designed book has a hole in its center for you to spy through! The reader will discover the hidden clown fish, sea horses, crabs, swordfish, octopuses, dolphins, and one big shark.

In another intriguing look at what lives in the depths of the ocean, *In The Sea* by David Elliot and illustrated by Holly Meade (www.candlewick.com, \$16.99), simple descriptive poems accompany the sea life depicted in large colorful paintings made from woodcuts.

For example: The Starfish—Five fingers, like a hand, the starfish shines in a sky of sand. And: The Puffer Fish—A trickster. A Clown. A magician. A buffoon. One minute she's a fish; the next, she's a balloon.

Double page artwork is given to each species. Some, like the giant squid and the Moray eel, seem to come off their pages right at you. Quite a trip!



Welcome to the Eighth Annual Burlington Book Festival!

The Eighth Annual Burlington Book Festival will take place at a variety of locations in downtown Burlington throughout the weekend of September 21-23, 2012.

The Queen City's latest annual celebration of the written word will offer readings, signings, panels, workshops, demos, musical performances, family activities and special events featuring literary luminaries from around the world-and just around the corner.

There will be *Words Come Alive* theater and dance workshops for children 6-9 years old and their families at the Flynn Center of Saturday.

Emergent Media Panels & Workshops include eight

different topics from self-publishing to blogging.

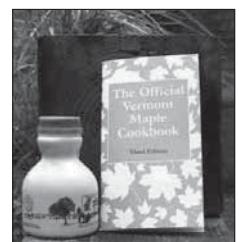
Millennial Writers on Stage will showcase Vermont's best young writers at 2 p.m. on Saturday at the Main Street Landing Film House. All this and many more events are planned.

All events will be free of charge and open to the public. We look forward to seeing you there!

If you would like to be part of the fun and excitement, by volunteering, e-mail burlingtonbookfestival@gmail.com or call (802) 658-3328.

For more information about events, schedules and venues visit burlingtonbookfestival.com.

Vermont Maple Cookbook



To order a copy of the "Official Vermont Maple Cookbook," Third Edition, please send a check for \$3, payable to Vermont Maple Foundation, to:

Mary Croft, VMSMA Secretary/Treasurer
491 East Barnard Rd, South Royalton, VT 05068

Tel (802)763-7435 • Fax (802)763-7438
E-mail: mcmapple@wildblue.net

For two copies of the Cookbook, either the new Third Edition or the Second Edition or one of each (the two editions have completely different recipes) please send \$5. For the cost to purchase larger quantities of either cookbook, please contact Mary Croft.

Sustainable Living Book Exchange

Neshobe Farm
142 Steinberg Road
Brandon, VT
(802) 310-8534



New & Used Books

Thought-Provoking Gifts
"On-Line Book Searches"
New Book Orders

Trade & Save!



Open
Tuesday 10-5
Wednesday by chance
Thursday 10-5
Friday 10-6
Saturday 9-3

157 Main St.,
Bradford, VT
(802) 222-5826

THE BOOK SHED

GOOD USED BOOKS

THE BOOK SHED

142 Steinberg Road

Brandon, VT 05068

(802) 310-8534

www.thebookshed.com

Open everyday 10-6

802-537-2190

Lake Road

Benson, VT 05731

Shop thebookshed.com,

where the books are discounted

and Media Mail is free.

WE HAVE THE BOOKS YOU WANT...

Open everyday 10-6

802-537-2190

Lake Road

Benson, VT 05731

Shop thebookshed.com,
where the books are discounted
and Media Mail is free.

SHIRETOWN BOOKS

— New & Used Books —
plus magazines, music, maps & cards

Mon-Sat 10-5:30, Sundays 11-5

9 Central Street, Woodstock, VT

(802) 457-2996 • shiretownbooks.com

Minnie Rose Lovgreen's Recipe For Raising Chickens

Edited by Nancy Rekow
(NW Trillium Press, Bainbridge Island, WA)

In 1899, when Minnie Rose was 11 years old, she left home to be lady's maid. She would eat her breakfast in a tiny pantry, and for company, she would feed a few birds on the windowsill. Years later she would still be feeding and caring for a different kind of bird—flocks of feisty bantam hens. She did this for 30 successful years!

Her experiences and keen observations are a must for anyone about to start raising chickens and for those already there but who soon will be saying, "well, I didn't know that."

Since her death in 1975, more than 26,000 copies of her hand-written 36-page book, now in its third edition, have been sold throughout America and beyond.

We learn that as a young Englishwoman on her way to Canada in 1912, she was scheduled with her brother to cross the Atlantic on the Titanic, but when the ship wasn't ready to sail, the impatient would-be passengers safely hopped aboard another ship, the RMS Megantic.

In 1920 she moved to Bainbridge Island near Seattle, where she married Danish-born Leo Lovgreen. The couple raised a family and had a prize-winning 170-acre dairy and chicken farm. Their milk with its pint of cream on top was sold to island residents for ten cents a quart. And Minnie Rose made "the egg money."

Her husband Leo would tell visitors that the chickens belonged to the wife and that she wouldn't even eat her breakfast until she had gone out and fed the chickens. And she never failed to inspect brooding hens that were sitting on their eggs. Chicken-raisers know that brooding hens, when approached, fluff up their feathers and make scary "kwark" noises.

But she tells us that the "hen talks to her chicks while they are still in the shells, and that she leaves her nest for only a short break to eat, take a dust bath, and clean her beak.

We also learn that the mother hen pecks off a bunch of its breast feathers so that the baby chicks, when they come, can get body warmth directly from the skin. The feathers would block her heat from the chicks.

Minnie Rose was successful in sneaking other eggs-to-be-hatched or even some other hen's baby chicks under a nesting mother.

And she writes: "A good-sized bantam can hatch out about 5 duck eggs or 2 or 3 goose eggs, or 11 guinea eggs, or 9 turkey eggs. She'll even turn the large goose eggs over every day! Then after the eggs hatch, she'll still bring up the babies, whatever kind they are."

She found that bantams make particularly good, extra-protective mothers, and she tells how one bantam mother stood down a cow from harming her flock. "It made me laugh to see a bantam try to fight a cow. That little thing fluffing her feathers out!"

The book is packed with practical advice on the general care of chickens, feed, coops, and even some medical tips on what to do if chicks get fleas or mites.

Her advice to all chicken-raisers is above all, "keep them happy."

Minnie Rose's remarkable story might well have been lost to history if it hadn't been for a neighbor and friend Nancy Rekow who edited and published the chicken-raising book, as well as a tape-recorded story of Minnie Rose's life titled *Far As I Can Remember: An Immigrant Woman's Story 1888-1975*.

We learn that Minnie Rose was born "down the fen" in Norfolk County, England, the eighth of 19 children on her father's 200-acre wheat farm.

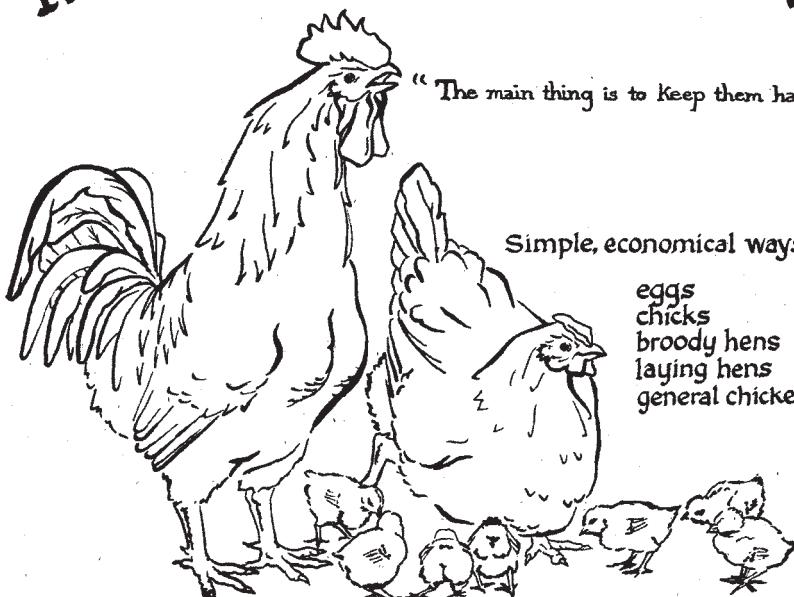
When she was four, her mother died and her father soon remarried. An unhappy farm life there with an abusive stepmother prompted her to leave, and so a new life began, and like her book on the secrets of raising chickens, she shares her remarkable life story with all of us.

Minnie Rose Lovgreen's Recipe For Raising Chickens (\$13) edited by Nancy Rekow and *Far As I Can Remember: An Immigrant Woman's Story, 1888-1975* (\$14.95) recorded by Nancy Rekow are available from NW Trillium Press, 8525 Jennie Ave. NE, Bainbridge Island, WA 98110. (206) 842-6908. www.nwtrilliumpress.com.



Minnie Rose Lovgreen at her dairy farm many years ago.

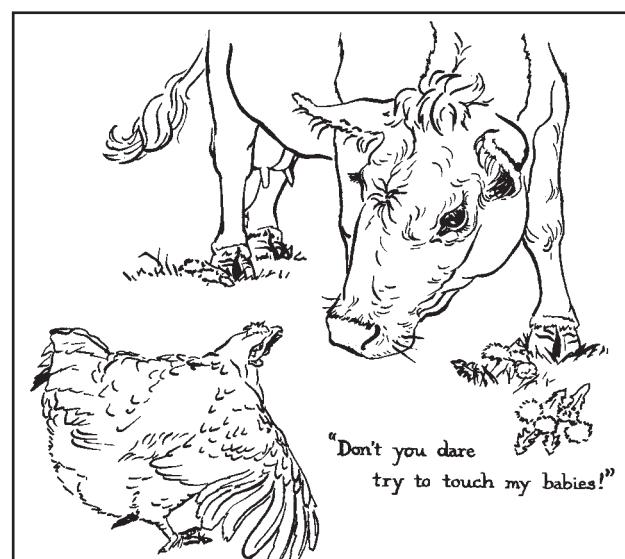
Minnie Rose Lovgreen's RECIPE FOR RAISING CHICKENS



"The main thing is to keep them happy."

Simple, economical ways with
eggs
chicks
broody hens
laying hens
general chicken care

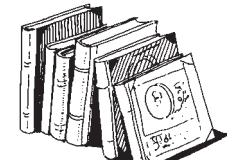
Books Review by Charles Sutton



"Don't you dare
try to touch my babies!"

Vermont Antiquarian Booksellers Association

More Than
70 Dealers



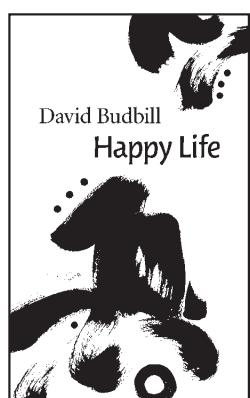
Visit www.vermontisbookcountry.com

Happy Life

by David Budbill

\$16 paperback
Copper Canyon Press
877-501-1393 toll-free

Order direct:
www.coppercanyonpress.org
www.davidbudbill.com



Hermit Hill Books

Used, Rare, & Collectible Books
For the Whole Family

Buy • Sell • Book Searches
95 Main Street • Poultney, VT
(802) 287-5757
Open Tuesday-Saturday 10-5, Sun 10-4

GREEN MOUNTAIN BOOKS & PRINTS

New, Used
& Rare Books



Special orders & browsers always welcome.
Open Mon-Fri 10-6, Sat 9-5
(802) 626-5051
www.GreenMtnBooks.com

1055 Broad Street, Lyndonville, VT

Over 18,000 Books
Special Orders
Gift Certificates
Book Searches



Black River Used Books

37 Main St., Springfield, VT 05156

Tuesday-Friday 10 am to 5:30 pm • Saturday 10 am to 4 pm
(802) 885-1819 • Bill & Linda Mattoon
Member of VABA

The Book Nook

136 Main St., Ludlow, VT

(802) 228-3238
thebooknookvt@hotmail.com
thebooknookvt.com

We Welcome You
To Come in and Browse.
Free Wireless.

SOVERNÉT COMMUNICATIONS

Telecom Services: Experience,
dependability and a commitment
to total customer satisfaction.

"Sovernet was very timely, flexible and very helpful
to me. I am delighted with Sovernet." - Valerie, Bellows Falls

(877) 877-2120 • www.sover.net

BULWAGGA BOOKS & GALLERY
Whiting, VT (877) 206-1357 Wed.-Sat. 12-6 or appt.
10 miles south of Middlebury
ROUTE 30 ← →
USED BOOKS AND ALWAYS SOMETHING NEW

Enjoy a Stay at These Equestrian Vacation Rentals

Bring a horse or two, or admire the resident horses at these equestrian properties with a pasture, paddock, and/or a horse stall. On up to 125 acres, these one- to four-bedroom vacation rental properties are available this fall. They offer a variety of attractive places to stay and ride throughout Vermont. They may be available for weekend or midweek getaways of a few nights, for a week, or longer.

You can choose from hundreds of properties, from one- to 17-bedroom, statewide at www.vermontproperty.com including a wide variety of cabins, lakefront cottages, ski lodges, and farm properties.

ALBURGH, VT

Charming Lake Champlain Farmhouse with Horses. Have a vacation farm without the headaches. 12' x 12' horse stall, pasture and 11' x 16' storage bay. Resident horses on farm. Lots of riding along beautiful Lake Champlain. Pick your own veggies out of the garden, depending on season or what's ready. Enjoy fishing, sailing, cross-country skiing, skating, swimming, hiking or just plain relaxing on the porch or by the fire. Ice fishing right in the bay. Ice fishing shanties for rent nearby. Surrounded by 600-acre state park. Rest in this restored four-bedroom farmhouse with full kitchen. Comfortable queen sleigh and two full and a twin iron bed sleep seven comfortably. Grandma's quilts! Two baths: one upstairs full bathtub, one bath downstairs with shower. Available all seasons weekly or longer. Also available for year-lease options. Please inquire about bringing dogs, horses or any pets. Smoking outside only. Contact Jackie, (802) 796-3152. (*Listing #657*)

DANBY, VT

The Mountain View Ranch offers a charming and spacious two-bedroom country farmhouse with spectacular views of surrounding mountains by the night, week or month. The Ranch offers horse-boarding options and is delighted to create custom riding opportunities for horse lovers. Their focus is to bring humans and horses together with compassionate communication and connection. They facilitate an exercise they call "Equine Touch" where one approaches and connects with the horses with gratitude and appreciation to build a fulfilling relationship based on trust and mutual respect. They offer daily individual clinics, group retreats, scenic trail riding, lessons, riding camps, carriage rides and winter wagon rides and ride-and-stay packages for the horse enthusiast and country living for everyone. The Southern VT Horse Show is just 10 minutes away. Come and relax and get away from it all in Danby, one of the most scenic places in the US. Also swim at Emerald Lake (five minutes) or in ranch's spring-fed pond, hunt, hike, bike, or ski nearby. No smoking. Contact Letitia Sisters, (802) 293-5837. (*Listing #936*)

CORINTH, VT

Perfect Vermont Get-away on 114-Acre Equestrian Farm. Our fully equipped rental guest cottage with awesome views is set away from our farmhouse in a private setting. 20 acres of enclosed horse pasture with three resident horses and two quiet miniature donkeys



photo by Charles Sutton

Lodging for horse and rider at Mountain View Ranch in Danby, VT. (*Listing #936*)

on premises. Please let us know if you would like to bring a horse or two. Great get-away for the equestrian, hiker or for a unique peaceful and relaxing vacation. Hiking trails from property. This one-level cottage has a large open living area, with lots of windows and hardwood floors, open to the dining area with a half-wall to the open galley kitchen. Off the living room is a covered deck where you can dine at the picnic table and enjoy views of pasture and woods. The three bedrooms have carpeting and very good mattresses: master bedroom with king bed and master bath with tiled shower, second bedroom with queen bed, and third bedroom with twin beds. The second bathroom has a tiled tub/shower. Sleeps six maximum. In East Corinth off a dirt road near I-91's Bradford exit, 35 minutes north of Hanover NH. Lake Morey and Lake Fairlee are a short drive south. Weekly rentals. No pets or smoking. Contact John, (802) 439-3184 home, or (802) 439-3181. (*Listing #1883*)

STOCKBRIDGE, VT

Charming Romantic Getaway On Morgan Horse Farm. Luxuriously furnished, air-conditioned, one-bedroom suite in our 1810 farmhouse. Enter off your private deck with pastoral views, comfortable chairs for lounging and table for dining. Meet our friendly Morgans and relax in the fresh country air. Stabling available. Fully equipped kitchen; gas range, dishwasher, refrigerator with icemaker, microwave, coffee maker, toaster. All utensils and all linens and towels provided. King-size or twin beds, satellite TV, VCR, Vermont Castings gas fireplace. Sleeps up to five (double futon and twin sleeper chair). Country setting 10 miles off Exit 3 off I-89 on Rte 107. Area is perfect for horseback riding, hiking, skiing, biking, and fishing. Swimming in White River, two golf courses within 15 minutes. Central location enables easy access to many Vermont attractions. 15 minutes to Killington ski area, five minutes to great restaurants. Two-night to weekly rentals. No smoking. Contact River Echo Morgans, Richard and Cheryl Rivers, (802) 234-5803. (*Listing #593*)

UNDERHILL, VT

Farmhouse High Up on Mount Mansfield. Charming, unheated, completely renovated 1800s farmhouse with wood-burning stove and barn. Located on 125 private acres high up on southern side of Mt. Mansfield—unencumbered vistas. Pastures available for your horses, streams, pond, hiking, biking and horse trails. Four bedrooms, two baths, washer/dryer, sleeps 8. Satellite TV. May – October weekly. Contact George H. Howard, home (516) 692-6689 or work (212) 408-5713. (*Listing #491*)

WOODSTOCK, VT

Leave No Trace: Two-bedroom Log Cabin. Two-stall horse barn with wooded paddock. No extra fee for horses. Ride from cabin on dirt roads and trails. Also perfect area to hike, bike, xc ski, snowmobile. Enjoy our peaceful log cabin on 10 wooded acres near South Woodstock, GMHA (three miles). Cathedral ceiling and big windows. Two baths (shower & jetted tub). Sleeps four to six. Full, airy basement to sleep more in a camp environment. Woodstove with firewood & furnace. Deck overlooking babbling brook with propane grill & hammock. Renovated kitchen with dishwasher. Linens, washer/dryer, VCR/DVD, DirecTV. High-speed wireless Internet, finally! Eight miles from I-91 Exit 9, near Quechee Gorge, Woodstock village, Billings Farm Museum, VINS Raptor Center, Dartmouth College, Cornish Museum in Windsor, covered bridges, canoeing on Connecticut River, and ski areas. Numerous restaurants and quintessential Vermont country stores abound. Weekly. Weekends only booked within 30 days of arrival. Well-behaved pets allowed. No smoking. Contact Bambi, (802) 674-6374. (*Listing #590*)

For photos, rates, and more information about these vacation retreats, go to vermontproperty.com and search by the listing number (provided above) on the home page or on the advanced search page. For information on more Vermont vacation rentals, visit www.vermontproperty.com, write Vermont Vacation Rentals, PO Box 1564, Montpelier, VT 05601 or call (802) 229-2433.

If You Can Dream It, We Can Do It!



We Do Camps (pre-built)



We Do Barns



We Do Garages



We Do Cabins

Lumber & Lumber Packages for Cabins, Garages, Houses, Camps, Barns, Saunas, Sheds, Etc.

Dick Walker Sawmill, Etc.

Evergreen Rd., Fair Haven, VT 05743 • Phone & Fax (802) 273-2077

Check out our website—lots of pictures, plus map! www.dickwalkersawmill.com



Vermont Scenic Prints

Original hand pulled, signed blockprints of "The Northeast Kingdom" and other Vermont locations.

Jeff Gold Graphics
2181 Walden Hill Road, Danville, VT 05828-9811
jnegold@myfairpoint.net • (802) 684-9728

Rural Vermont Real Estate



Northern Metals

We Buy Copper, Brass, Aluminum, Bronze, Litho, Radiators, Stainless Steel, Wire, Etc., Etc.

TOP PRICES PAID FOR QUALITY METALS

Roll Off Service Now Available
We Pick Up Large Quantities & Industrial Accounts

New Location: 25 Curtis Ave., Rutland, VT
Rear of Todd Transportation Bldg. Turn north at R.R. Tracks
Open Monday-Friday, 8-5 • Saturday 8-12
(802) 773-3583 • northernmetalrecyclers.com



- Property Taxes
- Real Estate Prices
- Act 68

When you are considering buying Vermont real estate, there are many factors to consider. Our bimonthly newsletter for owners and buyers of real estate here covers several: market trends, tax and legal matters, state news, listings of recent real estate sales, practical advice, more. Price is \$49.95 per year plus 6% sales tax for a Vermont address. Full refund if not satisfied. Make check payable to "VPOR" and mail to:

Vermont Property Owners Report
PO Box 1564, Dept. CS, Montpelier, VT 05601
(Or call (802) 229-2433 to order by credit card.)

FORECLOSURE: Country Home w/Tranquil Lot

AUCTION

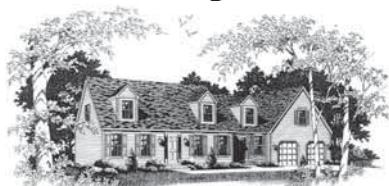


60 MILL ROAD
W. RUPERT, VT

WEDNESDAY
OCT. 3 @ 11AM
3 BR, 2.5 BA, Colonial home on a dead end town road w/attached 2 car garage & breezeway. Many original features.

Call for info & terms or visit: THCAuction.com
Thomas Hirchak Co. • 800-634-7653

FECTEAU Homes!



www.fecteauhomes.com

Custom Modular • Double Wide • Single Wide
Financing • Site work • Land Available • Used Homes
Trades Welcome!!

Rt. 302 Barre-Montpelier Rd., Montpelier
(Next to Tractor Supply Company)
802-229-2721 • 800-391-7488
Family Owned, Family Values for over 30 Years

Hearth & Cricket Stove Shop



Taxes Past Due.
Must Liquidate All
In-Stock Stoves. Bring
Cash & Pickup Truck!

East Wallingford, Vermont
Open all year. Call for hours & directions
802-259-2841

Interest Rates Are Lowest in Over 40 Yrs



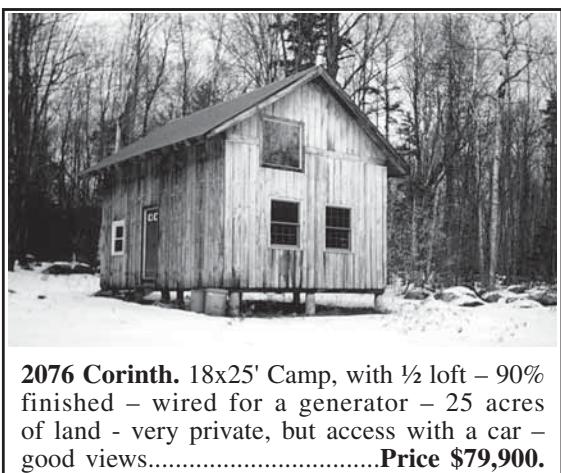
2077 Washington. 2 Bedroom Ranch Style House with attached garage - oil hot water heat plus wood stove - 1.2 acres - trout brook - gravel road.....Reduced \$88,500.



2057 Chelsea. 207 acre farm - 2 barns - 4-bay storage building - plus 2 other storage buildings - good pond site, plus trout brook - large, old, 10 room cape with garage - very private.....Reduced to \$695,000.



2066 Chelsea. 3 bedroom camp - 1 full bath - large fireplace with heatolators, plus wood stove - small stream - 33 acres of land - nice lawn with apple trees - being sold furnished - good gravel road.....Price Reduced to \$99,500.



2076 Corinth. 18x25' Camp, with 1/2 loft - 90% finished - wired for a generator - 25 acres of land - very private, but access with a car - good views.....Price \$79,900.

2067 Chelsea. 35 acres - mostly open field - southern exposure - approx. 1400' frontage on good gravel road - electric power - nice property to build on.....Price \$132,500.

2080 Vershire. 11.1 Acres surveyed land - excellent views - driveway and septic already in - frontage on two roads.....Priced at Town appraisal \$67,300.

2078 East Randolph. Large Parcel of Land - approx. 195 acres, mostly woodland - good views - very private access by private road.....Price \$234,000.

2079 Washington. 27.18 acres of surveyed land - 707 ft. frontage on year-round gravel road - both telephone and electric on property - good views...Price \$65,000.

2081 Chelsea. Commercial Property - 33 self storage units - permits for 2 more buildings - 5 acres of land, plus mobile home, hook up, rental....Price \$149,500.

BUTTON REAL ESTATE

Brian A. Button
Broker

Tel. (802) 685-4679 • Fax (802) 685-3001
Rt. 110, Chelsea, VT 05038

Please phone for appointment. Licensed Vt. Real Estate Broker for 43 years.

All sales subject
to owner's acceptance.
Write for free list



Contradance

with
Northern Spy

David Millstone, caller

8 pm, Saturday, September 8th

Tracy Hall, Norwich, VT

Admission \$8 (students \$5, under 16 free, seniors by donation)

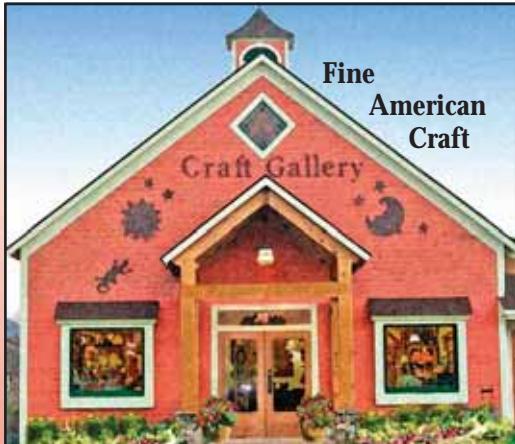
All dances taught. Beginners welcome. No partner necessary.

Please bring a separate pair of soft-soled shoes for dancing.

(802) 785-4607 • rbarrows@cs.dartmouth.edu

Photography | Jewelry | Ironwork

Textiles Blown Glass Pottery



Soaps Candles Woodwork

Gallery 103

A beautiful space filled with the handmade craft of over 100 Vermont and New England artisans.

Owned and operated by Elise and Payne Junker. Exclusive showroom of Junker Studio Iron Work.

gallery103.com

Open Friday-Monday 10-5 pm.
7 Pineview Road & Route 103, Chester, VT
802-875-7400



photo by Nancy Cassidy

For Everything Maple



Hidden Springs Maple Farm Store
Family Owned and Operated

Visit us for a real taste of Vermont!

Hand-Dipped Ice Cream!
From Walpole Creamery

Vermont Sweetwater
Maple Seltzer & Fruit Sodas

Free Maple Syrup Tasting Table
Bulk Syrup \$5/lb—B.Y.O. container
Gift Baskets (we ship) • Sales Table
Unique Vermont Gifts

Summer Hours (Jun-Dec): Tues-Sun 10-6 pm
Winter Hours (Jan-May): Thurs-Sun 11-5 pm

Just two miles off the Interstate. I-91 N to exit 4, take Rte. 5 to Putney Village (½ mile)
and turn left at the Putney General Store. Take Westminster Road for 1/2 mile.

162 Westminster Road, Putney, VT 05346



Order Online:
hiddenspringsmaple.com

Store: 802-387-5200
Customer Service: 888-889-8781

Sunday Morning

Our neighbor's home cured, apple wood smoked, slab bacon
I've sliced myself. Mary Jo's cage free, organic eggs "the girls"

have made for us. Two for each of us, one for Lu Shan, our dog.
And sometimes my own home grown potatoes par boiled and fried

in oil with onions, green pepper, celery, herb salt and black pepper.
A little stack of toast from bread baked locally and spread with local

butter. Three or four kinds of jam, one of which I made myself from
my own grapes. A pot of tea—Keemun or Assam, a little golden Yunnan

tossed in. Then sit down at the table as the early morning sun
comes through the windows.

—DAVID BUDBILL

Billings Farm & Museum

Gateway to Vermont's Rural Heritage

26th Annual Quilt Exhibition

August 1 - September 23, 2012

10:00 a.m. - 5:00 p.m.

Over 50 juried quilts made by
Windsor County quilters



Quilt Making Demonstrations
Hands-on Activities for Children & Adults

Rte. 12 • Woodstock, VT
802-457-2355 • www.billingsfarm.org